

I grew up attending a baptist church every Sunday. Everything changed after my parents divorce when I was 12 and no more church with little parental supervision led me into a pit of sin. I was told to get an education, never depend on a man, and the marriages I witnessed during my childhood were terrible. Before trusting Jesus, I hardened my heart and had self-hatred so I sinned against my own body. This left me depressed and addicted to smoking and alcohol overuse. I broke God's laws and deserved eternal separation from God.

I believe I was genuinely saved at the age of 18 when I recommitted my life to Christ and started attending church again regularly. It was around this same time that I was baptized in the church I was attending. I repented of my sin. God blessed me with a husband of integrity who helped me overcome my unhealthy addictions. I was in my early 20s when small group bible study made me fall more in love with Jesus. The Financial Peace University study changed how we look at money and solved our debt problem so we can now cheerfully give. The Love and Respect study taught me to respect my husband and overcome our communication barriers. The Love Languages study taught me how to make my husband and sons feel loved. My new addiction is bible study. I now live Christ-centered and have internal peace knowing Heaven is my forever home.

I have attended Lighthouse for a year. Foundations helped me put my testimony on paper. I am grateful to Lighthouse and the staff for the support and knowledge they provide.

2 Tim 1:7: For God hath not given us the spirit of fear, but of power and of love and of a sound mind.