

Praiseworthy: Praise and Harmony Weekend

Psalms 62:1-12

Leader notes:

- The Lord's loving character leads people to trust in him. His Name and reputation also encourage people's trust. The godly reject idolatry and any commitment that detracts from their trust of the Lord.
- For the godly, every adversary in life is an occasion for growth in trust. They are not afraid of life but grow more confident. Trust in the Lord is a form of wisdom that focuses on the Lord, the rejection of evil, and pursuing the Jesus Way.
- The Lord rescues, cares for, and rewards his people who trust in him. They are blessed as they long for God's redemption. Faith in the Lord gives reason to rejoice and praise the Lord.

Open:

- What is the most restful vacation you have taken in the last 10 years? What made it so?
- What is the best reward someone could give you for a job well done?

Dig:

- Read Psalms 62:1-12
- What two evils prompt David to write this psalm (vv.3-4)?
- What is the refrain of the song? What is the difference between "salvation" and "honor"?
- In what does David urge us to "trust" and "not trust"? How can people know what they are trusting?
- What two things has David heard about God (vv.11-12)? How will God judge?

Reflect:

- What circumstances, people or forces are pressuring you now? What are you learning from their pressure?
- Who do you bless with your lips but curse in your heart? What can you most readily change, lips or heart?
- In what do you trust first: God, yourself, people, money? Why?
- What kind of God would you prefer: strong or loving? Does it help to know God is both?
- How does it feel to know you will be rewarded according to what you have done?