

Today's Suggested Schedule—January 2026, Week 4

Today's Bible Story: Tabitha and Timothy • Acts 9:36-39; 1 Timothy 4:12
I can live for God.

Key Question: What does the Bible teach you?

Bottom Line: The Bible teaches me the best things.

Memory Verse: *Your word is truth.* (John 17:17, NIV)

Supplies Not Included in the Activity Bags

Social: Providing time for fun interaction
The Bible Teaches

Lesson Activities

Memory Verse Activity with Motions

Bible Story Review-Bible Stickers

- ☐ Gluesticks
- ☐ Crayons
- ☐ Permanent marker

Application Activity- Mega-Tunnel

- ☐ tunnel

Craft- Reading the Bible

- ☐ Crayons
- ☐ Glue sticks
- ☐ Permanent marker

Journal and Prayer

STORY SUMMARY

Tabitha and Timothy

The Bible teaches us that we can live for God. It doesn't matter if you're young or old, God wants you to live for Him. Tabitha loved Jesus. She was always doing good and making clothes for people who needed them. Timothy was a young man who loved Jesus, too. He didn't let his age keep him from living for God. Timothy taught others about God and showed others how to love like Jesus. Timothy lived for God and helped a lot of people follow Jesus. Tabitha and Timothy lived for God, and we can live for God, too.

Social -Providing Time for Fun Interaction

1. The Bible Teaches

What You Need:

- ☐ No supplies needed

What You Do:

1. Gather kids and sit in a circle in an open activity area.
2. Play a game similar to Duck, Duck, Goose with the following words. Show them you will walk around on the outside of the circle and say, "The Bible teaches (touch a child's head), The Bible teaches (touch a child's head), The Bible teaches [child's name] (touch child's head) the best things!
3. You and the child's name you said will hold hands and run around the outside of the circle until they are back at their spot. Continue until everyone has had a chance to run around the circle and had their name called.

What You Say:

Before the Activity:

"Friends, come sit in a circle on the floor with me."

During the Activity:

"Great job sitting in a circle. I have a game for us to play. I'm going to walk around and tap you on your head and say, 'The Bible teaches, the Bible teaches, the Bible teaches...' and if I touch your head and say your name, I want you to stand up. Then you and I will hold hands and run around the circle together until we get back to your spot! Isn't that going to be fun! Here we go! The Bible teaches (*Tap head.*), the Bible teaches (*Tap head.*), the Bible teaches [child's name] (*Tap head.*) the best things! [Child's name], stand up and hold my hand. Let's run around the circle together. (*Pause.*) Okay, sit back down, and I'm going to tap again. The Bible teaches (*Tap head.*), the Bible teaches (*Tap head.*), the Bible teaches [child's name] (*Tap head.*) the best things! [Child's name], stand up and hold my hand. Let's run around the circle together. (*Pause.*) Great job! Sit back down. (*Continue with each child.*) That was so much fun, I loved getting to play that game with you."

After the Activity:

"Today, in our Bible Story, we'll hear all about ways we can live for God."

EveryChild Tips:

- Play this game with everyone sitting in a chair.

Transition: Move to Worship and Story by singing "*The B-I-B-L-E.*"

Lesson Activities

1. Memory Verse with Motions

What You Need: No supplies needed

What You Do:

1. Say the Memory Verse and demonstrate the motions for the children.
2. Teach the Memory Verse motions. Invite the children to do them with you several times.

What You Say:

Before the Activity

"Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. 'Your (*point up*) word (*open hands like a book*) is truth,' (*move index finger forward from mouth*) John 17:17" (*open hands like a book*).

During the Activity

"Now, let's learn the motions. The first part of our verse says: 'Your. (*Point up.*) Point one finger up in the air like this (*pointer finger up to the sky*) and say, 'Your.' (*Repeat with children.*) Great job!

"The next part of our verse says: 'Word. (*Open hands like a book.*) Put your hands together in front of you and open them like you are opening a book like this (*open hands like a book*) and say, 'word.' (*Pause.*) Now let's put that together. 'Your (*point up*) word (*open hands like a book*). Great job!

