ASSUMPTION CULTURAL CENTER Summer / Fall 25

Assumption Cultural Center | 21800 Marter Road | St. Clair Shores, MI | 48080 | www.assumptionculturalcenter.org **ASSUMPTION HAPPENINGS** | (586) 779-6111

COME BE GREEK FOR A DAY! ENJOY THE POPULAR GREEK FOOD YOU'VE COME TO LOVE!

GREEKFEST RETURNS 2025 AUGUST 15, 16, 17

Popular Greek food and pastries, entertainment with bands, dancers and area music groups. Taverna, Frappes, Baklava ice cream sundaes. Three days of kids' rides, games for all ages, magic shows, hair braiding and tattoos! Inflatables, stilt walkers, balloon man, puppet shows, face painting and more! Tour Church Iconography by artist Vlasis Tsotsonis, visit "The History of Greektown" exhibit provided by Hellenic Museum of Michigan. Shop the Marketplace for unique items and gifts from the USA and Greece: Icons, art, photography, jewelry, oil paintings, handmade crafts, home accessories, imported women's clothing and more!

> NEW! 3 Days, Rain or Shine! Friday, August 15, 12pm-11pm • Saturday, August 16, 11am-11pm Sunday, August 17, 11am-7pm Grand Opening Ceremony on Friday, August 15, at Noon

Guest MC – Charlie Langton, Fox TV2 Anchor Meet Devin Scillian and Arizona Son Performing Saturday, 1:30-3pm

DRIVE-THRU CARRY-OUT OPEN DAILY

Carry-out hours: Friday, 12pm-8pm; Saturday, 11am-8pm; Sunday 12pm-6pm Call ahead to order at (586) 596-6326 or (586) 779-8071. View menu and order online at www.assumptionfestival.com.

GREEKFEST GRAND RAFFLE! BUY YOUR WINNING TICKET NOW!

1st Prize: \$10,000 • 2nd Prize: .75-carat Diamond Solitaire Pendant valued at \$3,000, donated by Ahee Jewelers • 3rd Prize: \$500 • 4th, 5th & 6th Prizes: \$200 Drawing on August 17 at 6pm • Tickets: \$10 each

To purchase tickets and for more information, visit www.assumptionfestival.com or call (586) 779-6111.

GREEKFEST

There are thousands of reasons to attend Assumption's GreekFest! 250 volunteers make...10,000 grape leaves (dolmades) • 5,000 spinach pies (spanakopita) • 5,000 shish kebobs (souvlaki) • 2,000 cheese pies (tiropita) 2,000 custard rolls (galaktoboureko) • 1,200 lamb shanks... All savored by more than 10,000 visitors from throughout the Metro Detroit area who attend our annual GreekFest!

ADMIT ONE

GREEKFEST 2025 ASSUMPTION FESTIVAL ADMISSION \$3 WITHOUT COUPON CHILDREN UNDER 12 FREE

Enjoy This Great Senior Experience! ANNUAL SENIOR EXPO Celebrate 30th Anniversary!

Tribute to the History of Detroit Special Guests!

A day for Senior health, wellness, recreation and resource information. Helping older adults and caregivers maintain healthy, active and secure lifestyles. More than 50 Exhibitors Workshops and Health Screenings

> Valuable Resource Guide for each guest!

Thursday, October 16th

8:30 a.m. - 1:30 p.m.

By popular demand, DEVIN SCILLIAN, RETIRED WDIV-TV NEWS ANCHOR, PERFORMING WITH HIS BAND, ARIZONA SON!

Lunch by NATIONAL CONEY ISLAND Celebrating 60 Years

Raffles, Giveaways and More! No reservations required. Free Shuttle for convenient parking at Grosse Pointe Woods Lakefront Park For corporate sponsorship and exhibit information, call (586) 779-6111

Presented by Assumption Cultural Center and Senior Expo Committee: American House Lakeshore Assumption Cultural Center

Cranberry Park/Shorepointe Village Grosse Pointe Chamber of Commerce Harper Chiropractic Center Henry Ford Health The Helm Hope Senior Home Care Macomb County Chamber of Commerce

AUGUST 15, 16, 17

kalo/omatic/ **Exercise Program 2025!**

FLEXIBLE SCHEDULE: Alternate class days and times to fit your personal schedule.

