

Today's Suggested Schedule—November 2025, Week 1

Today's Bible Story: I can thank God for family.

Ruth, Naomi, and Boaz • *Ruth 1-2*

Key Question: Who can thank God for everything?

Bottom Line: I can thank God for everything.

Memory Verse: *I will give thanks to the LORD with my whole heart.* (Psalm 111:1 ESV)

Social: Providing Time for Fun Interaction

Ruth Sensory Bin

Ruth Playdoh Mat

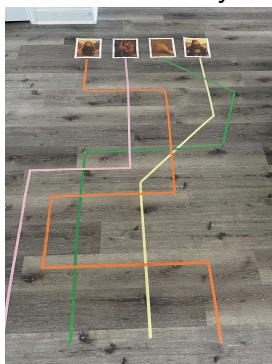
- playdoh

Small Group (25 minutes)

Memory Verse with Motions

Bible Story Review- Follow the Line

- 4 different colors of floor tape
- Make four long tape paths, each in a different color. Make the paths cross over one another to add an extra layer of fun. Place a picture at the end of each path.



Application Activity- Collecting Food

- Pit Balls
- Laundry basket
- Place a food sticker on each ball pit ball, making sure to have a variety.
- Floor tape

Craft- Thank God for Family*

- Crayons
- Craft glue
- Cheerios
- cups

Journal and Prayer

Social Activities

Ruth Sensory Bin

What you Need:

- Large flat bin or sand table
- Dry oats (to represent grain fields)
- Small plastic or wooden people (Naomi and Ruth)
- Plastic scoops or child-safe tweezers
- Small fabric squares or doll clothes (symbolizing traveling or leaving home)
- Mini basket or cup (for gathering grain)
- Smooth stones or felt pathway pieces (to create a “journey path”)

What You Do

Before the Activity:

1. Fill your bin with dry oats. Place Naomi and Ruth figures near one side.
2. Add fabric squares (to represent travel bags), felt or stones to form a simple path, and a small basket.
3. Spread some oats loosely across the bin as “grain to gather.”

During the Activity:

1. Invite children to explore the sensory bin.
2. They can help Ruth and Naomi “travel” along the path, gather grain, and pretend they’re going to a new place.

After the Activity:

1. Gather the group to reflect on Ruth’s bravery and how God gives us courage even when we’re unsure about what’s ahead.

What You Say

Before the Activity:

“Come over here, friends! We’re going to explore a bin filled with oats and surprises. Be gentle with the materials and keep them inside the bin so everyone can play!”

During the Activity:

“Here are two friends—Ruth and Naomi. They had to leave their home and go somewhere new. Can you help them walk on this path? Let’s use the basket to collect some grain for food. That was a brave thing Ruth did—she didn’t know what was going to happen next, but she stayed with Naomi.”

After the Activity:

“In our Bible story, Ruth showed courage. She told Naomi, ‘Where you go, I’ll go!’ Even though she didn’t know what would happen, Ruth trusted God. And God took care of her. God gives us courage too when we feel unsure or scared about what’s next!”

Ruth Play Doh Mat (ONLY North and South Fork due to allergies)

What you Need:

- ☐ Playdoh
- ☐ Playdoh mat and questions

Ruth

THE STORY, RUTH 1-4

THE MAT:

Includes a **frame**, **grain**, a **heart**, and **bread**.



TALK ABOUT:

- * Ruth obeyed God. Ruth stayed with Naomi even though she had to move from her home to Naomi's homeland.
- * God made sure Ruth and Naomi were taken care of. Boaz was kind to them and took care of them.
- * When has God taken care of you?
- * Ask the child the same question.
- * Talk about the Bible verse and remind the child that God is always with us.



WOULD YOU RATHER:

- * Move to a new home or stay where you live?
- * Gather your own food or buy food?
- * Make bread or cook vegetables?
- * Do chores outside on a farm or inside your home?
- * Eat bread or fruit?
- * Rely on God or yourself?



