

## September 2025, Week 1

**Today's Bible Story:** God has good things for me to do.

Adam and Eve • *Genesis 1:27-28; 2:15, 19-20*

**Memory Verse:** "For I know the plans I have for you," says the LORD." Jeremiah 29:11 NLT

**Key Question:** Who has plans for you?

**Bottom Line:** God has plans for me.

### Supplies Not Included in the Activity Bags

#### Table Activities

##### **Adam and Eve Sensory Bin**

- Green shredded paper

##### **Adam and Eve Play Doh Mat (NOT AT WALKERTOWN due to allergies)**

- playdoh

#### Lesson Activities

##### **Memory Verse with Motions**

##### **Bible Story Review- Good Things**

- Toy fruits and vegetables from the kitchen area
- Toy animals from the play area
- Little People- boy and girl
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##### **Hungry Animals**

- Clear tape- tape the animals to a tissue box so holes line up and stand up

##### **Feed the Birds**

- butcher paper
- masking tape
- Write BIRDSEED and LARD on Allergy Poster

##### **Journal and Prayer**

### **Overview of Lesson:**

Adam and Eve

When God made the world, God made Adam and Eve and put them in a beautiful garden. God loved Adam and Eve, and they loved God. God brought each animal to Adam and whatever Adam called each animal, that was its name! God wanted Adam and Eve to take care of the garden and everything in it. That means take care of the land and the plants and the animals, and grow food in the garden. God gave Adam and Eve really good things to do. God wanted them to take care of the world He made! God has good things for us to do too because [BOTTOM LINE] God has plans for me.

## Table Activities Before Bible Story

### 1. Adam and Eve Sensory Bin

#### What You Need:

Green shredded paper  
Adam and Eve Sensory Bin

#### What to Do:

*Talk about*

- Talk about the pictures using the story sequence on the sheet.
- What do you think The Garden of Eden was like?
- Would you have eaten the fruit? Why was it a sin to eat the fruit?
- What happened to Adam and Eve? How do you think they felt?

### 2. Adam and Eve- Play Doh Mats (NOT AT WALKERTOWN due to allergies)

#### What You Need:

Mats  
Playdoh  
Question Sheet for play doh mat

### 3. So Many Animals

#### What You Need: “So Many Animals” cards

#### What You Do:

Encourage the children to help sort the animals by their characteristics and identify each animal.

#### What You Say:

“Friends, come over here and look at all these animals! There are so many of them, I need your help to sort and name them. Will you help me? *(Pause for answers.)* Great! Let’s get started!”

“Everyone look at the animals on the table. Can you help me find all the animals with stripes? *(Pause.)* Let’s put them in a pile right here. *(Pause.)* Let’s see what animals have stripes...I see a *(hold up the zebra)* zebra! Wow! Zebras have beautiful black and white stripes. What other animals have stripes? *(Hold up and name each animal with stripes.)* Great job! Can you help me find all the animals that have spots? *(Continue sorting each animal by characteristic and identifying them.)* That was so fun looking at these amazing animals that God made.”

“Today in our Bible Story, we’re going to learn about the first two people, Adam and Eve and the good things God gave them to do. One of those good things was to name all the animals! Wow! What a fun job! Are you ready to hear more about it? *(Pause for responses.)* Me too! Let’s go!”

#### Inclusive Pro-Tip:

- Instead of requiring the child to find a specific type of animal, you can describe the animal they are holding. “[Child’s name] you picked an animal with stripes. Can we find all the animals with stripes?”

## 1. Memory Verse with Motions

**What You Need:** No supplies needed.

### What You Do:

*Before the Activity:* Say the Memory Verse and demonstrate the motions for the children. Invite the children to do them with you several times.

*During the Activity:* Teach the Memory Verse motions. Invite the children to do them with you several times.

*After the Activity:* Connect the Memory Verse to the Bottom Line.