REASONABLE PRICES: Only \$4 per class, or \$3 for seniors, when you register for the entire session. Drop-in fee: \$5 per class for all ages.

FALL SESSION (16 weeks)

Sept 2 - Dec 19 (No classes Oct 16; Nov 27 & 28) \$128 – Two classes per week \$192 – Three classes per week Senior Rate (60 and over): \$96 – Two classes per week \$144 – Three classes per week

Affordable, Proven and Fun! Approved by physiologists and physicians as safe and effective, KALOSOMATICS° is a compilation of words meaning, "a state of well being through body movement." Tailored to all ages and skill levels and guided by certified instructors. KALOSOMATICS[®] employs traditional Yoga and Pilates-like mat work. Emphasis on cardiovascular development. Run, Walk, Stretch, Step, Kickbox, Circuit Training.

REGISTER FOR CLASSES ONLINE AT www.assumptionculturalcenter.org, stop by the office to sign up ahead of time or sign up on-site on your first day of class.

WOMEN'S KALOSOMATICS*

Mat work followed by cardio: Aerobics, calisthenics, step, kickboxing, circuit and strength training, dance, yoga. Sign up for 2-5 classes per week and attend whichever classes fit your schedule each week. Mon/Tues/Wed/Thurs/Fri, 9:15-10:15am *Available on Zoom.

CO-ED KALOSOMATICS^{*} INTERVAL & CROSS TRAINING

Mat work followed by Interval and Cross Training. Bursts of high-intensity cardio alternating with lower intensity cardio moves and upper and lower body strength training.

PICKLEBALL AT ASSUMPTION

To register for all programs below, call (586) 779-6111. NO ONLINE REGISTRATION FOR PICKLEBALL. No credits or refunds for missed days.

All pickleball clinics and lessons are instructed by Peggy Murphy Kurza, certified PPR instructor, and/or Mike Patton, 5.0 player.

EARLY BIRD PICKLEBALL

Are you and your friends early birds? Start your day playing pickleball at 7am! Courts are available Monday through Friday, 7-9am. Assumption Center gym

SATURDAY PICKLEBALL

Saturdays, 9-11am & 11:15am-1:15pm Assumption Nursery School gym

BEGINNER PICKLEBALL

Learn the fundamentals associated with the game. In this clinic you will learn the rules, lingo, and proper serving. Instructor leads with "drill of the day." Paddles are available during the lessons.

Wednesdays, Oct 8 – Dec 10 (11 weeks) 3-4:30pm, Fee: \$160

SKILLS AND DRILLS WITH A PARTNER!

To improve your skills in pickleball, a player must focus on drills and exercises that target specific techniques, such as serving, dinking, volleying, and blocking. In this 3-week clinic we will break the game down and drill various strokes, shots and lobs. Register with a partner whose pickleball skill level is similar to yours. Fridays, October 17, 24 & 31 12:45-2:15pm OR

Fridays, November 7, 14 & 21 12:45-2:15pm Must be able to attend all three Fridays in the session. No substitutions. Fee: \$90

SMALL GROUP PICKLEBALL LESSONS

A great way to learn the game, or to improve your skills to take your game to the next level. Days and times vary. To schedule, call Peggy at (313) 670-8780. Fees:

\$30 per player, 3-5 players, for 90 minutes \$40 per player, 1-2 players, for 60 minutes

PICKLEBALL MACHINE

Need practice on certain shots? Cross-court dinking? Third shot drop? We now have a pickleball machine that can help you develop better muscle memory for shot placement and control of the ball. Register for a 30-minute session with either Mike or Peggy. Fees: \$20 for 30 minutes, \$40 for 60 minutes

COURT RENTALS

Reserve a court and bring your own players. Court rentals are two hours in length. Fee: \$40 per 2-hour session. Call for days/evenings and times.

