

# **At The Table**

## **A Personal Study Workbook**

### **Rediscover Church**

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## **Section 1: It All Starts At the Table**

### **Main Teaching Summary:**

Jesus begins His invitation with a meal. From His first miracle to His final moments, Jesus chose to reveal Himself at the table. The table represents more than food; it is a place of relationship, revelation, and restoration. Revelation 3:20 invites us to open the door and let Him in to share a meal as friends.

### **Key Scriptures:**

- Revelation 3:20
- Matthew 23:37
- Mark 2:13-17

Write out one or more of these scriptures below:

### **Reflection Questions:**

Why do you think Jesus made meals such a central part of His ministry?

How does your personal relationship with Jesus begin or deepen around the table?

### **Personal Application:**

Think about what it would look like for you to regularly 'dine' with Jesus. Write one step you can take this week to intentionally meet with Him.

### **Prayer Prompt:**

Jesus, thank You for knocking on the door of my heart. I open it to You today. I want to sit with You, hear Your voice, and grow in relationship with You.

## **Section 2: The Table as a Transformational Agent**

### **Main Teaching Summary:**

The table isn't just symbolic it's transformational. Jesus affirmed identity, released healing, restored purpose, and spoke destiny around meals. What happens at the table impacts the future.

### **Key Scriptures:**

- Luke 22:31-32
- John 14:15-18
- Luke 14:16
- John 21:15-17

Write out one or more of these scriptures below:

### **Reflection Questions:**

Which of the four transformations (affirmation, identity, healing, purpose) do you most need in this season?

How have you experienced God's transformation in your life?

### **Personal Application:**

Choose one of the areas of transformation and write down how you will pursue that at Jesus' table.

### **Prayer Prompt:**

Lord, thank You that the table is a place of healing and transformation. Do a deep work in me as I meet with You.

## **Section 3: Who Is at Your Table?**

### **Main Teaching Summary:**

Jesus didn't call us to eat alone. Like Matthew, once we've encountered Jesus, we're called to bring others to the table. Discipleship is about expanding the table and intentionally including others.

### **Key Scriptures:**

- Mark 2:15

- John 13:45

- John 13:14

Write out one or more of these scriptures below:

### **Reflection Questions:**

Who are you inviting to your table?

What distractions keep you from seeing and serving others like Jesus?

### **Personal Application:**

Write down the name of someone you feel called to invite into deeper relationship or discipleship.

### **Prayer Prompt:**

Jesus, help me not just receive at the table, but to bring others to it. Show me who needs to be invited to know You.

## **Section 4: Application Be One, Make One**

### **Main Teaching Summary:**

Discipleship begins personally but expands relationally. Be one follow Jesus faithfully. Make one invite others to the table and invest in their growth. Use tools like the Highlighter Prayer to identify people you can pour into.

### **Key Scriptures:**

- Matthew 28:19-20

- John 13:34-35

- John 4:35

Write out one or more of these scriptures below:

### **Reflection Questions:**

Are you currently being discipled and discipling someone else?

Who might God be highlighting for you to reach and invest in?

### **Personal Application:**

Commit to pray the Highlighter Prayer daily this week and write down the name(s) of those God highlights to you.

### **Prayer Prompt:**

Father, use me to make disciples. Show me who You want me to reach. I'm willing to make time and expand my table.