

**Text:** *Psalm 84:5-7*

1. Think of a time when waiting was hard for you? Why was it so difficult?
2. When we look for God, we can find Him, but sometimes God tells us to wait on Him. What does it mean to wait on God?
3. The Psalmist tells us that we are blessed when we place our strength in God. How could the writer feel blessed and happy when Jerusalem and the Temple were laying in ruins?
4. God's ready to give "different kinds of strength," depending on our immediate need. What kind of strength do you need from God right now? (Cross reference Elijah with God, 1 Kings 19:9-13)
5. The Psalmist describes passing through the Valley of Baka (Baca), also known as the Valley of Weeping. When did you last travel through your own valley of tears. Explain.
6. How did the Psalmist allow God to turn a valley of weeping into pools of refreshment? How can we allow God to use our pain right to become a gift of refreshment and strength?
7. The Psalmist tells us that those who trust in God will "go from strength to strength." What does he mean? How can a person go from strength to strength?
8. Describe a time in your life when "strength began to rise" as you reached out to God for help?
9. How can we overcome the temptation to give up when we're waiting on God to answer our prayers?
10. What are you waiting on God to do in your life right now? How will you choose to wait on God until He answers?