### What You Say:

*Before the Activity:* “Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. “For I know (*touch head with fingertips*) the plans I have for you,’ (*march*) says the LORD,” (*point up*) Jeremiah 29:11. (*Open hands like a book*)”

*During the Activity:* “Now, let’s learn the motions. The first part of our verse says: ‘For I know.’ (*touch head with fingertips.*) Put your hand up and tap the side of your head like this (*Tap your temple.*) and say, ‘For I know.’ (*Repeat with children.*) Great job!

“The next part of our verse says: ‘The plans I have for you.’ (*March.*) March in place like this (*march*) and say, ‘The plans I have for you.’ (*Repeat with children.*) Wonderful! Now let’s put that together. ‘For I know (*touch head with fingertips*) the plans I have for you.’ (*March.*) Great job!

“The next part of our verse says: ‘Says the Lord.’ (*Point up.*) Put one finger up and point to the sky like this (*point up*) and say, ‘says the Lord.’ (*Repeat with children.*) Nice job! Now let’s put that together. “‘For I know (*touch head with fingertips*) the plans I have for you,’ (*march*) says the LORD.’ (*Point up.*)

“Now the last part is: ‘Jeremiah 29:11.’ (*Open hands like a book.*) Put your hands together in front of you and open them like you are opening a book (*open hands like a book*) and say: Jeremiah 29:11. (*Repeat with children.*) Great job! I think we are ready to do it all together! Ready friends? ‘For I know (*touch head with fingertips*) the plans I have for you,’ (*march*) says the Lord,” (*point up*) Jeremiah 29:11. (*Open hands like a book*) Nice job. Let’s do it again!” (*Repeat several times.*)

*After the Activity:* “The Bible teaches us that God has plans for [child’s name], and [child’s name], and [child’s name]. (*Say each child’s name.*) God has plans for you and **[Bottom Line] God has plans for me! Who has plans for you? [Bottom Line] God has plans for me!**”

### Inclusive Pro-Tips:

- Invite children to say it with you or repeat words after you.

## 2. Bible Story Review- Good Things

### What You Need:

Bag with the following:

- toy fruits and vegetables
- toy animals
- artificial flowers, garden gloves, toy garden tools, Little People® man and woman figures

### What You Do:

*Before the Activity:* Place items in the bag/box.

*During the Activity:* Encourage children, one at a time, to reach in the bag/box and pull out an item. Ask child to name the item and then review the part of the Bible Story that goes with the item.

*After the Activity:* Connect the Bottom Line to the Bible Story.

### What You Say:

*Before the Activity:* “Hey, everyone! Come sit with me! I have a bag/box filled with things that will help us review our Bible Story!”

*During the Activity:* “When I say your name, you will get to reach in the bag/box and pull one thing out. Ready? Let’s play! [Child’s name], reach into the bag/box and pull one item out. *(Pause.)* Show everyone and tell us what you have. *(Pause for response.)* Oh wow! *(Use the words below for each item)*

Fruits and Vegetables: “Oh...You have a [fruit/vegetable]. God had Adam and Eve work and care for the things that grew in the garden, and it was a good thing!”

Animals: “You have a/an [animal]! What does a/an [animal] say? *(Pause.)* God had Adam name all the animals, and it was a good thing!”

Flower: “You have a beautiful [color] flower! God had Adam and Eve work and care for the things that grew in the garden, and it was a good thing!”

Garden gloves/Garden tools: “You have garden tools! We use them when we work and care for a garden. God had Adam and Eve work and care for the things that grew in the garden, and it was a good thing!”

Little People® Man: “Let’s pretend this is Adam. God made Adam and had good things for him to do!”

Little People® Woman: “Let’s pretend this is Eve. God made Eve and had good things for her to do!”

“Let’s line up all the wonderful things we found in our bag/box today. *(Help as needed.)* God gave Adam and Eve good things to do like take care of the animals and the plants and trees in the garden, and God even had Adam name the animals! Wow!”

*After the Activity:* “God had plans for Adam and Eve. And God has plans for you and me too. So every time I ask, **who has plans for you**, I want everyone to say, **[Bottom Line] God has plans for me!**”

Let's try it! **Who has plans for you? [Bottom Line] God has plans for me! Yay! God has plans for you, and [Bottom Line] God has plans for me!"**

**Inclusive Pro-Tips:**

- For a version with less movement, either bring the box to each child or pull an item out and let children tell you what the item is. If using this version, adjust wording in What You Say section accordingly.

