

MOUNTAIN WEEK

2025 Parent & Student Handbook

Ocoee Ridge Camp
<http://www.ocoeridgecamp.com/>
479 Frey Road
Old Fort, TN 37362
(423) 338-2747

TSC YTH Staff

Next Gen Pastor – Baron Cage

Youth Pastor – Jeremy Smith

Associate Youth Pastor - De'Maria Evans

Youth Ministry Assistant – Jacqui Morgan

Youth Intern – Devers Crowder

Youth Intern – Lindsey Compton

Youth Intern – Maggie Henkel

Security

Will Farris, David Eddie, John Gibson, Brent Schultz
& Tony DiNatale

Camp Nurses

Lauren Berlin & Mandy Young

Speaker

Will Roberts - Strength to Stand Institute

Camp Guidelines

These Guidelines are designed to ensure safety, encourage discipline, and eliminate distractions, allowing each of you to focus on God's message.

- Violations of Camp Guidelines may result in the student being sent home at your family's expense.
- We expect everyone to treat each other and the camp property with respect.
- You must always follow the instructions given by Camp Staff.
- Follow the Camp Schedule. Be ON TIME. Everyone must attend ALL scheduled activities.
- Always bring your Bible, Pen, and Student Booklet to Worship.
- Always stay on camp property. Never go anywhere alone, and always let a Leader or Staff member know where you're going.
- Do not leave your room after "Lights Out"!
- Phones are NOT allowed outside of cabins, including during Worship and Meals. Cell phones, video games, and similar devices are distractions—for both you and others. We encourage all students to unplug and be fully present throughout the week.
- There will NOT be any raids/pranks, sneak-outs, or unsupervised beach walks at any time. NO water balloons, shaving cream, silly string, or any other material that could cause damage to camp property or people, except for use at scheduled activities.
- Girls are not allowed in guys' rooms, and guys are not allowed in girls' rooms—no exceptions. Any violation of this guideline will result in the student being sent home.
- Physical contact like kissing, sitting on laps, giving massages, or anything else considered inappropriate is not allowed. Horseplay that crosses the line—like fighting, kicking, shoving, screaming, biting, or spitting—is also not okay.
- Everyone should dress modestly at all times. If your clothing is considered inappropriate, camp staff will ask you to change.
- Sleepwear must also be modest and appropriate. You should not leave your cottage in sleepwear unless there is a fire alarm, this is why modesty is important even at night.
- Follow all the Swimming Pool rules, especially No Diving, No Running, etc.
- During REC Time, stay safe, show good sportsmanship, and maintain a positive attitude. If you're not participating, be a cheerleader for your team. Do not leave the group during this time.
- All medication must be handed to the Camp Nurse during Registration at TSC. It is your responsibility to pick it up when it's time to take it. Students are not allowed to keep medication in their cabin or dorm.

- Fireworks, explosives, firearms, knives, and weapons of any kind are strictly prohibited. Tobacco, drugs, vapes, Juul, alcohol, or any other illegal substances are not allowed at camp. Counselors may conduct random searches for safety. Violation of this guideline will result in the student being sent home.
- Inappropriate or foul language will not be tolerated. This includes cussing, arguing, racial jokes or slurs, degrading talk, making fun of others, etc.
- Do not litter. If you see trash, pick it up and throw it away. If you chew gum, it should also be disposed of properly.
- Keep your cabin clean, tidy, and safe to avoid accidents. This includes behaving appropriately inside. Any damage caused by you will be your family's responsibility. Respect your space.

What to Bring

- **Tips**

- o Bring a **Packed Lunch** for the Bus Ride to Ocoee. **NO CANNED DRINKS** are allowed on the bus. Drinks must have lids.
- o Label everything you want to come home with you.
- o Limit yourself to 1 suitcase and pack as lightly as possible.
- o You can bring a backpack for the bus.
- o If you bring a sleeping bag, put it in a bag or get a stuff sack and make sure to label it.

- **Essential Clothing to Pack**

(Not including what you wear on the bus to camp)

- o 3 complete outfits per day
- o 3 athletic shorts for REC Time (REC shirts provided)
- o 2-3 sets of modest sleepwear
- o 1 complete outfit for the ride home
- o 1 complete extra outfit, just in case
- o 1 complete outfit you don't mind getting messy for paintball
- o 1 modest swimsuit (ladies: no bikinis, everyone: if your swimwear is deemed inappropriate, you will be asked to change)
- o 1 pair of tennis shoes; 1 pair of sandals

- **Optional Packed Clothing**

- o 1 pair of long pants – it sometimes gets cool at night
- o 1 sweatshirt, hoodie, or light jacket

- **Toiletries**

- o Toothbrush & toothpaste
- o Hair Care (shampoo, conditioner, hair spray, comb/brush)
- o Body wash or soap

- o Deodorant
- o Sunscreen
- o Bug spray
- o Face wash
- o Towels & washcloths (showering)
- o 1 beach/pool towel
- o Razor (if needed)
- o Feminine hygiene products (if applicable)
- o Shower caddy or bag
- o Laundry bag/trash bag for dirty clothes

- **Bedding**

- o Twin sheets, pillow, and blanket or sleeping bag.
- o Label your sleeping bag if packed separately.

