

# ASSUMPTION CULTURAL CENTER

# Winter 2026

Assumption Cultural Center | 21800 Marter Road | St. Clair Shores, MI | 48080 | [www.assumptionculturalcenter.org](http://www.assumptionculturalcenter.org)

## ASSUMPTION HAPPENINGS | (586) 779-6111

### TRAVEL WITH ASSUMPTION Louisville, Kentucky Spain & Portugal

Join your  
neighbors -  
Affordable  
& fun!

#### LOUISVILLE, KENTUCKY - Featuring Churchill Downs and Louisville Slugger Museum

Enjoy a trackside breakfast at the legendary racetrack, Churchill Downs, and experience thoroughbred racing. A short walking tour of the area is followed by an exploration of the Kentucky Derby Museum, where you also may view "The Greatest Race," the museum's 360-degree high-definition video. Lunch, followed by a visit to the Louisville Slugger Museum to learn about the history of the Louisville Slugger brand of baseball bats. Later, a tour and tasting at a local distillery. After breakfast the next day, travel to Bardstown to see the Old Kentucky Home State Park with a mansion tour of "My Old Kentucky Home." Lunch, then visit the Forest Edge Winery for a tasting on your own. Dinner and a performance of "Hairspray" at the Derby Dinner Playhouse. 3 Nights lodging in Louisville; 3 breakfasts and 2 dinners. Also includes a souvenir gift, luggage handling, and taxes and meal gratuities. Motorcoach transportation. May 12 - 15, 2026 • \$969 per person, double occupancy; \$1,188 single occupancy

#### SPAIN & PORTUGAL - Join Assumption Travel on another exciting European tour!

This immersive Iberian journey spans Spain and Portugal, beginning in vibrant Madrid with a panoramic city tour and an unforgettable Flamenco dinner show. Explore the historic treasures of Segovia, Avil, and Toledo. The adventure continues to Barcelona for iconic visits to Sagrada Familia, Park Guell, and the Costa Brava. Then we head south to Marbella for relaxation and a scenic excursion to Ronda, with wine tasting and lunch. Travel through Granada's magnificent Alhambra and onward to Seville, where guests will enjoy rich Andalusian culture before crossing into Portugal. Discover the Algarve's dramatic coastline and Benagil Cave. In Lisbon, the tour blends history and charm with guided visits and a soulful Fado dinner show, followed by day trips to Sintra, Cascais, Fatima, Nazare and Obidos. With premium accommodations, guided excursions, entrance fees, cultural performances, and select meals included, this itinerary offers a seamless blend of history, landscapes and authentic local experiences.

September 30 - October 16, 2026 • \$8,699 per person, double occupancy;  
\$12,418 single occupancy

For information on trips, contact Trip Leader Julie Granger at (313) 770-6047.  
For all payments, call Assumption Center at (586) 779-6111

**Please join us for Travel Night where there will be a presentation  
of this incredible experience. Escorted by Julie and Kevin Granger.  
Monday, January 12, 7pm at Assumption Center**

European  
History,  
Landscapes &  
Authentic Local  
Experiences!

### ICONOGRAPHY TOURS

#### ASSUMPTION GREEK ORTHODOX CHURCH ICONOGRAPHY TOURS - SCHEDULE YOURS NOW!

The Assumption Church is graced with iconography from the world-renowned iconographer Vlas Tsotsonis.

Mr. Tsotsonis is considered one of the most faithful and gifted representatives of the Byzantine iconographic tradition, and he

has been commissioned as the chief iconographer of churches in the U.S., Greece and Europe.

Mr. Tsotsonis's work has been featured in exhibitions all over the world, as well as the Hellenic Museum of Michigan and Arab Museum of Michigan.

Christian iconography is an ancient art that was of central importance both to the worship and catechism of early Christians. It flourished in the Byzantine era but has been used throughout the 2,000-year history of the Orthodox Church. Not only do icons convey the beauty of eternity to those who behold them, but they are important teaching tools through which the lives of Christ, the Apostles, and ancient and modern saints have been preserved and shared from one generation of Christians to the next. Recognizing the great value of its iconography, not just for the Christian world but for anyone with an interest in art, history, anthropology or religion, the Assumption Church offers guided tours of its iconography to groups and individuals.

