

21 Days of Prayer and Fasting

January 1 -21, 2024

At Charleston Church, we start each year with a higher focus on praying, fasting, and Bible reading. This mighty combination will create a momentum of the miraculous that will carry you through this new year.

How to Get the Most Out of Prayer and Fasting

1. Write down the three areas of your life you need God to move in.
2. Follow the 21-day reading plan for the book of John.
3. Select your type of fast.
4. Schedule your daily prayer time.
5. Watch, like, and share the daily video devotional.

Types of Fasts

Selective Fast: This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

Partial Fast: This fast is sometimes called the “Jewish Fast” and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 am to 3:00 pm, or from sunup to sundown.

Complete Fast: In this type of fast, you drink only liquids, typically water with light juices as an option.

Reading Plan:

The Book of John

January 1	-	John 1
January 2	-	John 2
January 3	-	John 3
January 4	-	John 4
January 5	-	John 5
January 6	-	John 6
January 7	-	John 7
January 8	-	John 8
January 9	-	John 9
January 10	-	John 10
January 11	-	John 11
January 12	-	John 12
January 13	-	John 13
January 14	-	John 14
January 15	-	John 15
January 16	-	John 16
January 17	-	John 17
January 18	-	John 18
January 19	-	John 19
January 20	-	John 20
January 21	-	John 21

Daily Video Devotionals

Watch the daily video devotionals on one of our social media platforms.



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