Large Group • Preteen

Today's Suggested Schedule—November 2025, Week 5

Bible Story: Nehemiah • *Nehemiah 1–4, 6:1-15* **Conversion Starter:** What do you need help with? **Bottom Line:** God can help you do big things.

Monthly Memory Verse: Those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. Isaiah 40:31

(NIrV)

SLIDE: Theme

OPENER

HOST: "Welcome, we bring the energy, the fun, and—most importantly—each other! Who's ready for a day that's going to be totally EPIC? If you're feeling that power, let me hear you make some NOISE!

Cup a hand dramatically to their ear, egging on the crowd.

"Whoa, that's pretty good ... but I know you've got even more in you! On the count of three, give me your loudest, boldest, most unstoppable cheer. Ready? ONE ... TWO ... THREE!

Pause for loud cheer.

"YES! There we go! This month we've been learning about confidence. Confidence is our theme this month. Everybody shout it out with me: 'CONFIDENCE!'"

Join the kids as they shout: "Confidence!"

"What we've learned is that true confidence isn't just about being the loudest in the room, or never feeling nervous. It's about living like you believe God is with you—right now, right here. Whether you're crushing it on the soccer field, facing a tough test, or standing up for what's right, confidence means knowing that God, the Creator of the universe, goes with you through every step of life. That's pretty awesome, right?

"But let's be real—sometimes, even the bravest people feel scared or unsure. Have you ever stood at the edge of something big, like trying something new, singing in front of your class, or even just telling the truth when it's hard? Maybe your hands started to shake, or your heart pounded like a drum. Anyone ever felt that way?

"Today, we're going to dive into an incredible story from the Bible about a guy named Nehemiah. Nehemiah faced a challenge that seemed impossible—like, 'build-a-wall-around-a-whole-city' impossible. But he believed that God was with him, he asked for help every step of the way, and he did something no one thought could be done.

LEADER: "Did you know that the God of the universe loves you so, so much? He does! He invented everything about you—you are His idea! And He is a big fan of you. You are a child of a Father who loves you!

Video: "HOUSE OF THE LORD"

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"You can do all things through Christ who gives you strength! God loves you so much that He will give you the strength to do anything He asks you to do! If something happens in your life, and you need to follow God and His ways, He will give you the strength to do it.

"That's exactly what God promises in our Memory Verse this month. It's Isaiah 40:31. I'll read it and then we can say it together!

SLIDE: Memory Verse

LEADER: "Those who trust in the LORD will receive new strength.

They will fly as high as eagles.

They will run and not get tired.

They will walk and not grow weak.—Isaiah 40:31

"Let's say it together!

LEADER AND KIDS: "Those who trust in the LORD

will receive new strength.
They will fly as high as eagles.
They will run and not get tired.
They will walk and not grow weak.—Isaiah 40:31

"What a great promise we can ask God to help us remember. God will give us strength every step of our lives, no matter what we face.

"The man in our true story from the Bible today experienced this truth firsthand. He saw how God gave him strength to do a big, big thing—his name was Nehemiah, and he built an entire wall! Let's go ahead and sit down and hear our true story from the Bible today!"

LANDING

LEADER: "Wow, you all were incredible today! Give yourself a round of applause—go ahead, make some noise! You showed so much energy and heart as we learned about Nehemiah and his gigantic challenge.

Pump fist and encourage kids to cheer loudly, maybe even stomp your feet or clap.

"Nehemiah faced a wall that seemed impossible to rebuild. But Nehemiah didn't give up. He asked God for help, and God came through in powerful ways! Nehemiah gathered his people, trusted God, and together they did something amazing.

"Maybe there's something in your life that feels huge—like a mountain you have to climb. It could be making a new friend, standing up for what's right, or asking for help with something that scares you. Take a second and think: What's one big thing you need God's help with right now?

SLIDE: Conversation Starter

Bedrock: Building confidence in God, block by block

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[Conversation Starter] "What do you need help with?

"Whatever you thought of, remember—God is right there with you, just like He was with Nehemiah. God never leaves you on your own. He is strong, wise, and He cares about every part of your life.

"Right now, silently think of one big thing you want God's help with this week. If you want, whisper it to God. He hears every word—even the guiet ones.

Pause for a moment and let kids pray to themselves.

"Let's talk to God about what we need.

PRAYER

COMMUNICATOR: "God, thank You for being with us, just like You were with Nehemiah. When we face things that feel impossible, remind us that nothing is too big for You. Please help each person with what they need this week. You know what is on our hearts, and we need Your help. We love You, and we pray these things in Jesus' name. Amen."

After prayer, Communicator dismisses kids to Small Group.

SLIDE: Theme