- **Miscellaneous**

- o **Bible**
- o **Pens**
- o **Water Bottle**
- o Optional \$20-\$30 for snacks at the Canteen
- o Snacks

- **What NOT to Bring**

- o Jewelry that could get broken or lost
- o Silly String, water balloons, and prank type items
- o Fireworks, explosives, firearms, knives, and weapons of any kind are strictly prohibited. Tobacco, drugs, vapes, Juul, alcohol, or any other illegal substances are not allowed at camp.
- o TSC Staff will not be responsible for any lost or stolen electronics such as headphones, earbuds, gaming systems, smart watches, cell phones, etc. These items are not needed or required for Camp.

Departure Day

Friday, June 6, 2025

We're leaving promptly at **10:30 AM**—please follow the steps below to help us stay on schedule. Please arrive between 9:00 AM & 9:45 AM to drop off luggage and check in.

- Step #1 Luggage Drop Off (In the circle drive in front of C Building)
 - Park in the lower lot. **Do not enter the circle drive area with your vehicle.**
 - Go up the stairs and locate leaders with bus assignment lists to find out what bus your child will be on.
 - Drop off your luggage by your assigned bus, marked by a sign with a number and color. Adult leaders will put color-coded tape on your suitcase for your assigned bus.
 - Enter the C building using the front entrance.
- Step #2 Check-In
 - Proceed to an iPad station, there will be multiple lines. Leaders will be available to assist with questions.
 - Sign in, confirm all forms are complete (participation agreement and medical form) and payment has been paid in full.
 - Upon completing this step, you will receive a sticker. If your forms & payment are complete and medication has been dropped off, your student can proceed to the MPR.
 - If you need to drop off medication, proceed to the Nurses Table. If not, proceed to the MPR
 - If you're missing anything (forms, payment), you'll be sent to a station to complete it.

- Step #3 Medication Drop Off
 - Turn in any medications and complete instruction cards at Nurses' Table
 - Inhalers and Epi pens should be kept by students.
 - Instruction Cards
 - Place medication for each time of day in separate Ziplock bag with appropriate color card label card with child's name, medication name and instructions
 - If you have medication for multiple times per day, place them in separate small bags, then place the smaller bags in one large bag.
 - Pink Card Breakfast Medication
 - Orange Card Lunch Medication
 - Yellow Card Dinner Medication
 - Green Card Bedtime Medication
 - White Card Epi Pens, Inhalers etc.
- Step #4 Hang Out in the MPR
 - After parents have completed the check-in process, please say your goodbyes and direct your student into the MPR.
 - All students must remain in the MPR until they are dismissed to their assigned buses.
- Step #5 Board Buses
 - Students will be dismissed by bus from the MPR
 - Each bus will have a number and color displayed on the window.
 - Leaders will ensure students board their assigned bus—no switching allowed.

Miscellaneous Important Info

- **There will not be traditional theme nights like we had in the past. Monday evening will be 8th Grade Night & Step Up Night.**
 - **8th Grade Night** – We will celebrate our 8th graders with a pizza Party Send Off.
 - **6th & 7th Graders** – Step Up Night. As we send off our 8th graders, we want to challenge our rising grades to step up to lead in the following school year.
- **Activity Time**
 - Ocoee Ridge has a variety of planned activities (Paintball, High Ropes, and the Sports Pavilion) for students during Activity Time. Everyone will rotate through each one. Students will rotate through each 2-hour activity.
 - There is a new Lazy River for students to enjoy!
 - A snack canteen will be open, so students may bring extra money. They'll be responsible for their own cash.
- **Tuesday Return Time**
 - We're planning to return around 12:00 PM on Tuesday, June 10, but traffic or weather could cause delays.
 - For updates, check the TSC Youth Instagram: tsc_yth.
 - If we're delayed, we'll email parents and remind students to text as well.
- **TSC Camp Celebration – Wednesday, June 11 at 6:00 PM**
 - Join us in the parking lot as we celebrate all that God has done through our three camps! It'll be a great evening of food, fun, fellowship and Baptisms.
- **EMERGENCY CONTACTS**
 - Ocoee Ridge:(423) 338-2747-Please call this number first in case of an emergency.
The front desk will get us the message ASAP
 - Thompson's Station Church:(615) 791-8319 -TSC will relay the messages to us.
 - Baron Cage (Next Gen Pastor): (615) 306-2610-bcage@tsclife.org
 - Jeremy Smith (Youth Pastor):(615) 473-4768 - jsmith@tsclife.org
 - De'Maria Evans (Youth Associate):(424) 531-8772 - devans@tsclife.org
 - Jacqui Morgan (Youth Min Assistant):(985) 788-1354 - jmorgan@tsclife.org

Digital Camp Forms



Mountain Week Activity Participation Agreement



Mountain Week Medication Form



Ocoee Ridge Camp Waiver