Lesson Activities

1. Memory Verse with Motions

What You Need:

- ☐ No supplies needed

What You Do:

Before the Activity: Say the Memory Verse and demonstrate the motions for the children.

During the Activity: Teach the Memory Verse motions. Invite the children to do them with you several times.

What You Say:

Before the Activity: “Friends, come stand with me, and let me tell you our brand-new Memory Verse! Ready to hear it? It goes like this. ‘I will give thanks *(move flat hand forward from chin)* to the LORD *(point up)* with my whole heart,’ *(tap heart twice)* Psalm 111:1.” *(Open hands like a book.)*

During the Activity: “Now, let’s learn the motions. The first part of our verse says: ‘I will give thanks.’ *(Move flat hand forward from chin.)* Make your hand flat and put your fingertips on your chin like this. *(Place your right hand up to your face with your fingertips resting on your chin.)* Now bring your flat hand out from your face like this *(move flat hand forward from chin)* and say, ‘I will give thanks.’ *(Repeat with children.)* Great job!

“The next part of our verse says: ‘To the LORD.’ *(Point up.)* Put one finger up and stretch it up over your head like this *(point up)* and say ‘to the LORD.’ *(Pause.)* Now let’s put that together. ‘I will give thanks *(move flat hand forward from chin)* to the LORD.’ *(Point up.)* Great job!

“The next part of our verse says: ‘With my whole heart.’ *(Tap heart twice.)* Cross your right hand over your chest and tap your heart two times like this *(reach right hand over chest and tap heart twice)* and say ‘with my whole heart.’ *(Repeat with children.)* Nice job! Now let’s put that together. ‘I will give thanks *(move flat hand forward from chin)* to the LORD *(point up)* with my whole heart.’ *(Tap heart twice.)* Super!

“Now the last part is: Psalm 111:1. *(Open hands like a book.)* Put your hands together in front of you and open them like you are opening a book *(open hands like a book)* and say: Psalm 111:1. *(Repeat with children.)* Great job! I think we are ready to do it all together! Ready friends? ‘I will give thanks *(move flat hand forward from chin)* to the LORD *(point up)* with my whole heart,’ *(tap heart twice)* Psalm 111:1. *(Open hands like a book.)* Nice job. Let’s do it again!” *(Repeat several times.)*

After the Activity: “The Bible teaches us that we can thank God for everything with our whole heart! That means family, friends, food, and people who help us! We can thank God for everything! **Who can thank God for everything? [Bottom Line] I can thank God for everything.**”

2. Bible Story Review- Follow the Line

What You Need:

- “Follow the Line” Activity Page
- Painter’s tape in four different colors



What You Do:

Before the Activity: Make four long tape paths, each in a different color. Make the paths cross over one another to add an extra layer of fun. Place a picture at the end of each path.

During the Activity: Place children in groups of two to three and assign each group a color line to move on. Encourage each group to follow the line to the end, pick up the picture and bring it back. When you have all four pictures, review the Bible Story together. Repeat as time and interest allow.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: “Ooo...look at these colorful lines. I have a fun game we can play with them!”

During the Activity: “First, everyone needs a game group. *(Call two to three children by name.)* Come stand on this [color] line. *(Repeat for each color line.)* Everyone else, sit here *(point)* and watch what they do and cheer them on then you’ll get to go next.

“Okay, when I say follow the line, walk down your line, pick up the story picture at the end of the line, and bring it back. Ready? Follow the line! *(Pause.)* Yay! You found all four pictures! Now let’s look at the pictures together. Come sit with me. *(Hold up Naomi.)* This is Naomi from our Bible Story. *(Lay the picture of Naomi down in front of the children and hold up the picture of Ruth.)* This is Ruth. Ruth chose to be Naomi’s family and go to Naomi’s hometown with her. *(Lay the picture of Ruth beside Naomi and hold up the picture of the grain.)* When Naomi and Ruth got there, Ruth picked up grain behind the workers in the field so she and Naomi would have food to eat. *(Lay the picture of the grain beside Ruth and hold up the picture of Boaz.)* The field where Ruth picked grain belonged to a man named Boaz. Boaz and Naomi were family. Boaz decided to make sure Ruth and Naomi always had food to eat. Yay! Let’s do that again! *(Reset the pictures and pair the remaining children into groups or let groups travel down the another color line.)* Thank you friends for helping review our Bible Story today.”

