

TALK IT OVER

Gift of Christmas:

The Gift of Healing

Find your new group! vccindy.org/groups

Start Talking: Find a conversation starter for your group or use one of these.

Share a moment when you or someone you know experienced a form of healing – how did this impact your faith or perspective?

Please read **2 Chronicles 7:14** aloud.

- How does humility and submission to God relate to healing?

Please read **Proverbs 3:5-8** aloud.

- Verse 5: What are some practical ways we can demonstrate trust in God, especially when our own understanding falls short?
- Verse 6: How can we actively acknowledge God in our daily decisions and what impact does that have on our life's journey?
- Verse 7: Why is it important to recognize our limitations and seek God's wisdom rather than relying only on our own understanding?
- Verse 8: How does submitting to God and seeking His wisdom lead to physical and spiritual healing?

Please read **Psalms 46:8-10** aloud.

- How can we make a habit of recognizing and reflecting on God's past works in our lives to strengthen our trust in Him?
- What areas of our lives do we need to trust God to bring peace and resolution, and how can we actively follow His lead in those situations?

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Start Talking:(Continued)

- What does it mean to be still and trust in God's timing, and how can we create space in our lives to expect Him to show up in powerful ways?

Start praying: Be bold and pray with power.

Lord God, Thank You for the gift of healing that comes from You. Help us to submit our hearts to You and trust You fully. Show us how to follow Your lead each day. As we wait for Your healing, give us faith to expect You to show up. Remind us that Jesus came at Christmas to bring hope, peace and wholeness. We ask You to heal us – physically, emotionally, and spiritually – according to Your will. Strengthen us as we walk with You. We love You and give You praise. In Jesus' name, Amen.

Leader: Make time to pray for and with each other. Break into groups of three, take time for healing prayer or pray with individuals requesting prayer. This is important!

Start doing:

Meditate on the statement: "God is God; I am not".

What would it be like if we knew our limits but also knew God's limitless power. Next meditate on this statement: "I can't do this alone...but God can".

Genesis 41:16 AMP

Joseph answered Pharaoh, "It is not in me [to interpret the dream]; God [not I] will give Pharaoh a favorable answer [through me]."