### 3. Hungry Animals

**What You Need:** “Hungry Animals” Activity Page; empty, family-sized cereal boxes; clear tape; pom-poms; large plastic spoons; plastic container; and a craft knife

**What You Do:**

*Before the Activity:* Copy “Hungry Animals” on cardstock, one set per Small Group. Tape one picture to the front of each cereal box. Cut out the hole at the mouth, cutting through the picture and box. Place in an open area with the open mouths facing out. Put pom-poms in the container with the spoons on the opposite side of the room.

*During the Activity:* Invite children to take turns carrying a pom-pom on a spoon across the room to feed one of the animals. Cheer them on as they take their turns, encouraging them to be gentle and steady as they carry and feed the animals. Continue playing until all the animals have been fed.

*After the Activity:* Connect the Bottom Line to the Bible Story.

**What You Say:**

*Before the Activity:* “Friends, today we learned that God made Adam and Eve and gave them good things to do. They took care of the garden, the plants, and the animals! Let’s play a game to practice taking care of animals just like Adam and Eve did!”

*During the Activity:* “We are going to take turns feeding those animals over there. When I call your name, you’ll pick up a spoon, place a pom-pom on it, then carefully take it across the room to feed one of those animals. Is everyone ready to do a good thing? (*Pause for responses.*) Great! [Child’s name] put a pom-pom on the spoon and pick an animal to feed. Let’s cheer for [child’s name]! (*Pause.*) Great job! Now [child’s name], it’s your turn! (*Continue until each child has a turn. Repeat as desired.*) Wow! You all did a great thing and took care of the animals by feeding them just like Adam and Eve did!”

*After the Activity:* “God gave Adam and Eve really good things to do. God wanted them to take care of the world He made! And do you know what? God gives us good things to do too! Like... Being kind and loving to everyone. Helping your neighbor. And taking care of the things God made. God had plans for Adam and Eve, and God has plans for you and me too! **[Bottom Line] God has plans for me. Who has plans for you? [Bottom Line] God has plans for me.**”

**Inclusive Pro-Tips:**

- For a version with less movement, seat children in a circle and pass the “Hungry Animal” around the circle and model how to feed the animals.
- Give each child three pom-poms to feed the animals when they get passed to them.

## 5. Craft- Feed the Birds\*



### What You Need:

- “Feed the Birds Fun at Home” note
- Cardboard hearts with twine
- Lard
- Birdseed
- paper plates
- Craft (popsicle) sticks
- small paper cups
- gallon-sized resealable bags
- butcher paper
- masking tape
- baby wipes
- permanent marker

*Note: Be sure to list the items you will be using today on the “Allergy Alert Poster” and post it at the door to your room.*

### What You Do:

#### *Before the Activity:*

Cover the table with butcher paper and tape to secure. Cut cardboard in four-inch hearts, one per child. Punch a hole in each heart. Cut twine in twelve-inch lengths, one per child. Fill each cup with birdseed, one per child.

*During the Activity:* Give each child a plate with a heart. Give each child a craft stick with a tablespoon of lard on it. Encourage children to spread the lard over the heart. Ask children to pour birdseed over their heart and press down to help it stick. Thread the twine through the hole and knot for each child's heart. Slide each child's plate in a bag and seal. Clean hands as needed. Send home with a note.

*After the Activity:* Review the Bible Story and Bottom Line.

### What You Say:

*Before the Activity:* “Friends, come to the table with me. Today we are going to make a bird feeder to help us remember our Bible Story.”

