

## Today's Suggested Schedule— October 2025, Week 2

**Today's Bible Story:** David and Goliath • *1 Samuel 17:1-50*

I can be brave because God is with me.

**Key Question:** Who can help you be brave?

**Bottom Line:** God can help me be brave.

**Memory Verse:** *"Be strong and courageous. Do not be afraid ... for the LORD your God goes with you" (Deuteronomy 31:6 NIV).*

### Supplies NOT included in the Activity Bags

#### Social/Table Time Before Large Group:

David and Goliath Sensory Bin

- Blue or brown shredded paper

David and Goliath Play Doh Mat (**NOT AT WALKERTOWN due to allergies**)

- playdoh

Big and Small

- Large pom poms

#### After Large Group

Memory Verse Activity-Super Kid Flyover

Bible Story Activity- David and Goliath

- Crayons
- Clear tape
- Permanent marker

Application Activity- Super Brave Adventure

- Scarves
- Plush animals

Craft- Super Kids Shield

- Crayons/dot markers
- Clear tape

Journal and Prayer

## **Social/Table Activities Before Large Group**

### **1. David and Goliath Sensory Bin**

#### **What You Need:**

- Blue or brown shredded paper

#### **What to Say:**

- Talk about the pictures using the story sequence above.
- Do you relate more to David's older brothers or David?
- Would you have been scared of Goliath?
- Why wouldn't anyone fight Goliath?
- How did David show he trusted God?
- What do you think Goliath thought of David?
- Talk about situations when God has helped you.
- Ask the child when God has helped him/her.

### **2. David and Goliath Playdoh Mat (NOT AT WALKERTOWN due to allergies)**

#### **What You Need:**

- playdoh

#### **What to Say:**

Use the guide on the mat to play and talk about the story.

### 3. Big and Small

#### What You Need:

- Large and small pom-poms in a variety of colors

#### What You Do:

*Before the Activity:* Put pom-poms in the middle of the table.

*During the Activity:* Invite children to sort them into groups of big and small.

#### What You Say:

*Before the Activity:* “Come to the table and see what we get to play with today. *(Pause.)* Look at all these colorful pom-poms!”

*During the Activity:* “I see some big pom-poms and some small ones, they’re all mixed together. I have an idea! Let’s separate the big ones into a pile and the small ones into another pile. Will you help me? *(Pause for responses.)* Great! Let’s get started! *(Pause.)* Wow, great job! Look, all the big ones are over here. *(Point to pile.)* And all the small ones are over here. *(Point to pile.)* That’s a lot of pom-poms! Thank you for helping me sort them into big piles and small piles.”

*After the Activity:* “In today’s true story from the Bible, we’re going to hear about a small boy named David, and a really, really big man named Goliath. We’ll hear how God helped David be brave against Goliath. Are you ready to hear our Bible Story? Me too. Let’s go!”

#### Inclusive Pro-Tips:

- Offer a small portion for each child and allow them to create their own big and small piles.
- Pair children up, allowing them to help one another and making the activity more accessible for kids who may need extra guidance.

## After Large Group

### 1. Memory Verse Activity- Super Kid Flyover

**What You Need:** No supplies needed

**What You Do:**

*Before the Activity:* Gather children together in the open space of the activity area. Review the Memory Verse with the motions. Invite the children to stand in a line against a wall in the room.

*During the Activity:* Say the verse together then call out one child out a time and encourage them to "fly" like superheroes. Continue with each child. Repeat as desired.

*After the Activity:* Connect the Memory Verse to the Bottom Line.

**What You Say:**

*Before the Activity:* "Friends, come over here and let's do the motions as we say our Memory Verse. Ready? 'Be strong and courageous. (Muscle arms) Do not be afraid . . . (cross and uncross hands) for the Lord your God (flat hand with thumb to forehead, pull down) goes with you, (march in place) Deuteronomy 31:6. (Open hands like a book.) Fantastic! Everyone, go stand against that wall. I have a fun game where we get to practice our memory verse AND be brave super kids, just like David! When I say your name, you get to fly to me like a superhero!"

*During the Activity:* "Let's say our verse together! When I call your name, be brave and fly over like a superhero! 'Be strong and courageous... for the Lord your God goes with you,' [Child's name]! Fly like a superhero [child's name]! (Pause.) Great job! Let's do that again and bring another super kid over! (Continue with each child.) Look at all our super brave super kids!" (Repeat as desired.)

*After the Activity:* "You were all so brave, just like David! God helped David be brave to go against the giant, Goliath. David was courageous because he knew that God was with him. God helped David be brave and God can help you be brave too! **Who can help you be brave? [Bottom Line] God can help me brave.**"

**Inclusive Pro-Tips:**

- If a child has limited mobility, encourage them to signal their turn by raising their hand or making a fun superhero pose instead of running across.
- Some children may not feel comfortable running or being in the spotlight. Give them the option to "fly" in place, clap along, or cheer for their friends instead.

