



The Me I See

Part 1: Facing Your Self-Doubts

September 7, 2025

Key Scripture

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. Ephesians 2:10 NLT

Additional Scriptures

- *Ephesians 2:1-5 NLT*
- *Psalms 139:13-16 NIV*
- *Romans 8:28 NIV*

Start Talking: Find a conversation starter for your group.

- Name some of your favorite things or "masterpieces."

Start Thinking. Ask questions to get your group thinking.

- In what ways do you feel like a masterpiece and in what ways do you not?
- Read Ephesians 2:10. God says you are His masterpiece. How does this truth make you feel? What does it tell you about God?

Start Sharing. Choose questions that create openness.

- When did you first realize your need for a Savior? What was that experience like?
- God has given all of us purpose. Before we were born, He set aside good things for us to do. What are some of the "good things" God has called you to do? Consider the big things and the small things.

Start Praying. Be bold, and pray specifically.

Father, thank You for making us Your masterpieces. Please help us to see ourselves as Your precious creation. We believe that You've created us for good works. Show us our "good works," so we can fully step into the life You've given us. In Jesus' name, amen.

Start Doing. Commit to a step, and live it out this week.

- Spend time reflecting on Ephesians 2:10 this week. Journal the ways you see yourself as a unique masterpiece created by God.
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.