*During the Activity:* “Everyone gets a plate with a heart. What do hearts remind us of? *(Pause for answers.)* Yes! Hearts remind us of love! *(Give each child a craft stick with lard.)* Spread this over your heart cutout. *(Pause.)* Now pour the birdseed over your heart and press it down to help it stick. *(Pause.)* Great job! I'm going to add a piece of twine to your heart. When you get home, you can hang it outside in a tree and help take care of the birds like Adam and Eve. *(Slide each child's plate in a bag and seal.)*”

*After the Activity:* “When God made the world, God made Adam and Eve and put them in a beautiful garden. God loved Adam and Eve, and they loved God. God gave them very good things to do like taking care of the garden and everything in it. That means taking care of the land and the plants and the animals, and growing food in the garden. God even asked Adam to name the animals! God gives us good things to do too! Like... Being kind and loving to everyone. Helping your neighbor. And taking care of the things God made. God has plans for you and **[Bottom Line] God has plans for me. Who has plans for you? [Bottom Line] God has plans for me.**”

**Inclusive Pro-Tips:**

- Assist each child, as needed.
- Create an example.
- For a sensory-friendly version, prepare the heart cutout with lard and place in the child’s bag. Give the child a cup of bird seed to pour into their bag. Seal the bag and help children move and shake the bag around to adhere the bird seed to their heart.



## 6. Journal and Prayer

**What You Need:** Bible, journal, and fun-shaped pen

**What You Do:**

Encourage the children to pretend to be any animal they want as you lead them to your Small Group spot. Sit down and gather the children around you.

*During the Activity:* Review the Bible Story and Memory Verse Hand Motions, then encourage the children to help you make a list in the journal of good things they can do.

*After the Activity:* Pray with the children using the list you made in the journal.

**What You Say:**

*Before the Activity:* “It’s Small Group time! Today we are going to pretend to be animals! Think of what kind of animal you want to be and pretend to be that animal while you follow me to our Small Group spot. I’m going to be a/an [animal name]! Come on, animal friends! Follow me! (*Pretend to be an animal as you lead the children to your Small Group spot.*) Here we are animal friends! You can be children now. It’s time to talk about today’s Bible Story. One, two, three, sit down with me!”

*During the Activity:* (*Open the Bible and lay it in front of the children.*) “In our Bible Story today, we learned that God had good things for Adam and Eve to do. What were some of the good things Adam and Eve did? Let’s see...they worked and cared for the garden. Oh! And Adam got to name all of the animals, like the (*name some of the animals the children pretended to be*).

“God had plans for Adam and Eve, and God has plans for you and me too. That’s why when I ask, **who has plans for you**, we’ll say, [**Bottom Line**] **God has plans for me!** Let me hear you say it! **Who has plans for you? [**Bottom Line**] God has plans for me!** He sure does! And the Bible verse we are going to learn will help us remember that God has plans for us. It says, “‘For I know (*touch head with fingertips*) the plans I have for you,’ (*march*) says the LORD,” (*point up*) Jeremiah 29:11. (*Open hands like book.*) That is God talking to a man named Jeremiah. God knew the plans He had for Jeremiah, and God knows the plans He has for us too! Let’s stand up and say that Bible verse together! Just say what I say and do what I do! “‘For I know (*touch head with fingertips*) the plans I have for you,’ (*march*) says the LORD,” (*point up*) Jeremiah 29:11. (*Open hands like book.*)

“Wow! You sound great! (*Clap hands.*) Thank you for saying that with me. Now let’s sit down so we can write in our prayer journal and talk to God. (*Open journal.*) There are a lot of good things God has for us to do. Let’s make a list of some of them in our prayer journal. Then we can use the list when we pray. When I say your name, tell me one good thing God has for us to do, and I will write it in our journal. (*Suggestions: Talk to God, share with others, be kind, love like Jesus, care for animals, care for the world God made, etc. Remember to print, as you write in the journal, so the children can recognize their names and the letters.*)

*After the Activity:* “Look at all of the good things God has for us to do! (*Hold up journal.*) Let’s pray and thank God for having plans for us. Would anyone like to pray before I pray? (*Give each child who wants to pray the opportunity to do so.*) Dear God, Thank You for having plans for (*name each child*) and for me. Help us start with the good things You have planned for everyone to do, like (*read the list the children made*). You’re the best, God. We love You! In Jesus’ name. Amen.”