

# SERMON NOTES

## CULTIVATING GENTLENESS

### Selected Scriptures



BIG IDEA: God cares about people and wants us to handle his people with care. He wants us to be tender with what is valuable to him, which is why *gentleness* is one of the fruits of the Spirit.

# APPLICATION GUIDE

October 22, 2023

## DISCUSS

What does it mean to be gentle?

How does God treat his people with gentleness (Ps 23:2-3; 103:13-14; Is 40:11)?

Read Isaiah 42:1-4. How does Jesus fulfill the role of the Lord's Servant with gentleness (Cf. Mt 12:15-21; 9:36)?

How is gentleness reflected in the life and ministry of Jesus?

- Samaritan woman (John 4:1-30)
- Crucifixion (John 19:26-27)
- Restoration of Peter (John 21:15-19)

## APPLY

How have you experienced the Lord's gentleness in your own life?

Why is it difficult for you to be gentle sometimes?

How can you reflect the Lord's gentleness in how you treat others? Be specific.

## COMMIT

Think of a person with whom you tend to be harsh, argumentative, and oppositional. Commit to being gentle like Jesus with them.