Bedrock: Building confidence in God block by block

Large Group • Preteen

Today's Suggested Schedule—November 2025, Week 1

Bible Story: Elijah and the Prophets of Baal • 1 Kings 18:16-45

Conversion Starter: What seems impossible to you?

Bottom Line: God can do the impossible.

Monthly Memory Verse: Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak. Isaiah 40:31

(NIrV)

SLIDE: Theme

WELCOME

Host has lots of energy as he or she welcomes everyone to [Name of Environment]. Host is relatable and inviting. Host can talk about something that happened culturally throughout the week like a big sports game, movie opening, a viral video on YouTube, etc. Host tells them how excited he or she is that they're there and briefly runs through what they can expect. This is especially helpful for first-time guests to make them feel like they know what's happening.

OPENER

HOST: "Hey, everyone! Welcome to Bedrock, where we're building confidence in God that lasts—block by block. I'm so glad you're here, because today we're tackling one of life's biggest questions: What do you do when something feels absolutely impossible?

"So, what do we do when we come up against something that really feels impossible? That's what we're diving into today. But before we get there, let's get ready for worship—because God is with us even when we face impossible things. Everyone up on your feet! Let's worship God together!"

"Worship through music is our chance to remind our hearts just how big God is. So let's sing out—knowing that with God, even impossible things can become possible.

Video: "House of the Lord"

LEADER: "Awesome singing! I love hearing all of your voices and seeing you praise God together.

"Before you sit down, let's start to work on locking this month's Memory Verse in our hearts. This month, it's Isaiah 40:31! I'll read it out loud, and then we can say it together!

SLIDE: Memory Verse

LEADER: "Those who trust in the LORD will receive new strength.

They will fly as high as eagles.

They will run and not get tired.

They will walk and not grow weak. —Isaiah 40:31

"Let's say it together!

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LEADER AND KIDS:

"Those who trust in the LORD will receive new strength.
They will fly as high as eagles.
They will run and not get tired.
They will walk and not grow weak. —Isaiah 40:31

LEADER: "Great job, you guys! God wants to give you strength so you can soar through life! That's awesome! We'll try to put that truth in our hearts all month.

"Remember: God's strength is greater than any challenge you'll ever face. You can always trust Him, no matter what.

"Let's sit down and get ready for what's next—we're going to look at the story of one of the most intense stories in the Bible today."

Video: "So and So Show" (12 minutes)

LEADER: "Elijah's story shows us something about confidence that's hard to learn any other way: true confidence isn't built when everything's easy. It's built over time, often through hard things. Elijah learned to trust God partially through years and years of seeing Him provide food every single faithful day in some hard drought years. Over and over as Elijah saw God provide, Elijah learned he could be confident in Him.

"Confidence in God is built every time you stand at the edge of something tough and decide to trust God anyway. That's what Elijah did.

"Elijah wasn't a superhero. The very next part of Elijah's story, he threw a huge temper tantrum with God!

"Elijah got tired. He felt alone. He asked hard questions and wondered if God would show up. But he kept taking the next step—sometimes shaky, sometimes bold—because he'd learned that God's character never changed, even when life did.

"You might not be facing a showdown on a mountain or waiting for fire from heaven. But I know you've got your own impossible lines—maybe it's a problem at home, a friendship that feels broken, an anxiety that doesn't seem to go away, or just the daily pressure to be 'enough.' Sometimes, the scariest thing is just being honest about what you're facing. You don't have to fake it with God. He can handle your worries, your doubts, even your disappointment.

"So here's the question:

SLIDE: Conversation Starter

[Conversation Starter] "What seems impossible to you?

SLIDE: Theme Background

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"Seriously. Don't rush past it. This week, I challenge you—talk to God about that one thing. Write it down. Tell someone you trust. And then ask God to help you, even if the answer or breakthrough doesn't come right away. He is there and will go through it with you. Let's pray."

PRAYER

COMMUNICATOR: "God, thank You that You are always good and we can trust You, even if life is hard. Help us to trust You with what feels impossible. Give us courage to take the next step, knowing You're with us every moment. We love You, God, and we pray these things in Your name. Amen."

After prayer, Communicator dismisses kids to Small Group.

SLIDE: Theme