High-intensity moves may be modified for those desiring a less strenuous workout. Tues/Thurs, 7-8pm *Available on Zoom.

CO-ED KALO MODERATION/STRETCH & STROLL CHAIR AEROBICS

Less strenuous form with chair exercises and hand weights, followed by low impact cardio that includes walking and standing moves. Tues/Thurs, 10:30-11:30am

*Attend in-person or via Zoom (or a combination of the two.) To attend Zoom classes, an email address must be provided when you register.

TAE KWON DO

TAE KWON DO KARATE

Gus Panagos and Bob Henry lead with outstanding years of experience in martial arts. Learn the philosophy, discipline and techniques of this traditional form of Karate. Improve your health, mind and spirit. For men and women. Fully accredited from white belt to black belt. Thursdays, 7:30pm Session I: Sept - Oct Session II: Nov - Dec

YOUNG DRAGONS TAE KWON DO

Teaches fundamentals and practical exercises for ages 4 to 10. Designed for all levels of abilities with emphasis on Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. One of the most popular classes for kids. Uniforms available through instructors. Thursdays, 6:30pm Session I: Sept – Oct Session II: Nov – Dec

For more information on Tae Kwon Do classes, contact Bob Henry at bobahenry@yahoo.com or call (586) 930-5888. Classes held two blocks north at Assumption School gym.

YOGA

YIN YOGA - Come Breathe with Us!

Let's release stress and increase self-awareness and flexibility together with the help of our breath and a cozy fireplace! The YIN postures gently stretch and rehabilitate the connective tissues that form our joints. When you finish this practice you will feel as though you just had a deep tissue massage! All levels, no experience needed. Bring a mat and wear comfortable clothing. NO SENIOR DISCOUNT. Tuesdays, 6:30-7:30pm, Assumption Center Sept 9 – Dec 16 (15 weeks), Fee: \$105

MARCHIORI CATERING AT ASSUMPTION

HOST YOUR NEXT EVENT AT ASSUMPTION CULTURAL CENTER WITH MARCHIORI CATERING

Celebrating 74 years and four generations of distinction in food and outstanding service make Marchiori the caterer of choice. In partnership with Assumption for more than 30 years.

Enjoy a complete Wedding Experience in spacious, beautifully redecorated and recently redesigned ballroom, grand reception area and elegant courtyard.

Prestige and personalized service set the tone for conferences, business meetings and organization gatherings.

Many rooms available to accommodate large and small groups and a variety of special events. Off premise catered events offered. Destination weddings. Visit Marchiori Catering at the Assumption Cultural Center.

Open to the entire community! Call (586) 771-8600 or visit www.marchioricatering.com

CARRY-OUT MENUS

Check out our New Daily Carry-Out Trays and Menu online at www.marchioricatering.com. To place an order, call (586) 771-8600

POPULAR SOUPS TO GO!

Freshly prepared soups, sauces and specialty foods To Go!

HELLENIC CULTURAL SERIES

ASSUMPTION GREEK ORTHODOX CHURCH ICONOGRAPHY TOURS

Assumption Church is graced with iconography from world-renowned iconographer Vlasis Tsotsonis.

Iconography is an ancient art form of central importance to the worship and catechism of early Christians. It flourished in the Byzantine era but has been used throughout the 2,000-year history of the Orthodox Church. Tours are especially enjoyed by those interested in art, history, anthropology or religion.

Call (586) 779-6111 to schedule a tour.

HELLENIC CUISINE

Learn to make 3 favorite recipes of Greece! Loukoumades

The delicious honey balls thousands enjoy at our annual GreekFest! Monday, September 29, 6:30pm

Moussaka

A meat and eggplant lasagna with potatoes, tomato sauce and bechamel! Monday, October 20, 6:30pm

Greek Baked Chicken with Potatoes Monday, November 10, 6:30pm Fee per class: \$20

GREEK LANGUAGE

ADULT CONVERSATIONAL GREEK LANGUAGE

Learn the language of the basis of Western Culture. An excellent foundation for all language study.