**Call (586) 779-6111 to schedule a tour.**





## Exercise Program 2026!

**New KALOSOMATICS® students  
receive one week of Kalo classes FREE.  
No Membership Required.  
Open to the Community!**

Affordable, Proven and Fun! Approved by physiologists and physicians as safe and effective, KALOSOMATICS® is a compilation of words meaning "a state of well being through body movement." Tailored to all ages and skill levels and guided by certified instructors. KALOSOMATICS® employs traditional Yoga and Pilates-like mat work. Emphasis on cardiovascular development. Run, Walk, Stretch, Step, Kickbox, Circuit Training.

### REGISTER FOR CLASSES ONLINE AT

[www.assumptionculturalcenter.org](http://www.assumptionculturalcenter.org), stop by the office to sign up ahead of time or sign up on-site on your first day of class.

**FLEXIBLE SCHEDULE:** Alternate class days and times to fit your personal schedule.

**REASONABLE PRICES:** Only \$4 per class, or \$3 for seniors, *when you register for the entire session*. Drop-in fee: \$5 per class for all ages.

### WINTER SESSION – 12 weeks

January 5 - March 27

\$96 – Two classes per week

\$144 – Three classes per week

Senior Rate (60 and over):

\$72 – Two classes per week

\$108 – Three classes per week

### WOMEN'S KALOSOMATICS® \*

Mat work followed by cardio: Aerobics, calisthenics, step, kickboxing, circuit and strength training, dance, yoga. Sign up for 2-5 classes per week and attend whichever classes fit your schedule each week. Mon/Tues/Wed/Thurs/Fri, 9:15-10:15am

### CO-ED KALOSOMATICS® INTERVAL & CROSS TRAINING \*

Mat work followed by Interval and Cross Training. Bursts of high-intensity cardio alternating with lower intensity cardio moves and upper and lower body strength training. High-intensity moves may be modified for those desiring a less strenuous workout. Tues/Thurs, 7-8pm

### CO-ED KALO MODERATION/STRETCH & STROLL CHAIR AEROBICS

Chair exercises including lifting hand weights, followed by cardio: less strenuous form, low impact moves, walking and standing. Tues/Thurs, 10:30-11:30am

*\*Women's and Co-Ed Interval Kalo classes may be attended in-person or via Zoom (or a combination of the two.) To attend Zoom classes, an email address must be provided when you register.*

## TAE KWON DO

### TAE KWON DO KARATE

Gus Panagos and Bob Henry lead with outstanding years of experience in martial arts. Learn the philosophy, discipline and techniques of this traditional form of Karate. Improve your health, mind and spirit. For men and women. Fully accredited from white belt to black belt.

Thurs, 7:30pm

**Session I:** Jan - Feb

**Session II:** March - April

### YOUNG DRAGONS TAE KWON DO

Teaches fundamentals and practical exercises for ages 4 to 10. Designed for all levels of abilities with emphasis on Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. One of the most popular classes for kids. Uniforms available through instructors.

Thursdays, 6:30pm

**Session I:** Jan - Feb

**Session II:** March - April

*For more information on Tae Kwan Do classes, contact*

*Bob Henry at [bobahenry@yahoo.com](mailto:bobahenry@yahoo.com) or call (586) 930-5888. Classes held two blocks north at Assumption School gym.*

## YOGA

### YIN YOGA – Come Breathe with Us!

Let's release stress and increase self-awareness and flexibility together with the help of our breath and a cozy fireplace! The YIN postures gently stretch and rehabilitate the connective tissues that form our joints. When you finish this practice you will feel as though you just had a deep tissue massage! All levels, no experience needed. Bring a mat and wear comfortable clothing. NO SENIOR DISCOUNT.

Tuesdays, 6:30 - 7:30pm

Assumption Center

Jan 6 - March 24

(11 weeks – No class Feb 17)

Fee: \$77

### Assumption Gift Shop & Book Store

Books, Icons, Hellenic cookbooks, many unique gift items from Greece.

Call the office for hours at  
(586) 779-6111.