## 2. Bible Story Review- David and Goliath



### What You Need:

- “David” Activity Page
- “Goliath” Activity Page
- “David and Goliath Fun at Home” Activity Page
- Crayons
- Clear tape
- paper bags
- Permanent marker

### What You Do:

*Before the Activity:* Write each child’s name on their bag.

*During the Activity:* Encourage children to color their papers. Help roll each child’s papers into tubes and secure with a piece of tape. Ask children to use their David and Goliath tubes to reenact the story as you say the story rhyme.

*After the Activity:* Connect the Bottom Line to the Bible Story.

### What You Say:

*Before the Activity:* “Super friends, come sit with me at the table and let’s make some story art!”

*During the Activity:* “Today we heard the story of a young boy named David (*hold up the David picture*) and a big man named Goliath. (*Hold up the picture of Goliath.*) Color your pictures. (*Pause.*) Great, now we can make them into tubes so they can stand like this. (*Roll each child’s pictures and tape to secure.*) Now you can play with them as I tell our story in a fun way.

“David was a young boy, he was kinda small.  
Goliath was a giant; he stood very tall.

“David trusted God, and that made him brave.  
He walked out to Goliath on the battlefield one day.

“David took his sling and five smooth stones.

He looked up at Goliath, while the crowd looked on.

“He said, ‘You have your weapons. They’re as big as big can be!  
But I am not afraid of you! God is with me!’

“David ran towards Goliath. He twirled his sling around.  
Then to everyone’s surprise, Goliath fell to the ground!

“David was a super kid. God helped him be brave.  
I can be a super kid too! God is with me every day!”

*After the Activity:* “God helped David be brave and face the giant, Goliath, when no one from God’s army would. David went out on the battlefield to face Goliath and Goliath got angry. David put a stone in his sling and hurled the stone as hard as he could! The stone hit Goliath in his forehead, and he fell down. David did it! God was always with David, and God helped David be brave! God is always with you and God can help you be brave too! **Who can help you be brave? [Bottom Line] God can help me be brave.**”

### 3. Application Activity- Super Brave Adventure

#### What You Need:

- Plush toys
- Scarves

#### What You Do:

*Before the Activity:* Ask children to pick a plush toy. Tie the plush around their waist, leg, or wrist depending on size of toy. Tell children they need to take their plush friend on a brave adventure with you around the room.

*During the Activity:* Encourage children to walk to different spots in the room—like the wall and back, to a chair, or to another friend—crawl under the table, etc. As children move, remind them that their plush is staying with them, just like God stayed with David when he was brave.

*After the Activity:* Connect the Bottom Line to the Bible Story.

#### What You Say:

*Before the Activity:* “Hello friends! Today, we’re going on a super brave adventure, and everyone gets to take a plush friend with them! Pick one of these plush friends and I’ll tie it around you. Like a three-legged race! (*Ask children where they’d like for you to tie their plush—leg, waist, or wrist.*) Now they can go everywhere you go! Just like David had to be brave and trust that God was with him, we are going to practice being brave too! Let’s go!”

*During the Activity:* “Walk to the wall and back. (*Pause.*) Was your plush friend with you the whole time? (*Pause for responses.*) Yes! Now, let’s try hopping to another spot while keeping your friend with you! (*Pause.*) Look at that! Is your plush friend with you? (*Pause.*) Wow! Your plush friend stayed with you everywhere you went. That was so fun! Let’s sit down and I’ll untie them, and you can both rest.” (*Untie each and let children put them in their lap.*)

*After the Activity:* “We were brave and took our plush friend all over the room with us today! Can your plush friend *always* be with you? (*Pause for responses.*) No... but do you know who is ALWAYS with you no matter where you go? (*Pause for responses.*) God! That’s right! God is always with you and can help you be brave. Just like God was with David, God is always with you and will help you be brave!

**Who can help you be brave? [Bottom Line] God can help me be brave!”**

#### Inclusive Pro-Tips:

- For children with mobility challenges, allow them to move in ways that suit their needs, such as rolling a wheelchair, crawling, or moving on their knees. This ensures they can participate in the adventure, along with their peers.
- Pair up children who may need extra help and encourage them to assist each other during the activity. This promotes teamwork and ensures all children feel included and supported.

#### 4. Craft- Super Kid Shield



##### What You Need:

- “Super Kid Shield” Activity Page
- Strips of construction paper
- Dot markers
- crayons
- Clear tape
- Permanent marker

##### What You Do:

*Before the Activity:* Write each child’s name on their paper.

*During the Activity:* Encourage children to decorate their shield. Help tape the paper roll on the back of each child’s shield. Ask children to hold their shields as you review the Bible Story.

*After the Activity:* Connect the Bottom Line to the Bible Story.