BEGINNERS & TEENS: Wednesdays, 6:30-7:30pm

Beginning Sept 24

INTERMEDIATE & ADVANCED BEGINNERS

Mondays, 6:30-7:30pm Beginning Sept 22 All classes are 10 weeks Fee: \$75 (includes books) Call (586) 779-6111

Assumption Gift Shop & Book Store Books, Icons, Hellenic cookbooks, many unique gift items from Greece. Call office for hours.

SELF-IMPROVEMENT

LEARN FRENCH

With the Alliance Française, French classes are offered for children and adults, beginners and advanced. For upper French level classes, contact Alliance Francaise. Sept 16 – Nov 20

(9 wks – no classes Oct 16)

BEGINNER FRENCH FOR CHILDREN

Ages 8-10 years, (A1.101.0) Tuesdays, 5-6pm, Fee: \$220

ADULTS - VERY BEGINNER

(A1.101.0) – Tuesdays 6-7:30pm, Fee: \$290

ADULTS

(A1.102.3) – Thursdays 5:30-7pm, Fee: \$290

ADULTS

(A1.102.1) – Thursdays 7-8:30pm, Fee: \$290

Early Bird Rate until August 30th (\$205/\$285) Register at www.afdetroit.org/french-classes, or call (248) 538-5440.

Visit Alliance Francaise de Grosse Pointe's website at

www.afdegrossepointe.org/classes/

TRAVEL WITH ASSUMPTION

Join your neighbors -Affordable & fun!

KENTUCKY

Visit a variety of different sites: Bourbon Distilleries, Winery, Churchill Downs, Louisville Bat Factory, Mammoth Caves, and more! Travel is by motorcoach. May 2026

PORTUGAL AND SPAIN

Watch for details! September 2026

TRAVEL NIGHTS

Learn about our travel program at Assumption Center:

- Kentucky, Thurs, Sept 11, 7pm
- Portugal/Spain, Thurs, Nov 13, 7pm

For information and reservations, contact Trip Leader Julie Granger at (313) 770-6047, or call Assumption Center at (586) 779-6111

NURSERY SCHOOL & TODDLER CENTER



22150 Marter Road | St. Clair Shores, MI 48080 | (586) 772-4477 | j.gerardi@assumptionnursery.org | www.assumptionnursery.org

A LIFETIME OF LEARNING BEGINS AT ASSUMPTION! Register NOW for the 2025/2026 School Year

Limited Space is Available!

2025 Fall Session Begins Tuesday, September 2

Dedicated to each child as a total individual socially, emotionally, physically and cognitively in a secure and caring school environment.

Class Offerings:

Toddlers: 1 to 2 1/2 years • Transition & Young Threes: 2 1/2 to 3 years Preschool: 3 or 4 years • Young Fives

Program Offerings:

Full or half days, minimum of 2 days per week for toddlers and preschoolers, 3 days a week for Young 5s.

Open year-round • Hours: 7 a.m. - 5:30 p.m.

Preschool Enrichment Classes

Developmentally Appropriate Campus:

Curriculum based on Michigan Early Childhood Standards of Quality for Preschool and Toddlers Recipient of Governor's Quality Care Award • Learning Centers • Thematic units Secure Playgrounds • School-sized gym • Individual room HVAC units Family Events • 12 self-contained classrooms, plus 2 Assumption Center Annex classrooms Fully Licensed by the State of Michigan

Enrichment Classes:

Science • Art • Cooking • Yoga Creative Movement • Foreign Language

Inclement Weather Policy

If both Grosse Pointe and South Lake School Districts are closed, Assumption Nursery School & Toddler Center and the Assumption Cultural Center will be closed.

Assumption Activities Fall 2025

21800 Marter Road, St. Clair Shores, MI 48080 ● (586) 779-6111 **Chairpersons:** Tony Lipinski / Roula Tsaprailis **Advisory Committee:** Roula Lipinski / John Mitropetros / Patty Vasilos / George Verras / Joan DeRonne