## REVERSE RAFFLE NIGHT AT ASSUMPTION GRAND PRIZE - \$5,000

**With additional \$1,300 cash prizes, plus great giveaways!**

**Only 500 tickets sold! Need not be present to win.**

**Thursday, Feb 12**

**6pm – Gourmet Dinner and Open Bar**

**7:15 pm – Raffle**

**\$150 per ticket includes chance to win and dinner**

**\$60 for an additional person for dinner**

**\$100 per ticket for non-attendees**

**Good luck, and we hope you're among the lucky winners!**

**For reservations, call (586) 779-6111, or  
visit [www.goassumption.org](http://www.goassumption.org)**

## PICKLEBALL AT ASSUMPTION

To register for pickleball programs below, call Peggy Murphy Kurza at (586) 779-6111.  
**NO ONLINE REGISTRATION FOR PICKLEBALL. No credits or refunds for missed days.**

**All pickleball clinics and lessons are instructed by Peggy Murphy Kurza, certified PPR instructor, and/or Mike Patton, 5.0 player.**

### EARLY BIRD PICKLEBALL

Are you and your friends early birds? Start your day playing pickleball at 7am! Courts are available Monday through Friday, 7-9am, Assumption Center gym

### SATURDAY PICKLEBALL

Saturdays, 9-11am & 11:15-1:15pm.  
Assumption Nursery School gym

### BEGINNER PICKLEBALL

Learn the fundamentals associated with the game. In this clinic you will learn the rules, lingo, and proper serving. Instructor leads with "drill of the day."

Paddles are available during the lessons.  
Wednesday, Jan 7 – March 25, (12 wks.)  
3-4:30pm • Fee: \$150

### SKILLS AND DRILLS WITH A PARTNER!

To improve your skills in pickleball, a player must focus on drills and exercises that target specific techniques, such as serving, dinking, volleying, and blocking. We will break the game down and drill various strokes, shots and lobs. Register with a partner – you will be doing the drills together.

Fridays, Jan 9 & 16, 12:45-2:15pm

OR

Fridays, Jan 23 & 30, 12:45-2:15pm

Must be able to attend both Fridays in the

session. No substitutions.

Fee: \$50

### SMALL GROUP PICKLEBALL LESSONS

A great way to learn the game, or to improve your skills to take your game to the next level. Days and times vary. To schedule, call Peggy at (313) 670-8780.

Fees:

\$30 per player, 3-5 players,  
for 90 minutes

\$40 per player, 1-2 players,  
for 60 minutes

### PICKLEBALL MACHINE

Need practice on certain shots? Cross-court dinking? Third shot drop? We now have a pickleball machine that can help you develop better muscle memory for shot placement and control of the ball.

Register for a 30-minute session with either Mike or Peggy.

Fees: \$20 for 30 minutes,  
\$40 for 60 minutes

### COURT RENTALS

Reserve a court and bring your own players. Court rentals are 2 hours in length.

Fee: \$40 per 2-hour session.

Call (586) 779-6111 for days/evenings and times.

## SELF-IMPROVEMENT

### LEARN FRENCH

With the Alliance Francaise, French classes are offered for adults – elementary, beginners, advanced beginners and intermediate/advanced levels.

You must take a free placement test, available on Alliance Francaise's website, to find the best class for your level.

January 19 - March 28

Classes run 9 weeks (\$290) or 10 weeks (\$320), books not included.

Register before January 5th for an early bird discount of \$15 off.

To view class schedule or to register, visit [www.afdegrossepointe.org](http://www.afdegrossepointe.org) or [www.afdetroit.org](http://www.afdetroit.org). For more information, email [afd@afdetroit.org](mailto:afd@afdetroit.org) or call (248) 538-5440.

### SOUND BOWL HEALING CLASS

Where sound meets soul for lasting healing! Crystal singing bowls promote deep healing through vibrational frequencies that resonate within the body, supporting stress relief, focus, improved sleep and emotional release. They also help regulate blood pressure, heart rate and energy flow. Immerse yourself in a session of meditation and sound therapy! For added comfort while lying down, you may bring a yoga mat, blanket, pillow and eye mask.

Monday, Jan 26, 7-8:15pm

Monday, Feb 9, 7-8:15pm

Fee: \$35 per session

To register, call (586) 779-6111

## MARCHIORI CATERING AT ASSUMPTION

### HOST YOUR NEXT EVENT AT ASSUMPTION CULTURAL CENTER WITH MARCHIORI CATERING

Celebrating 75 years and four generations of distinction in food and outstanding service make Marchiori the caterer of choice.  
In partnership with Assumption for more than 30 years.

