



# *The Me I See*

## **Pt. 3: When What You Do Doesn't Feel Good Enough**

**September 21, 2025**

### **Key Scripture**

*"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."*

*Matthew 5:13-16 NIV*

### **Start Talking: Find a conversation starter for your group.**

- What did you want to be when you were growing up?

### **Start Thinking. Ask questions to get your group thinking.**

- Read **Matthew 5:13-16**. What stands out to you in this passage? What does it tell you about who you're called to be as a follower of Jesus?
- What are some words you would use to describe yourself? Do these words reflect who you are in Christ? Why or why not?

### **Start Sharing. Choose questions that create openness.**

- Have you ever experienced a time when you forgot who you were? How did that influence the way you lived and the decisions you made?
- How are you currently living in your identity as the salt of the earth and light of the world? Share one way you can share Jesus' love this week.

### **Start Praying. Be bold, and pray specifically.**

*Father, thank You for caring more about who we are than what we do. Remind us that we are the salt of the earth and light of the world. Show us how we can share Your good news with the people around us. Please help us walk confidently in who You've created us to be. In Jesus' name, amen.*

### **Start Doing. Commit to a step, and live it out this week.**

- Find a small way to share God's light with those around you this week. Share your ideas and experiences with your Connect Group.
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.