

## Ch. 6

In *The Crown Jewels*, Tosha Silver describes the priceless inner treasures—qualities like peace, trust, clarity, and freedom—that arise when we stop grasping at external wealth and validation. These jewels are not purchased or earned but revealed through surrender and alignment with the Divine. Silver emphasizes that spiritual wealth far surpasses material riches, because it cannot be taken away or diminished by circumstances. When we recognize these inner riches as our true inheritance, fear of loss or lack begins to dissolve. The chapter invites readers to turn their attention toward cultivating and cherishing these jewels of the soul, which lead to lasting abundance and joy.

### Discussion Questions

1. What do you consider the “crown jewels” of your own spiritual life?
2. How do inner treasures like peace and trust compare to external forms of wealth?
3. Why is it so easy to forget that spiritual riches are more enduring than material ones?
4. How might recognizing your inner jewels shift the way you approach challenges or scarcity?
5. What practices help you remember and polish your “crown jewels” on a daily basis?

### Spiritual Practices

1. **Gratitude Journal of Jewels:** Each evening, list three inner qualities or spiritual gifts you experienced that day.
2. **Meditation on Inner Wealth:** Sit quietly, visualizing yourself adorned with jewels of peace, trust, love, and clarity. Feel their radiance.
3. **Act of Expression:** Choose one “jewel” (such as compassion or patience) and consciously practice it in your interactions throughout the day

## Ch. 7

### Summary

In this chapter, Tosha Silver reassures readers that the difficulties and delays on the spiritual path are not signs of failure or madness, but part of the Divine testing process. She explains that when we surrender control, old fears and attachments often rise up as if to test our commitment. These moments can feel confusing, lonely, or even unfair, yet they serve to refine faith and deepen trust in the Divine plan. Silver reminds us that being “tested” is not punishment, but preparation—an invitation to lean further into surrender, patience, and inner strength. With this perspective, challenges become opportunities to affirm, “Even this is for me, not against me.”

### Discussion Questions

1. How do you usually interpret challenges—do you see them as setbacks, punishments, or opportunities?

2. What personal experience have you had that felt like a test of faith or surrender?
3. Why is it easy to feel “crazy” when old fears and doubts resurface during spiritual growth?
4. How might viewing difficulties as Divine tests change your response to them?
5. What practices help you stay steady when life feels uncertain or delayed?

### Spiritual Practices

1. **Affirmation Practice:** When facing difficulty, repeat: *“This is not punishment, this is preparation.”*
2. **Journal Reflection:** Write about a recent challenge and reframe it as a spiritual test. What was being strengthened in you?
3. **Trust Pause:** In moments of fear or doubt, stop and consciously say, *“I hand this test back to the Divine. Guide me through it.”*

## Ch. 8

### Summary

In *Being the Abundant Road*, Tosha Silver teaches that abundance is not something we chase, but something we embody. Instead of striving to “get” prosperity, we allow ourselves to become the channel through which Divine abundance flows. This shift transforms life from anxious striving into natural generosity and ease. By opening ourselves fully to the Divine, we recognize that we are not separate from abundance—it expresses through us in service, kindness, creativity, and love. The invitation is to stop walking *toward* the road of abundance and to realize we already *are* the road itself.

### Discussion Questions

1. What does it mean to you to *be* abundance rather than seek it?
2. How does shifting from chasing prosperity to embodying it change your sense of security?
3. What blocks or fears arise when you think about being a channel for abundance?
4. How might generosity and service be expressions of being “the abundant road”?
5. In what ways could embodying abundance impact your relationships, work, or spiritual practice?

### Spiritual Practices

1. **Embodiment Practice:** Each morning, affirm: *“I am the road of abundance. Divine supply flows through me freely.”*
2. **Generosity in Action:** Choose one simple, tangible way to be a channel of abundance today—through kindness, time, or resources.
3. **Meditative Visualization:** Imagine yourself as a radiant road lined with light, with blessings flowing both toward and from you, sustaining all who travel upon it.