

## **ANNOTATED BIBLIOGRAPHY (Resources on Parenting and Families)**

**Anthony, Michelle. *Spiritual Parenting: An Awakening for Today's Families*. David C. Cook, 2010**

This book helps you create spiritual rhythms in your everyday life. You can put focus on creating a home environment that creates a culture of dependence on God. Focusing on 10 environments to make a priority in your home.

**Burns, Jim. *Doing Life with Your Adult Children: Keep Your Mouth Shut and the Welcome Mat Out*. Zondervan, 2019.**

As your child has left or is leaving the nest, you may feel the tension of "What's next?" What does your relationship look like now that they are grown up? This book provides a great strategy for parenting post-High School and developing a deeper relationship with your adult children.

**Chapman, Gary, and Ross Campbell. *The 5 Love Languages of Children*. Northfield, 2012.**

"Every child has a unique way of feeling loved. When you discover your child's love language and how to speak it, you can build a solid foundation for your child to trust you and flourish as they grow." This book describes the different love languages of children and gives examples of how to love in each language.

**Goff, Sissy. *Raising Worry-Free Girls: Helping Your Daughter Feel Braver, Stronger, and Smarter in an Anxious World*. Bethany House, 2019.**

Our world and constant information and communication are an anxious society to raise kids in. Girls specifically. This book is practical and gives ways to instill confidence and bravery in your daughter. Understanding development will help you understand your daughter and her fears!

**Goff, Sissy, and Melissa Trevathan. *All You Need to Know About Raising Girls*. Zondervan, 2007.**

With a focus on love and raising your daughter in a complex world, this book will give you insights into your daughter's development, both physically and emotionally. "Raising Girls will help you encourage your daughter, challenge her, love her, and help her discover who God is creating her to be."

**James, Steven, and David Thomas. *Wild Things: The Art of Nurturing Boys (A Practical and Encouraging Guide to Parenting)*. Tyndale, 2009.**

This book is a must-read! It does a great job explaining the development of Boys in a way that makes sense and gives the opportunity to connect on a deeper level with our sons. This book gives developmental strategies to help boys succeed in all areas of life.

**Joiner, Reggie, and Carey Nieuwhof. *Parenting Beyond Your Capacity: Connect Your Family To A Wider Community*. David C. Cook, 2010**

This book discusses how to make the most of a parent's relationship with the church. By giving five vital family values to raising children who have thriving relationships with God, it allows parents to not feel so alone in parenting as they grow the influences in their children's lives.

**Joiner, Reggie, and Kristen Ivy. *Don't Miss It: Parent Every Week Like it Counts*. Orange, 2016.**

A short read but profound insight. Making the most of your time with your children is vital to their future relationship with you and Christ. Focus on how you are parenting now, so it can change how they live later.

**Joiner, Reggie, and Kristen Ivy. *Phase Guides: a Guide to Making the Most of Every Phase*. Orange, 2017.**

Need to know how to survive the 3-year-old tantrums or the 13-year-old attitude? Check out these phase guides for every age as your child experiences new things, new ways of learning, and new struggles each year!

**Mulvihill, Josh. *Equipping Grandparents*. Bethany House, 2018.**

Parents aren't the only ones raising children today; Grandparents are key to helping raise children to have a deep relationship with God. Check out this book for equipping Grandparents and to find more resources!

**Powell, Kara, and Art Bamford, and Brad M. Griffin. *Every Parent's Guide to Navigating our Digital World*. Fuller Youth Institute, 2015.**

This generation is growing up in an increasingly digital world. From phones to tablets, to AI and VR, we need help navigating these digital waters. This book is designed to help you help your children to be responsible digital citizens.

**Scroggins, Jimmy and Kristin. *Full Circle Parenting: A guide for crucial conversations*. BH Publishing, 2021.**

Parenting isn't something that there is one formula to do perfectly. Every child has different needs, personality, and struggles. The best we can do is walk with our children through these struggles and crucial conversations. The Scroggins give us a template for conversations and how to touch tough topics with our children.

**Smith, Timothy. *52 Creative Family Time Experiences*. Randall House, 2012.**

Finding fun and creative ways to bring faith conversations into your home doesn't have to be hard! This resource by Timothy Smith gives you every activity from Game Night to Movie Nights to help make faith more active for your kids!

**Thomas, David. *Raising Emotionally Strong Boys: Tools Your Son Can Build on for Life*. Bethany House, 2022.**

This book helps you to set strong boundaries for your son that allow him to flourish as a boy and eventually a man of God. Helping boys regulate emotions, learn, and thrive as they were created.

**Tripp, Paul David. *Parenting: 14 Gospel Principles That Can Radically Change Your Family*. Crossway, 2016.**

Being a parent is a calling, not a burden, but there are times it can feel that way. How can you view your parenting and your children so that you can parent with vision and joy? This book gives 14 principles to help! Check it out!