



Grace United Mentorship Playbook

A Step-by-Step Training Guide for Mentorsⁱ

Session 1 – Abide

CARE: Share your story of coming to faith. Invite them to share theirs.

ACCOUNTABILITY: Light introduction – ask, “How has your walk with God been so far?” Keep it encouraging.

INVESTMENT: Explain what this mentorship journey will look like (Big Five Rhythm). Introduce the three guiding questions that will be used weekly:

1. How’s your walk with God?
2. Where are you fighting temptation?
3. What did you do with last time’s truth?

TRUTH: Read *John 15:1–8* together (abiding in Christ). Walk through SOAP together for the first time. Introduce **BibleProject.com** (for exploring passages and books of the Bible) and **AskQuestions.com** (for exploring faith questions) as resources to use throughout the mentorship journey.

- **Homework:** SOAP *Psalms 1*. Explore it on BibleProject.com and/or askquestions.com.

PRAYER: Thank God for bringing you together. Pray for trust and growth.

Focus: Establish relationship, introduce rhythm, and begin abiding in Christ.

Session 2 – Grow

CARE: Share highs and lows of the week.

ACCOUNTABILITY: Use the three guiding questions weekly.

INVESTMENT: Share your personal devotional rhythm (Bible, prayer, journaling). Model what consistent time with God looks like.

TRUTH: SOAP *Psalms 1* together (review homework).

- **Homework:** SOAP *1 John 1:5–9*. Explore it on BibleProject.com and/or askquestions.com.
- **PRAYER:** Pray for consistency in daily habits.

Focus: Begin practicing daily disciplines and gentle accountability.

Session 3 – Confess

CARE: Emotional check-in. What's been heavy or light this week?

ACCOUNTABILITY: Use the three guiding questions weekly. Model honesty by sharing one of your own struggles.

INVESTMENT: Talk about the importance of confession and grace. Share how God has met you in weakness.

TRUTH: SOAP *1 John 1:5–9* together.

- **Homework:** SOAP *Philippians 2:1–11*. Explore it on BibleProject.com and/or askquestions.com.

PRAYER: Practice confession and assurance in prayer.

Focus: Normalize honesty and grace in the relationship.

Session 4 – Reflect

CARE: How is your heart right now? What's been heavy or light this week?

ACCOUNTABILITY: Use the three guiding questions weekly. Celebrate small wins.

INVESTMENT: Discuss what's been most helpful or difficult about using SOAP personally. Help them move from practicing a method to meeting with God through His Word.

TRUTH: SOAP *Philippians 2:1–11* together.

- **Homework:** SOAP *James 1:22–25*. Explore it on BibleProject.com and/or askquestions.com.

PRAYER: Pray for Christlike humility in daily life.

Focus: Deepen their relationship with God through reflection and obedience.

Session 5 – Live

CARE: Check in personally.

ACCOUNTABILITY: Use the three guiding questions weekly. Follow up on their SOAP practice and application.

INVESTMENT: Share a story where faith shaped a real-life decision.

TRUTH: SOAP *James 1:22–25* together.

- **Homework:** SOAP *Philippians 4:4–7*. Explore it on BibleProject.com and/or askquestions.com.

PRAYER: Ask God for courage to live out convictions.

Focus: Move from hearing truth to living it out.

Session 6 – Pray

CARE: Ask how they've experienced God this week.

ACCOUNTABILITY: Use the three guiding questions weekly. Review their walk and prayer life.

INVESTMENT: Teach simple ways to pray throughout the day (breath prayers, gratitude, quick prayers in need).

TRUTH: SOAP *Philippians 4:4–7* together.

- **Homework:** SOAP *Matthew 28:18–20*. Explore it on BibleProject.com and/or askquestions.com.

PRAYER: Spend extended time praying together using A.C.T.S. (Adoration, Confession, Thanksgiving, Supplication).

Focus: Expand prayer beyond meetings into daily life.

Session 7 – Share

CARE: Share highs and lows. Ask if they've had chances to encourage someone else.

ACCOUNTABILITY: Use the three guiding questions weekly.

INVESTMENT: Share how you began discipling or encouraging others. Encourage them to look for someone to bless.

TRUTH: SOAP *Matthew 28:18–20* together.

- **Homework:** SOAP 2 *Timothy 2:1–2*. Explore it on BibleProject.com and/or askquestions.com.

PRAYER: Pray for boldness to share faith and serve others.

Focus: Introduce multiplication—faith is meant to be shared.

Session 8 – Multiply

CARE: Reflect on their journey so far. What has changed in their heart or life?

ACCOUNTABILITY: Use the three guiding questions weekly. Celebrate growth and progress.

INVESTMENT: Affirm their gifts and discuss next steps in serving or leading.

TRUTH: SOAP 2 *Timothy 2:1–2* together.

- **Homework:** Begin an independent SOAP rhythm, choosing a new book (Mark, John, or Philippians). Continue exploring on BibleProject.com and AskQuestions.com.

PRAYER: Pray a commissioning prayer—asking God to continue His work and use them to bless others.

Focus: Celebrate growth and encourage ongoing mentorship with others.

Ongoing Rhythm

After Session 8, continue meeting – if you choose - using the **Big Five Rhythm** each time:

CARE

ACCOUNTABILITY (use the three guiding questions weekly)

INVESTMENT

TRUTH

PRAYER

The goal is not only personal growth but multiplication—that every mentee becomes a mentor in time.

ⁱ You can also use “Multiply” by Francis Chan. It is 24 sessions long. You can do 2 at a time for 12 session, or 3 at a time for 8 sessions.