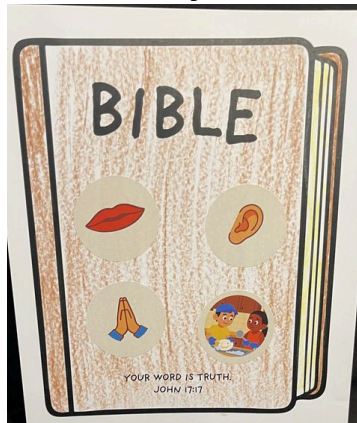
"The next part of our verse says: 'Is truth.' (*Move index finger forward from mouth.*) Put your pointer finger up to your mouth like you are saying shh like this (*pointer finger to lips*), then move your finger forward from your mouth (*move finger forward from mouth*) and say 'is truth.' (*Repeat with children.*) Nice job! Now let's put that together. Your (*point up*) word (*open hands like a book*) is truth' (*move index finger forward from mouth*). Super!

"Now the last part is: John 17:17. (*Open hands like a book.*) Put your hands together in front of you and open them like you are opening a book (*open hands like a book*) and say: John 17:17. (*Repeat with children.*) Great job! I think we are ready to do it all together! Ready friends? 'Your (*point up*) word (*open hands like a book*) is truth,' (*move index finger forward from mouth*) John 17:17" (*open hands like a book*). Nice job. Let's do it again!" (*Repeat several times.*)

After the Activity

"The Bible teaches us so many wonderful things like how God made me, God loves me, and Jesus wants to be my friend forever. **[Bottom Line] The Bible teaches me the best things. What does the Bible teach you? [Bottom Line] The Bible teaches me the best things.**

2. Bible Story Review- Bible Stickers



What You Need:

- ☐ "Big Bible" Activity Page
- ☐ "Big Bible Stickers" Activity Page
- ☐ Crayons
- ☐ Gluesticks
- ☐ Permanent marker

What You Do:

1. Write each child's name on their paper.
2. Give each child one set of circles, a glue stick and one "Big Bible" Activity Page. Encourage children to add their circles as you review the story.

What You Say:

Before the Activity:

"Hey friends! Come sit with me so we can talk about our story and make something really cool!"

During the Activity:

"Today we heard two true stories from the Bible! We heard about Tabitha and Timothy. Tabitha and Timothy lived for God! Does anyone remember what Tabitha did? *(Pause for responses.)* That's right! Tabitha helped people by making them clothes. Does anyone remember what Timothy did? *(Pause for responses.)* Yes! Timothy taught people about God! Now, who remembers, was Timothy old or young? *(Pause for responses.)* Yes! Timothy was young! And you're young too! That means you can do big things just like Timothy. Even though you are young, the Bible teaches you the best things! Let's use these stickers to remember what the Bible teaches us.

"Everyone, pick up the sticker that looks like this. *(Show sticker of mouth.)* This mouth reminds us that we can talk about God to others. Put this sticker on your picture. *(Pause.)* Now, everyone find the sticker that looks like this. *(Show sticker of ear.)* This ear reminds us that we can hear from God. Go ahead and put the ear sticker on your picture. *(Pause.)* Now, who can find the sticker that looks like this? *(Show sticker of prayer hands.)* This sticker reminds us that we can pray and talk to God anytime and anywhere. Put that sticker on your picture. Now let's find the sticker of people helping. *(Show sticker of people helping.)* Add that to your picture of the Bible. Now, if you want, you can color the rest of your picture. *(Pause.)* Look at your masterpieces! They all look beautiful and wonderful."

After the Activity:

“When you get home, hang this up so everyone can see! You have four stickers to remind us that **[Bottom Line] The Bible teaches me the best things. What does the Bible teach you? [Bottom Line] The Bible teaches me the best things.**”

3. Application Activity- Mega-Tunnel

What You Need:

- ☐ Pop-up tunnel

What You Do:

1. Set the tunnel in an open space. Have children stand at one end of the tunnel and you stand at the other.
2. Use the tunnel as a mega-phone to say the **Bottom Line**.

What You Say:

Before the Activity:

"Friends, look I have this awesome tunnel, and today we're going to use it as a megaphone! Come over here and let's get started."