After the Activity: “Naomi, Ruth, and Boaz thanked God for family. And guess what! We can thank God for family too, because we can thank God for everything! So, when I ask you, **who can thank God for everything, we are going to say, [Bottom Line] I can thank God for everything!** Get ready! **Who can thank God for everything? [Bottom Line] I can thank God for everything. Yay! [Bottom Line] I can thank God for everything!**”

3. Application Activity- Collecting Food

What You Need:

- Ball pit balls
- Food stickers
- Plastic container
- Con-Tact® paper
- Painter's tape

What You Do:

Before the Activity:

Place a food sticker on each ball pit ball, making sure to have a variety. Place the ball pit balls with the food stickers into the container. Place the container on one side of the room. Cut a large square of Con-Tact paper and remove the backing. Place the Con-Tact paper, sticky side up, on the floor opposite the container. Secure the edges of the Con-Tact paper to the floor with tape.

During the Activity: Encourage children one at a time to pick a ball pit ball from the container and roll it across the room. After each child has a turn, walk across the room with all the children. Pick up each ball pit ball collected on the sticky paper and name the food on each. Reset and repeat as desired.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hello, hello friends! Come stand in a line with me. Look in this container, it has lots of ball pit balls in it. *(Pick up one of the ball pit balls.)* They have stickers of food on them."

During the Activity: "Let's play a game and roll the balls across the room to try to get them to stick to the square. We'll take turns. Ready? [Child's name] pick a ball pit ball and roll it. *(Pause.)* Great job! Next friend! [Child's name] your turn! *(Continue with each child.)* Great job friends! Walk with me over here and let's see what we collected. *(Carry the container with you across the room.)* Let's see, we collected *(pick up one ball pit ball and look at the sticker)* a/an [food]! Yum! *(Put the ball pit ball into the container.)* What other foods did we collect? *(Repeat with each of the ball pit balls.)* Let's play again! *(Repeat as desired.)* Wow friends! Thank you for helping me collect all this yummy food!"

After the Activity: "Today in our true story from the Bible, Ruth went with Naomi back to her hometown. Ruth told Naomi "I'm your family, Naomi! Wherever you go, I will go. Wherever you live, I will live." (Ruth 1:16) Ruth and Naomi took care of each other.

"When they got to Naomi's hometown, they were hungry and needed food to eat. A man named Boaz owned a field nearby so Ruth went there to pick some of the grain. When Boaz saw her collecting food and found out that Naomi was a part of his family, Boaz decided to take care of Ruth and Naomi and make sure they had plenty of food to eat! Wow!

"Thank You, God, for giving us people to call family. All families can take care of each other. Thank You, God, for giving us family! Thank You, God, for everything! **Who can thank God for everything? [Bottom Line] I can thank God for everything."**

4. Craft- Thank God for Family*



What You Need:

- “Thank God for Family” Activity Page
- Cheerios® cereal
- Crayons
- Craft glue
- 3-ounce paper cups
- Permanent marker

What You Do:

Before the Activity: Fill the cups halfway with Cheerios, one per child. Write each child's name on their paper.

During the Activity: Encourage children to color their paper then glue the cereal to their paper. Offer children more cereal for a snack.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: “Friends, come to the table and let’s make some story art to help us remember today’s true story from the Bible.”

During the Activity: “Look on your paper. I see Ruth in Boaz’s field collecting grain for her and Naomi. Color your paper and then we’ll add something special to it. *(Pause.)* Great job! Now let’s glue some of this cereal in the field and in a pile next to Ruth. *(Pause.)* Great job friends! Now, here’s a little extra cereal to eat as a snack. *(Pass out additional cereal.)* Let’s thank God for our snack. Say it with me. Thank You, God, for our friends, our food, and for everything. *(With children.)* Thank You, God, for our friends, our food, and for everything.”

