



# 5 Minute Meditations on our Future Glorification

*“So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”*

2 Corinthians 4:18

## Purpose:

**How would your present life be different if you thought more often about the next life?**

This tool is aimed at helping you take a step towards “fixing your eyes” on that which is unseen; our future glorious home with Christ.

## Steps:

1. Find a quiet and undistracting place.
2. Tell God all of the things that are currently taking up space in your mind.
3. Read one of the scriptures listed below.
4. Set a Timer for 5 minutes.
5. Think about what the text is saying about our future resurrected life in Christ. Fight to use your imagination to consider what life in that reality would be like. (Closing your eyes might help.)
6. When the timer ends, ask God to give you faith to believe and live in light of what you just read and meditated on.

## Scripture Texts:

Isaiah 65:17-25  
Isaiah 66:22-23  
John 14:1-3  
John 17:20-22  
Ephesians 2:6-7  
Philippians 2:9-10

Philippians 3:20-21  
Colossians 3:1-4  
1 John 3:1-2  
Romans 8:29-39  
Revelation 21:1-4  
Revelation 21:5-8

Revelation 21:9-14  
Revelation 21:15-21  
Revelation 21:22-27  
Revelation 22:1-5