##### What You Say:

*Before the Activity:* “Hello, Super Kids! I’m so happy to see you today! Come sit at the table and let’s make a Super Kid Shield!”

*During the Activity:* “Use the crayons or dot markers to decorate your shield. *(Pause.)* Wow! These look great! Now let’s add a handle to the back so it’s easy for you to hold. *(Place a paper roll on the back of each child’s shield and tape to secure.)* Now, everyone hold up your shields and say **[Bottom Line] God can help me be brave.** *(With children.)* **[Bottom Line] God can help me be brave.** Hold your Super Kid Shields as we talk about today’s Bible Story.

*After the Activity:* “Today we learned a story about a boy named David. David was brave and faced a giant named Goliath. This is a true story that you can read about in the Bible!

“Every day, Goliath would shout at God’s army, “Who’s gonna face me?” Everyone in God’s army was scared and wouldn’t face Goliath. But one day, David came to the battlefield and heard Goliath. He was surprised no one from God’s army was brave enough to face Goliath, but David was because he knew that God was with him and would help him be brave. David went out on the battlefield to face Goliath and said, “Goliath, you come at me with all your big weapons, but GOD is with me!” David threw one stone as hard as he could in his sling. It hit Goliath in the middle of his forehead, and big Goliath fell down! David did it! God was always with David, and God helped David be brave! God is always with you, and God can help you be brave, too. **Who can help you be brave? [Bottom Line] God can help me be brave.”**



## 5. Journal and Prayer

### What You Need:

- Bible
- Journal
- Fun-shaped pen

### What You Do:

*Before the Activity:* Encourage the children to make a super kid pose as you lead them to your Small Group spot. Sit down and gather the children around you.

*During the Activity:* Review the Bible Story and Memory Verse Hand Motions, then encourage the children to help you make a list in the journal of places they go to.

*After the Activity:* Pray with children using the list you made in the journal.

### What You Say:

*Before the Activity:* “It’s Small Group time! And since you are super kids, we are going to make a super kid pose while we walk to our Small Group spot! Do what I do and close one fist, like this. Now put it on your hip. Then close your other fist and hold it high in the air, like this! (demonstrate) There you go! Keep making your super kid pose and follow me! (*Make the super kid pose as you lead the children to your Small Group spot.*) We made it, super kids! Let’s sit down so we can talk about today’s Bible Story. One, two, three, sit down with me!”

*During the Activity:* (*Open the Bible and lay it in front of the children.*) “In our Bible Story, today, young David was super brave to walk out and face the giant Goliath! David had a sling and some stones, but that’s not what made David so brave. Do you remember WHO was with David that made David so brave? (*Pause.*) David was brave because he knew that GOD was with him! Knowing that God is bigger than anything and that God was always with him helped David be brave. And guess what! God can help you be brave too! That’s why when I ask, **Who can help you be brave?** you say, **[Bottom Line] God can help me be brave!** Stand up and make a super kid pose and let me hear you say it! **Who can help you be brave? [Bottom Line] God can help me be brave!** Again! **Who can help you be brave? [Bottom Line] God can help me be brave!** Yay! **[Bottom Line] God can help me be brave!**

“God helped David be strong and courageous. That’s another way of saying God helped David be brave. The Bible verse we are learning says, ‘Be strong and courageous. (*Muscle arms*) Do not be afraid . . . (*cross and uncross hands*) for the Lord your God (*flat hand with thumb to forehead, pull down*) goes with you,’ (*march in place*) Deuteronomy 31:6. (*Open hands like a book.*) Let’s stand up, again, and say that Bible verse together! Just say what I say and do what I do! ‘Be strong and courageous. (*Muscle arms*) Do not be afraid . . . (*cross and uncross hands*) for the Lord your God (*flat hand with thumb to forehead, pull down*) goes with you,’ (*march in place*) Deuteronomy 31:6. (*Open hands like a book.*)

“Wow! That was SUPER! (*Give each child high fives.*) Now let’s sit down so we can write in our prayer journal and talk to God. (*Open journal.*) Knowing that God was with him wherever he went helped David be brave. Let’s make a list of places we go to in our prayer journal. Then we can use the list when we pray. When I say your name, tell me a place you go to, and I will write it in our journal.” (*Remember to print, as you write in the journal, so the children can recognize their names and the letters.*)

*After the Activity:* “We go to a lot of places! *(Hold up journal.)* Let’s pray and ask God to help us be brave. Would anyone like to pray before I pray? *(Give each child who wants to pray the opportunity to do so.)* Dear God, only You have the power to always be with us wherever we go. Please help *(say each child’s name)* remember that we don’t have to be afraid. We can be brave, because You are always with us! When we go to the *(name a place on the list)*, You are there! When we go to the *(name a place on the list)*, You are there! When we go to... *(keep saying this with each place on the list)*. You are awesome, God, and we love You! In Jesus’ name. Amen.”