

CORNERSTONE'S RECOMMENDED AREA COUNSELORS

PATRICE L. PYE, Ph.D.

Psychological Services, LLC.

(618) 531-0633

In-person appointments at Cornerstone Christian Church on Wednesdays from 10:00am – 6:00pm

Specializes in: Years of experience working with adults and offering evidence-based treatments (EBT) to address anxiety and mood disorders, stress-related difficulties, grief and bereavement, trauma-related disorders, and to improve behavioral aspects of nicotine-related disorders and chronic pain management. Offering individual therapy, group, and couples therapy.

Fee: \$80

CHRISTINE BENTON

Metro East Counseling | 4509 N. Illinois St, Suite 5, Swansea, IL 62226

(618) 207-1398

chris.e.benton1@gmail.com

In-Person Appointments | Available weekdays, evenings, and most weekends

We have not vetted other counselors at Metro East Counseling.

Specializes In: ADHD (CCSP). Certified in ADHD in both adults and children. Parenting. Military Spouse Issues, Depression, Parenting, Depression, Anxiety, Behavioral Issues, Bipolar Disorder, Child or Adolescent, Coping Skills, Divorce, Eating Disorders, Grief, Infertility, Oppositional Defiance, School Issues, Self Esteem, Self-Harming, Spirituality, Stress, Trauma and PTSD, Women's Issues, Mood Disorders, Personality Disorders, Thinking Disorders.

Accepted Insurances: Aetna, BMCH HealthNet, BlueCross, BlueShield, BlueCross and BlueShield, Health Net, HealthLink, TRICARE, United Healthcare, Out of Network, Open Path

VICKI GINDER

Balanced Solutions Counseling | 4972 Benchmark Centre Dr, Swansea, IL 62226

(618) 207-3456

vginder@balancedsolutionscounseling.com

In-Person Appointments

We have not vetted other counselors at Balanced Solutions Counseling.

Specializes in: Adults and families who have children with eating disorders

Accepted Insurances: BlueCrossBlueShield, Anthem BCBS, United Healthcare, Tricare, Aetna, Cigna, Healthlink

LOW COUNTRY BIBLICAL COUNSELING CENTER (LCBCC)

(843) 278-0072

www.lcbcc.org ("Request Counseling" Tab)

Online Appointments Only

ERIC MCPHERSON

Christian Family Service | 7955 Big Bend Blvd, St Louis, MO 63119

Christian Family Service | 9955 Bunkum Rd, Fairview Heights, IL 62208

(314) 968-2216

emcpherson@cfserve.org

In-Person or Online Appointments

We have not vetted other counselors in Christian Family Services.

Specializes In: Marriages (Gottman Method) and Families

Accepted Insurance: They use a sliding scale of \$40; they request \$20 beyond that

KARIS HOUSE

The Journey-West County | 625 Meramec Station Rd, Manchester, MO 63021

Refresh Community Church | 829 N Hanley Rd, St. Louis, MO 63130

(314) 266-6162

www.karishhouse.org | info@karishhouse.org

In-Person or Online Appointments

Fees: \$65-\$115 to see a licensed professional counselor or licensed clinical social worker; \$35 to see an intern

OLIVE PRESS COUNSELING

Michael & Rachel Collins

(618) 973-3751

www.olivepresscounseling.com

Online Appointments Only

Fees: \$90 per session per individual; \$150 per session per couple (will work with client for payment)