After the Activity: “God gave Naomi family like Ruth and Boaz to help her. Ruth walked with Naomi to her hometown and found food for them to eat in Boaz’s field. When Boaz found out that Naomi was part of his family, he decided to make sure they had plenty of food to eat. God gives us people to call family and all families can take care of each other. Thank You, God, for giving us family! Thank You, God, for everything!

Who can thank God for everything? [Bottom Line] I can thank God for everything.”

5. Journal and Prayer

What You Need:

- “Memory Verse Card” from the Home folder
- Bible
- Journal
- Fun-shaped pen

What You Do:

Encourage children to pretend they are picking up grain as you lead them to your Small Group spot. Sit down and gather the children around you.

During the Activity: Review the Bible Story and Memory Verse Hand Motions. Encourage the children to help you make a list in the journal of people they call family.

After the Activity: Pray with the children using the list you made in the journal.

What You Say:

Before the Activity: “It’s Small Group time! Today we are going to pretend we are walking in a field picking up grain, like Ruth did in our Bible Story. Follow me, and let’s pick up some grain! (*Stop a few times, bend down, and pretend to pick up grain as you lead the children to your Small Group spot.*) Great work! Let’s sit down and rest while we talk about today’s Bible Story. One, two, three, sit down with me!”

During the Activity: (*Open the Bible and lay it in front of the children.*) “In our Bible Story today, we heard a story about a family. First, Ruth chose to go with Naomi and be her family. Then, after Ruth and Naomi got to Naomi’s hometown, Ruth picked grain for them to eat. Ruth picked grain from a field that belonged to man named Boaz. When he found out that Naomi was his family, he decided to make sure Naomi and Ruth had plenty of food to eat.

“Do you think Naomi, Ruth, and Boaz thanked God for family? (*Pause.*) Yes! Naomi, Ruth, and Boaz thanked God for family, and we can thank God for family too, because we can thank God for everything! That’s why when I ask you, **who can thank God for everything**, everyone will say, **[Bottom Line] I can thank God for everything! Who can thank God for everything? [Bottom Line] I can thank God for everything!**

“Yes! There are SO many things we can thank God for! It’s like the world is a GIGANTIC picnic, and everywhere we look we see amazing and wonderful things we can thank God for with our whole heart.

“Hey! That reminds me of the new Bible verse we are learning today! It says, ‘I will give thanks (*move flat hand forward from chin*) to the LORD (*point up*) with my whole heart,’ (*tap heart twice*) Psalm 111:1. (*Open hands like a book.*) Let’s stand up and say that Bible verse together! Just say what I say and do what I do! ‘I will give thanks (*move flat hand forward from chin*) to the LORD (*point up*) with my whole heart,’ (*tap heart twice*) Psalm 111:1. (*Open hands like a book.*) Yay! (*Clap.*)

“Do you know what I want to thank God for right now? (*Pause.*) Thank You, God, that we can learn Bible verses together! Now let’s sit down so we can write in our prayer journal and talk to God. (*Open journal.*) Since one of the many things we can thank God for is family, we are going to make a list of

people we call family in our prayer journal. Then we can use the list when we pray. When I say your name, tell me one person you call family, and I will write it in our journal.” *(Remember to print, as you write in the journal, so the children can recognize their names and the letters.)*

After the Activity: “This is a list of very special people we call family. *(Hold up journal.)* Let’s pray and thank God for them. Would anyone like to pray before I pray? *(Give each child who wants to pray the opportunity to do so.)* Dear God, Thank You for stories in the Bible that teach us about You and how we can thank You for everything. Today, we want to thank You for family. Thank You for [child’s name]’s [name of person they listed]. Thank You for... *(say this with each child’s name and what they listed)*. Please help us give thanks to You with our whole heart every day. We love You, God! In Jesus’ name. Amen.”