

Emergency Supplies Prep.

Calvary Chapel Harvest Life

We are told in the Bible of the preparation the ant makes, now, how much greater are we than an ant? Prov. 6:6-8 says "Go to the ant, you sluggard! Consider her ways and be wise, which, having no captain, overseer or ruler, provides her supplies in the summer, and gathers her food in the harvest." The Word also shows us the preparation that Joseph made in Genesis and how he prepared Egypt and the Israelites for the coming years of famine.

God's Word and current events show us that although tough times may lay ahead, being prepared is wise. This is not done out of fear but by learning to discern the times. Therefore, we have prepared a list of items to consider having on hand, while you can get them, to prepare in the event of tragedy or some sort of societal or financial breakdown, supply chain disruption or mandated shutdown. These things may be helpful for Christians to be able to share with one another in tough times as we see they did in the Book of Acts and as a means of ministry to one another. Recommended is a three-month supply, and of items that you use and can rotate with new product as needed so that nothing is wasted.

Below is a list of things to consider....

WATER:

Bottled Water (min.1 gal. per day, per person, for min. of 2 weeks for drinking, cooking etc.)

Water Filters/Purifiers

Iodine for water purification

Chlorine Dioxide water purification tablets

FOOD:

Canned Goods: (canned white meat chicken, tuna, green beans, fruit, soups)

Peanut butter

Honey/sugar/salt/ bouillon cubes/spices

Dried foods: White Rice/dried beans/ wheat/dried fruit/pasta

Trail mix/Jerky

Coffee, tea

Frozen meats

Milk (canned, powdered and infant formula)

Vegetable oil (for cooking)

Fruit & vegetable Seeds (non-hybrid)

Coconut Oil

Oats

Baby food

Vinegar, Yeast
Dog or cat Food

LIGHTING:

Dripless Candles
Flashlights LED
Lamp Oil, Wicks, Lanterns (Buy kerosene oil.)

MEDICAL:

Vitamins (especially D3, C, Zinc, B12)

Medical Guidebook
Prescriptions, medicines
First Aid Kit (*see Next page)
Disinfecting wipes ((saves a lot of water), Antibacterial soap
Hydroxychloroquine
Ivermectin

ENERGY:

Matches/ Lighters

Coleman Fuel
Charcoal and Lighter fluid
Magnesium Fire Starter
Batteries
Gasoline
Solar batteries charger with appropriate batteries

PEST CONTROLL:

Mosquito Repellent sprays, creams
d-con Rat poison, Rat Traps, ant bait, insecticides
Mosquito nets

Hygiene:

Soap, Shampoo, Toothbrush/paste, floss, deodorant, etc.
Shaving supplies (razors, non-electric)
Feminine Hygiene products
Baby/toddler diapers

CLOTHING:

Thermal underwear (tops and bottoms)
Rain gear, windbreakers, ponchos, coats
Woolen clothing, wool socks, scarves, gloves, beanies, hats
Clothes pins & line

CAMPING:

Tarps/ Camping Tent with heavy duty Tent Spikes
Backpacks, Duffel Bags
Sleeping Bags
Fishing accessories (pole, line, hooks, bobbies, etc.)
Compass/ Whistle
Twine/Rope/Paracord/Bungee Cords/ Zip Ties/ Ratchet Tie Down Straps

OTHER:

Bibles, study books, Road Atlas
Duct or Gorilla Tape
Toolbox with basic tools/ Axe/ Mallet/ Handsaw (Non-Electric)
Bleach (plain, non-scented)
Disinfecting wipes, Antibacterial soap (saves a lot of water)
Bicycles...Tires/tubes/pumps
Flash drive
Work gloves
2 Fire Extinguishers and Baking Soda
Ice chests
NOAA Emergency Radio (that can be powered by electric, solar, batteries & crank start)
Toilet paper, Kleenex,
Family Protection (guns, ammunition, pepper spray, knives)
Generator (propane, natural gas, or solar powered)

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First-Aid Kit Contents

1. Bandages
2. Ace bandages – 1 small, 1 large, 1 really large
3. Medical tape – 2 roles
4. Alcohol prep pads
5. Aspirin
6. Antibiotic + Pain Relief cream
7. Ammonia Inhalants – 1 box of 12
8. Burn Jell plus – One 4oz bottle
9. Sunblock SPF 50
10. Cortizone 10 – 1oz tube
11. Hydrogen Peroxide – 16oz Bottle
12. Rubbing Alcohol
13. Instant bite and sting relief
14. Sheer bandages
15. Flexible bandages
16. Benadryl – 1oz tube & in pill form
17. Burn Relief aloe extra spray – “Solarcain” spray can
18. 2-sided finger splints
19. Hand sanitizer
20. Bactine
21. Thermometer & Thermometer Tip Covers
22. Emergency Action Plan
23. Surgical Suture Kit
24. Surgical stapler/staples/remover
25. Bausch & Lomb Eyewash
26. Bleedstop
27. First Aid Antiseptic Povidone Iodine Solution
28. Anti-Diarrheal
29. Cold Compress
30. Disposable Gloves
31. Emergency Trauma Blanket