During the Activity:

"Everyone, stand here on this side of the tunnel, and I'll go over to the other side of the tunnel. Each of you will take a turn to lean into the tunnel and hear what I'm saying. Then we'll see if you can answer me back. Are you ready? [Child's name] come up to the tunnel. (*Pretend to talk in an exaggerated echo-type tone.*) **What does the Bible teach you? (With child.) [Bottom Line] The Bible teaches me the best things.** Great job, now its [child's name]'s turn. (*Continue with each child.*) Great job, everybody!"

After the Activity:

"We can tell everyone, everywhere about God. We can talk about God, Hear from God, Pray to God, and Live for God. The Bible teaches us how to do these things because **[Bottom Line] The Bible teaches me the best things! Who teaches you the best things? [Bottom Line] The Bible teaches me the best things!**"

4. Craft- Reading the Bible



What You Need:

- ☐ “Reading the Bible” Activity Page
- ☐ Crayons
- ☐ Glue sticks
- ☐ Permanent marker

What You Do:

1. Write each child’s name on their paper.
2. Encourage children to color their paper and glue their picture in place. Fold the Bible cutout along the lines. Help children glue the tabs on the Bible cutout to their paper.

What You Say:

Before the Activity:

“I have a very special picture for you to make today—it’s a picture of YOU!”

During the Activity:

“Color your paper. (*Pause.*) Great! (*Bend the two tabs on the Bible in.*) Rub some glue on the two tabs and attach it to your paper. (*Pause*) Look how cool your picture is. It’s you! You’re reading the Bible!”

After the Activity:

“Today we learned about Tabitha, who lived for God by making clothes for people, and Timothy, who lived for God by teaching others about God, and showed others how to love like Jesus. There are so many different ways that we can live for God every day and everywhere! Isn’t that the best? The Bible has God’s words in it, and it teaches us the BEST things! **What does the Bible teach you? [Bottom Line] The Bible teaches me the best things.**”

5. Journal and Prayer

What You Need:

- ☐ Bible
- ☐ Journal
- ☐ Fun-shaped pen
- ☐ Hand stamp or reward stickers

What You Do:

1. Move to your Small Group area while pretending to read your Bible.
2. Review the Bible Story and Memory Verse Hand Motions. Then, encourage the children to help you make a list in the journal of ways we can help people.
3. Pray with children using the list you made in the journal.

What You Say:

Before the Activity:

"It's Small Group time! Today, let's open our hands like a book and pretend we are reading our Bibles while we move to our Small Group spot. Follow me! (*Open your hands like a book and hold them like this as you lead the children to your Small Group spot.*) That was fun! You can sit down so we can talk about today's Bible Story. One, two, three, sit down with me!"

During the Activity:

"In our Bible Story today, we learned that Timothy and Tabitha lived for God. Tabitha helped people by making clothes for people who needed them, and Timothy was young, and he taught people about God. The Bible teaches us that WE can live for God too!"

"We're learning a Bible verse to help us remember that the Bible is true and the Bible teaches us the best things! It says, 'Your (*point up*) word (*open hands like a book*) is truth,' (*move index finger forward from mouth*) John 17:17 (*open hands like a book*). Let's stand up and say that all together. 'Your (*point up*) word (*open hands like a book*) is truth,' (*move index finger forward from mouth*) John 17:17 (*open hands like a book*). Great job! I'm so glad we have the Bible to teach us the best things! **What does the Bible teach you? [Bottom Line] The Bible teaches me the best things.**"

"Now let's sit down so we can write in our prayer journal and talk to God. (*Open journal.*) Since Tabitha lived for God by helping people, let's make a list of ways that we can help people. When I say your name, tell me one way you can help people, and I will write it down beside your name." (*Remember to print as you write in the journal, so the children can recognize their names and the letters.*)

After the Activity:

"This is a great list of ways we can help people and live for God! (*Hold up journal.*) Let's pray and talk to God now. Would anyone like to pray before I pray? (*Give each child who wants to pray the opportunity to do so.*) Dear God, thank You for giving us the Bible so we can learn the best things. Please help us to live for You by helping! Please help us be big helpers by (*read the list the children made*). We want to live for You God! In Jesus' name. Amen."