

Today's Suggested Schedule—November 2025, Week 1

Today's Bible Story: I can thank God for family.

Ruth, Naomi, and Boaz • *Ruth* 1-2

Key Question: Who can thank God for everything?

Bottom Line: I can thank God for everything.

Memory Verse: *I will give thanks to the LORD with my whole heart.* (Psalm 111:1 ESV)

Social: Providing Time for Fun Interaction

Sticky Grain

Lesson Activities

Memory Verse with Motions

Craft-Thank God for Everything

- ☐ Cheerios
- ☐ White glue
- ☐ crayons

Application Activity- Go With Me

- ☐ Floor tape

Social Activities

1. Sticky Grain

What You Need:

- ☐ Yellow sticky notes

What You Do:

Before the Activity: Spread sticky notes all over the floor, sticky side up.

During the Activity: Encourage children to move around the activity area collecting the sticky note “grains” as they walk. Sit down together once all the grain has been collected and ask children to pull off the sticky notes and put them in a pile. Reset and repeat as desired.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: “Hello friends! Today we are going to move all around the room. You can walk on and around all these yellow papers. We can pretend they are pieces of grain.”

During the Activity: “Ready, set, move! *(Pause.)* Look at that! The yellow papers are sticking to your feet as you walk on them. Keep them on your feet and keep walking! Let’s see how many we can collect. *(Pause.)* I think we got them all! Come sit in a circle with me on the floor and let’s see how many pieces we collected. Take all the yellow papers off and put them in a pile in the middle of our circle. *(Pause.)* Wow! Look how much grain we collected! Let’s do it again! *(Reset and repeat. Add new yellow sticky notes as needed.)* That was so much fun! Thanks for helping me collect all the grain!”

After the Activity: “In today’s true story from the Bible, we’re going to hear about a woman named Ruth who collected grain to help feed her family. Let’s go hear all about it.”

Transition

Move to Worship and Story by putting a yellow sticky note on each child and ask them to try and keep it on them all the way to your designated area.

Lesson Activities

1. Memory Verse with Motions

What You Need:

- ☐ No supplies needed

What You Do:

Before the Activity: Say the Memory Verse and demonstrate the motions for the children.

During the Activity: Teach the Memory Verse motions. Invite the children to do them with you several times.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: "Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. 'I will give thanks *(move flat hand forward from chin)* to the LORD *(point up)* with my whole heart,' *(tap heart twice)* Psalm 111:1." *(Open hands like a book.)*

During the Activity: "Now, let's learn the motions. The first part of our verse says: 'I will give thanks.' *(Move flat hand forward from chin.)* Make your hand flat and put your fingertips on your chin like this. *(Place your right hand up to your face with your fingertips resting on your chin.)* Now bring your flat hand out from your face like this *(move flat hand forward from chin)* and say, 'I will give thanks.' *(Repeat with children.)* Great job!

"The next part of our verse says: 'To the LORD.' *(Point up.)* Put one finger up and stretch it up over your head like this *(point up)* and say, 'to the LORD.' *(Pause.)* Now let's put that together. 'I will give thanks *(move flat hand forward from chin)* to the LORD.' *(Point up.)* Great job!

"The next part of our verse says: 'With my whole heart.' *(Tap heart twice.)* Cross your right hand over your chest and tap your heart two times like this *(reach right hand over chest and tap heart twice)* and say, 'with my whole heart.' *(Repeat with children.)* Nice job! Now let's put that together. 'I will give thanks *(move flat hand forward from chin)* to the LORD *(point up)* with my whole heart.' *(Tap heart twice.)* Super!

