

## Grace Groups: True-ish

Theme: Common cultural “truths” sound almost right—but fall just short of God’s truth revealed in Christ.

Texts: John 18:37-38 | Philippians 2:3-4

### Goal of Group

1. Prayer (seek God together)
2. Connection (share life and listen well)
3. Questions (engage Scripture and sermon themes)

*Leader Reminder: Don’t sacrifice the first two in order to rush through all the questions.*

### Warm-Up

Share a time you believed something that sounded true—but turned out to be false. How did you find out? *Keep it lighthearted if you’d like. Think of childhood myths, viral “facts,” or funny misunderstandings. This sets a tone of honesty and openness before diving into truth vs. deception.*

### Dig Deeper

*Leader Reminder: These questions are a tool, not a checklist. Please pick and choose the ones that best serve your group. You will not cover them all.*

1. Pilate asked Jesus, “What is truth?” (John 18:38). How does our culture today wrestle with that same question? *(Note: Encourage discussion about “my truth” culture. Help people identify where preference or feeling has started to replace God’s Word as their guide.)*
2. Proverbs 14:12 warns, “There is a way that seems right to a man, but its end is death.” Where have you seen “what feels right” lead to pain or confusion—personally or culturally? *(Note: Keep tone gracious, not judgmental. Encourage personal examples rather than political or cultural rants.)*
3. Philippians 2:3–4 says, “Do nothing out of selfish ambition... but consider others more significant than yourselves.” How does that command confront the message of “self-love” and “put yourself first”? *(Note: Emphasize balance—self-care is good when it recharges us to love others. Explore the heart motives behind self-focus vs. self-denial.)*
4. Jesus said, “Whoever wants to be My disciple must deny themselves, take up their cross, and follow Me.” (Matt. 16:24) What does healthy self-denial look like in everyday life—work, relationships, or faith?

## **Application**

- What's one area where following Jesus' example of humility could change how you relate to others this week? (*Model vulnerability for the group. Encourage practical, specific responses rather than abstract ideals.*)

## **Prayer**

Thank God that Truth is a Person – Jesus Christ. Pray for courage to follow His truth and humility to love others like He does.