

Today's Suggested Schedule—February 2026, Week 3

Today's Bible Story: Mary and Martha • Luke 10:38-42
Jesus wants to spend time with me.

Key Question: Who loves you?

Bottom Line: Jesus loves me.

Memory Verse: *Jesus said, 'Let the children come to me.'* • Matthew 19:14 NLT

Supplies NOT Included in the Activity Bags

Memory Verse Activity- Jesus Said

- Floor tape

Bible Story Review- Time Rhyme

Busy Parachute

- parachute

Craft- Mary, Martha, and Jesus

- crayons

1. Memory Verse Activity- Jesus Said

What You Need:

- Painter's tape

What You Do:

Before the Activity: Create a large heart outline on the floor with tape. Place a small piece of tape on the floor about 5 feet from the heart, one for each child. Do the motions as you say the Memory Verse together with the children.

During the Activity: Ask children to stand on a piece of tape while you stand in the middle of the heart. Say the verse together and instruct children to run to you inside the heart when you say the “come to me” part of the verse. Give children a high five then have everyone go back to a tape spot. Repeat as desired.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: “Friends, come stand with me, and let’s do the motions as we say our Memory Verse! Ready? ‘Jesus said (*tap finger to middle of each palm*) “Let the children (*point to children*) come to me,” (*move hands toward self*) Matthew 19:14. (*Open hands like a book.*) Great job! Now go stand on one of these little tape spots (*point*) and we’ll play a game while we say our verse.”

During the Activity: “This time when we say our verse when we get to the part that says, ‘come to me,’ I want you to run to me and you can get a high five. Are we ready? (*Pause for responses.*) Great! Here we go! ‘Jesus said “Let the children come to me,” (*pause*) Matthew 19:14. Hooray! High fives to everyone! (*Give each child a high five.*) Okay, walk back to a tape spot and we can do it again. (*Repeat as desired.*) That was so much fun! Sit right here in/on the heart with me.”

After the Activity: “I love spending time with you and learning about all the amazing and true stories in the Bible. In today’s story, the Bible teaches us that Jesus wants to spend time with us because Jesus loves us and wants to be our friend forever! Sweet friends, Jesus loves each and every one of you!

Who loves you? [Bottom Line] Jesus loves me. That’s right! Let’s say it again. Tell me, **who loves you? [Bottom Line] Jesus loves me!**”

2. Bible Story Review- Time Rhyme

What You Need:

- "Time Rhyme Fun at Home" Activity Page

Optional EveryChild Supplies:

- Music Shakers

What You Do:

During the Activity: Teach children the story rhyme and motions. Repeat several times together. Send the rhyme home with each child.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hi, friends! I'm so glad you're here today. We're going to do something really fun to help us remember today's Bible Story!"

During the Activity: "Watch and listen then we'll do it together.

"Jesus went to see His friends.
He wanted to spend time with them.
Mary and Martha opened the door,
but only Mary sat down with Him."

(Walk in place)
(Continue walking in place)
(Pretend to open door)
(Sit down quickly)

"Martha was way too busy.
She had cooking and cleaning to do.
And when she got upset with Mary,
Jesus said, 'I came to spend time with YOU.'"

(Stand up and run in place)
(Continue running in place)
(Hands on hips, make angry face)
(Point to a friend and smile)

"Jesus wants to spend time with me.
He likes to listen and talk.
I can be with Jesus anywhere!
At home, in a car, or on a walk!"

(Point thumbs to chest)
(Cup hand behind ear)
(Stretch arms out wide)
(Walk in place)

"Now, I want you to say what I say and do what I do. Ready? *(Repeat the words and motions several times.)*

"Way to go! You did a great job telling the story about Mary and Martha. And you get to take home this story rhyme so you can teach it to your family."

After the Activity: "We want everyone to know that Jesus wants to spend time with them because Jesus loves everyone and wants to be their friend forever! **Who loves you? [Bottom Line] Jesus loves me!**"

EveryChild Pro-Tips:

- Provide shakers for children to participate with music instead of motions.

3. Application Activity- Busy Parachute

What You Need:

- Parachute

What You Do:

Before the Activity: Lay the parachute on the floor in an open area of the room.

During the Activity: Allow children to enjoy playing with the parachute. Switch between being busy and being calm with their movements.

After the Activity: Connect the Bottom Line to the Bible Story.

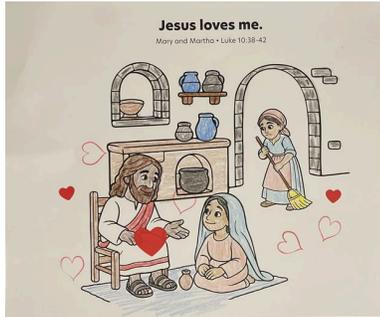
What You Say:

Before the Activity: "Friends, come find a spot around the parachute and grab a handle."

During the Activity: "Let's play! Start slowly. Nice and calm. *(Pause.)* Yes, so calm. Now let's get busy and shake the parachute really fast. *(Pause.)* You're so busy! Now freeze the parachute. *(Pause.)* Great job. Okay shake the parachute slowly, nice and calm. *(Pause.)* Now, really busy and fast! *(Repeat as desired.)* Whew! Okay, when I count to three let's put the parachute on the ground and sit on top of it. One, two, three, sit! Good job!"

After the Activity: "Today, we heard a story about two sisters named Martha and Mary. Jesus came to Martha's house so she was busy cooking and cleaning, but Mary was calm and sat listening to Jesus. Jesus doesn't want us to be too busy that we can't spend time with Him. Jesus wants to spend time with you because Jesus loves you and **[Bottom Line] Jesus loves me. Who loves you? [Bottom Line] Jesus loves me!**"

4. Craft- Mary, Martha, and Jesus



What You Need:

- “Mary, Martha, and Jesus” Activity Page
- Crayons
- Heart stickers
- Heart stamps
- Baby wipes
- Permanent marker

What You Do:

Before the Activity: Write each child’s name on their paper.

During the Activity: Encourage children to color their paper then add heart stamps or stickers to their picture.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: “Friends, come join me at the table and let’s create something special to help us remember our Bible Story today.”

During the Activity: “On your paper is a picture of Mary, Martha, and their special friend, Jesus! Color your picture. *(Pause.)* Great job coloring your pictures. Let’s add some love to it. Add some heart stickers or stamps or both to your picture. *(Pause.)* Hearts make us think of love. Jesus loved His friends Mary and Martha, and Jesus loves you!”

After the Activity: “Today in our true story from the Bible, Jesus was going to His friend, Martha’s house. She was so excited and was working really hard because she wanted everything to be perfect. But her sister, Mary, sat down next to Jesus and listened to everything Jesus said. Martha was upset Mary wasn’t helping so she asked Jesus to tell Mary to help her. But Jesus told Martha that spending time WITH Him was the most important thing. Being with Jesus is more important than doing things for Him.

“Jesus loved Martha and wanted her to spend time with Him. Jesus wants us to spend time with Him too, because Jesus loves you and **[Bottom Line] Jesus loves me. Who loves you? [Bottom Line] Jesus loves me!**”