"Now the last part is Psalm 111:1. *(Open hands like a book.)* Put your hands together in front of you and open them like you are opening a book *(open hands like a book)* and say: Psalm 111:1. *(Repeat with children.)* Great job! I think we are ready to do it all together! Ready friends? 'I will give thanks *(move flat hand forward from chin)* to the LORD *(point up)* with my whole heart,' *(tap heart twice)* Psalm 111:1. *(Open hands like a book.)* Nice job. Let's do it again!" *(Repeat several times.)*

After the Activity: "The Bible teaches us that we can thank God for everything with our whole heart! That means family, friends, food, and people who help us! We can thank God for everything! **Who can thank God for everything? [Bottom Line] I can thank God for everything.**"

2. Craft- Thank God for Family*



What You Need:

- “Thank God for Family” Activity Page
- Cheerios® cereal
- Crayons
- Craft glue
- 3-ounce paper cups
- Permanent marker

What You Do:

Before the Activity: Fill the cups halfway with Cheerios, one per child. Write each child's name on their paper.

During the Activity: Encourage children to color their paper then glue the cereal to their paper. Offer children more cereal for a snack.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: “Friends, come to the table and let’s make some story art to help us remember today’s true story from the Bible.”

During the Activity: “Look on your paper. I see Ruth in Boaz’s field collecting grain for her and Naomi. Color your paper and then we’ll add something special to it. *(Pause.)* Great job! Now let’s glue some of this cereal in the field and in a pile next to Ruth. *(Pause.)* Great job friends! Now, here’s a little extra cereal to eat as a snack. *(Pass out additional cereal.)* Let’s thank God for our snack. Say it with me. Thank You, God, for our friends, our food, and for everything. *(With children.)* Thank You, God, for our friends, our food, and for everything.”

After the Activity: “God gave Naomi family like Ruth and Boaz to help her. Ruth walked with Naomi to her hometown and found food for them to eat in Boaz’s field. When Boaz found out that Naomi was part of his family, he decided to make sure they had plenty of food to eat. God gives us people to call family and all families can take care of each other. Thank You, God, for giving us family! Thank You, God, for everything!

Who can thank God for everything? [Bottom Line] I can thank God for everything.”

3. Application Activity- Go With Me

What You Need:

- ☐ Floor tape

What You Do:

Before the Activity: Put small pieces of tape, one per child, on the floor around the perimeter of your activity area. Encourage children to stand on one of the pieces of tape.

During the Activity: Walk around the activity area, stopping at each tape piece to ask each child to join the train. The first child will hold on to the leader's waist or hand and the other children added will hold the shoulders of the child in front of them. The "train" proceeds to the next piece of tape and adds the next child to the train. Continue until all children have joined the train and you've moved around your area a few times. Repeat as desired.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends! Chugga-chugga, choo-choo, it's great to see you! There are little pieces of tape on the floor around our activity area. Please find a piece of tape to stand on. One friend for each piece of tape."

During the Activity: "We're going to play the train game! I'm the engine, and I need to add all the train cars—that's you! I'll move around, and when I stop at your tape, I want you to join the train. Then we'll go add another friend until we've added all our friends to our train! Are you ready? Chugga-chugga, choo-choo, here I come! Who will go with me? (*Stop at a piece of tape.*) [Child's name], will you go with me? Great! Hold on to my waist/hand, and let's chugga-chugga to another friend! [Child's name], will you go with us? Great! Hold on to [child's name]'s shoulders and chugga-chugga! Here we go! (*Continue until all children have been added.*) All right friends, it's time for our train to pull into the station. Everyone, have a seat right where you are."

After the Activity: "That was so much fun, pretending to be a train and chugga-chugging all around the room. Thank you for going with me on our journey! In today's true story from the Bible, we learned about a woman named Naomi. Naomi decided to go back to the town where she grew up and Ruth went with her. Ruth was married to Naomi's son, and she said, "I'm your family, Naomi! Wherever you go, I will go. Wherever you live, I will live." (Ruth 1:16) Naomi was so happy that she and Ruth were family, and she had someone to walk with her.

"When they got to town, they were hungry so Ruth found a field nearby and picked some grain so they would have food to eat. This field belonged to a man named Boaz; Naomi was part of his family! Boaz took care of Ruth and Naomi and made sure they had plenty of food to eat!

"God gives us people to call family, and all families can take care of each other. Thank You, God, for giving us family, and friends who are like family! Thank You, God, for everything. **Who can you thank for everything? [Bottom Line] I can thank God for everything.**"