Enjoy a complete *Wedding Experience* in spacious ballroom, grand reception area and elegant courtyard.

Enjoy a complete *Wedding Experience* in spacious, beautifully redecorated and recently redesigned ballroom, grand reception area and elegant courtyard. *Prestige and personalized service set the tone for conferences, business meetings and organization gatherings.*

Many rooms available to accommodate large and small groups and a variety of special events.

Off premise catered events offered. Destination weddings.

Visit Marchiori Catering at the Assumption Cultural Center. **Open to the entire community!**

Call (586) 771-8600 or visit [www.marchioricatering.com](http://www.marchioricatering.com)

### CARRY-OUT MENUS

Check out our Carry-Out Trays and Menu online at [www.marchioricatering.com](http://www.marchioricatering.com). Plan your holiday parties now! To place an order, call (586) 771-8600

### LENTEN SEAFOOD BUFFET

Fridays, 5-8pm,

February 20 & 27 • March 6, 13, 20 & 27  
April 3

Dates subject to change. Call ahead to confirm.

### SOUPS TO GO!

Freshly prepared soups, sauces and specialty foods  
To Go!



# NURSERY SCHOOL & TODDLER CENTER



22150 Marter Road | St. Clair Shores, MI 48080 | (586) 772-4477 | [www.assumptionnursery.org](http://www.assumptionnursery.org) | [j.gerardi@assumptionnursery.org](mailto:j.gerardi@assumptionnursery.org)

## **A LIFETIME OF LEARNING BEGINS AT ASSUMPTION!** **Register for the 2026/2027 School Year – Thursday, January 29th**

*Limited Space is Available!*

**2026 Fall Session Begins Tuesday, September 8**

***Dedicated to each child as a total individual socially, emotionally, physically and cognitively  
in a secure and caring school environment.***

### **CLASS OFFERINGS:**

Toddlers: 1 to 2 1/2 years • Transition & Young Threes: 2 1/2 to 3 years • Preschool: 3 or 4 years • Young Fives

### **PROGRAM OFFERINGS:**

Full or half days, minimum of 2 days per week for toddlers and preschoolers, 3 days a week for Young 5s.

**Open year-round • Hours: 7 a.m. - 5:30 p.m.**

### **Developmentally Appropriate Campus:**

Curriculum based on Michigan Early Childhood Standards of Quality for Preschool and Toddlers

Recipient of Governor's Quality Care Award • Learning Centers • Thematic units

Secure Playgrounds • School-sized gym • Individual room HVAC units

Family Events • 12 self-contained classrooms, plus 2 Assumption Center Annex classrooms

Fully Licensed by the State of Michigan

## **ENRICHMENT CLASSES**

Science, Art, Cooking, Yoga, Creative Movement, Foreign Language

### **2026 SUMMER CAMP**

June 15- August 21 • Registration begins Monday, March 9

### **EARLY CHILDHOOD CAMP (Ages 1 - 6)**

Daily art/music, math/science, sports/creative movement, guest experts, theme-related assemblies.

### **YOUTH CAMP (Ages 7 - 10)**

Daily educational activities incorporated into thematic units related to our summer theme.

### **Assumption Activities**

#### **Winter 2026**

21800 Marter Road,  
St. Clair Shores, MI 48080  
(586) 779-6111

#### **Chairpersons:**

Tony Lipinski / Roula Tsapraillis

#### **Advisory Committee:**

Roula Lipinski / John Mitropetros  
Patty Vasilos / George Verras / Joan DeRonne

### **Inclement Weather Policy**

If both Grosse Pointe and  
South Lake School Districts  
are closed,  
Assumption Nursery School  
and Toddler Center and  
the Assumption Cultural Center  
will be closed.

### **Assumption Happenings**

FITNESS CENTER  
KALOSOMATICS EXERCISE FOR ALL AGES,  
PICKLEBALL, YOGA,  
KARATE FOR YOUTHS & ADULTS  
GYM, SPORTS FIELD & ROOM RENTALS  
AVAILABLE

REGISTER FOR OFFERINGS ONLINE at  
[www.assumptionculturalcenter.org](http://www.assumptionculturalcenter.org)