

CACFP Weekly Menu November 24-25, 2025

				Monday	Tuesday	Wednesday	Thursday	Friday
Meal	Component	Ages 1-2	Ages 3-5					
Breakfast	Milk	1/2 cup	3/4 cup	Milk	Milk			
	Fruit/Vegetables	1/4 cup	1/2 cup	Bananas Toddlers /100% Apple Juice for 3yrs and up	Peaches			
	Grain/Meat*	1/2 oz eq	1/2 oz eq	(WG) Whole Grain Cheerios	Muffins			
Lunch	Milk	1/2 cup	3/4 cup	Milk	Milk			
	Vegetables	1/8 cup	1/4 cup	Baked Beans	Corn			
	Fruit*	1/8 cup	1/4 cup	Applesauce	Peaches			
	Grain	1/2 oz eq	1/2 oz eq	Bread/Buns	Pizza Crust			
	Meat/Meat Alternative	1 oz	1 1/2 oz	Chicken	Cheese	Closed for Thanksgiving	Closed for Thanksgiving	Closed for Thanksgiving
	SERVING			(CN) Chicken Sandwiches	(CN) Cheese Pizza			
Snack	Milk	1/2 cup	1/2 cup	Milk	Milk			
	Fruit	1/2 cup	1/2 cup					
	Vegetables	1/2 cup	1/2 cup					
				Animal Crackers	(WG) Graham Crackers			
	Grain	1/2 oz eq	1/2 oz eq					
	Meat/Meat Alternative	1/2 oz	1/2 oz					

Meat and meat alternatives may be served in place of the entire grains components at breakfast a maximum of three times per week.

The fruit component at lunch may be substituted by an additional vegetable.



Age 1 serve whole milk
Age 2-18 serve 1% or fat free
CN+ Child Nutrition Label



At least one meal ingredient per day
must be whole grain-rich
HM=Home Made CACFP=Child and Adult Care Food Program



One 8oz glass of water per year of age
until 8 years old.
8yrs old + 6-8 glasses per day