

Here is a list of donation items and instructions provided by the Center for Food Action:

MOST NEEDED ITEMS

- Supermarket Gift Cards to local stores (ShopRite, Fresh Market) - this is especially important right now since they are not getting meat & dairy subsidies
- Canned Hearty Soup & Stew & Chili
- Protein Items (other than tuna - they get a lot of that)
- Canned Vegetables & Fruits
- Diapers Sizes 4, 5, 6 (people usually get free newborn & 1&2's)
- Baby Formula (Enfamil & Similac)
- Pasta, Rice, Beans
- Bar or Bottle Soap
- Peanut Butter & Strawberry Jelly
- Tomato Sauce (prefer plastic, not glass jars)
- Things to pack in kids lunches (fruit cups, real fruit gelatin that doesn't need refrigeration, granola bars, individual sized trail mix, yogis, individual packages of cookies, etc)
- Birthday Box (Disposable 11X13 cake tin w/lid, cake mix, canned icing, box of birthday candles, balloons, a few party paper plates & napkins, etc. - EVERYTHING should all fit in the tin with the lid on)

They prefer plastic to glass, but will accept glass.
Please make sure items have not expired if you are cleaning out your pantry!