

LifeGroup Meeting

A Living Sacrifice 6

"A Disciplined Life"

Get To Know You Question:

What one food item has the greatest power to destroy your self-discipline and willpower?

Let's Dig Deeper

1. Someone read **Romans 12:13**. Spend some time and share some key words that spoke out to you while reading. What is it about those words that spoke to you?

A Disciplined Life:

2. Why do you think our culture so easily trades discipline for comfort, pleasure, or self-improvement?
3. In what ways has the church unintentionally modeled or allowed undisciplined living among believers?
4. What areas of your life feel most "out of control," and how might that reflect a lack of discipline?
5. What's the difference between being naturally gifted and being spiritually disciplined—and which do you rely on more?
6. How does your approach to time (punctuality, planning, priorities) reflect the level of discipline in your spiritual life?
7. Do you regularly bring your emotions and desires under the authority of God's Word? Why or why not?
8. What's one small but specific habit you can change this week to cultivate spiritual discipline?
9. How does a lack of self-discipline affect your ability to love others well?
10. Why is self-denial—like saying no to good things—important for long-term spiritual health?

11. How do you respond to correction? What does that reveal about your openness to growing in discipline?
 12. Which do you think our generation struggles with more: impulse or apathy? How does either one erode discipline?
 13. How can developing discipline in ordinary areas (cleaning, planning, showing up) transform your spiritual walk?
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Romans 12:13 Questions:

14. Paul says we should be “distributing to the needs of the saints.” Who in your life feels more like a project than a partner—and how can you shift that mindset?
15. Hospitality is described as a powerful missional tool. When was the last time you used your table to do ministry?
16. What keeps us from opening our homes—and our hearts—to people outside our immediate circle, and how might that reflect spiritual complacency?

Close in Prayer.