

Small Group Leader Guide

Today's Suggested Schedule

Prelude: Setting the tone for the experience

See the Getting Ready pages at the end of this document for a detailed description of what you'll need for today. In the Prelude folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

1. Gift of Food
2. Save the Superheroes!
3. Shaving Cream Sheep 🚫 ALLERGY

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

- "Super Duper Kid" and "Be Brave"
- Bible Story
- Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

1. Super Verse
2. Abigail Helps 🚫 ALLERGY
3. Sheep Haircuts
4. Superhero Course
5. Super Kid Mask
6. Journal and Prayer

Home: Prompting action beyond the experience

- Going Home
- Memory Verse Card
- Parent Cue Card (print or email)
- [Parent Cue App](#) and [ParentCue.org](#)

THIS MONTH
↓



Today's Bible Story

I can be brave and help others.

Abigail

1 Samuel 25:1-35

Key Question

Who can help you be brave?

Bottom Line

God can help me be brave.

Memory Verse

"Be strong and courageous. Do not be afraid... for the Lord your God goes with you."

Deuteronomy 31:6 NIV



Inclusive Pro Tips

This leader guide is designed to be inclusive of children with a disability who attend a group with their peers. See highlighted sections below for additional inclusive pro-tips. Check out the Special Needs Resource Kit for more ideas for adapting each segment.

SOCIAL 1/3

Gift of Food

What You Need

- ☐ Toy food
- ☐ Gift bags with handles
- ☐ Large box with lid
- ☐ Gift bow



Inclusive Pro Tips



Pair children up to do the activity together.

Provide support for each step, offering gentle guidance as needed to ensure all children can participate.

① What You Do

Before the Activity

1. Scatter toy food around the room.
2. Place the gift bow on the box and put the box in the middle of the room.

During the Activity

1. Give each child a gift bag and encourage them to move around the room and place food in their bag.
2. Once all the food has been collected, ask children to sit around the box and put all the food into the box.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Hello friends! I have a game for us to play. There is a lot of food all over the room and I need your help to gather it."

During the Activity

"I have a bag for you to use to help you collect the food. **(GIVE EACH CHILD A BAG.)** Let's go find the food! **(PAUSE.)** When you find a piece of food put it in your bag then go look for more. **(PAUSE.)** Look around, did we find all the food? **(PAUSE.)** Hooray! We did it! Come sit with me around this big gift box. **(PAUSE.)** When I call your name, you can put your food into the box. **[CHILD'S NAME]**, come pour the food into the box. **(PAUSE.)** Great job! Go sit back down and let's have **[CHILD'S NAME]** pour their food into the box. **(CONTINUE WITH EACH CHILD.)** Wow that is so much food! Great job everyone, look at this big gift full of food!"

After the Activity

"Today in our true story today from the Bible, we'll hear about a woman named Abigail who gathered food and gave it as a gift. Let's go hear more about Abigail and her gift of food."

Transition → Move to Worship and Story by asking each child to tell you what their favorite food is.

SOCIAL 2/3

Save the Superheroes



What You Need

- ☐ Small superhero figures
- ☐ Yarn
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Stretchy bands, soft fabric strips, or VELCRO® strips
- ☐ Safety kid scissors
- ☐ Larger figures



Inclusive Pro Tips

For children with sensory sensitivities who may struggle with certain textures, offer any of the Inclusive Optional Supplies.

Pair children up to do the activity together.

If unwrapping is too challenging, allow children to use scissors to cut the yarn.

For children with fine motor difficulties, use larger figures wrapped in thicker material to make gripping and unwrapping easier.

① What You Do

Before the Activity

1. Cut yarn in three-foot lengths, two per child.
2. Wrap each superhero figure in a length of yarn, securing it so that children will need to carefully unwind it to “save” the superhero.
3. Place the wrapped superheroes in the center of the table.

During the Activity

1. Encourage children to pick a superhero then start to unwrap it, working carefully to free them.
2. Talk about how brave the children are by saving the superheroes.
3. Repeat as desired.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

“Hey friends! Today, we’re going to play a game where we get to be brave and help superheroes!”

During the Activity

“Pick a superhero. Look! They’re all tangled up. We need to save them by unwrapping the yarn from around them. **(PAUSE.)** You’re doing a great job helping! Keep going until your superhero is free! **(PAUSE.)** Hooray! You did it! **(REPEAT AS DESIRED.)** You were so brave and helped save the superheroes!”

After the Activity

“Today we’re going to hear a story about a brave queen named Esther, who was brave and helped others too! Let’s go!”

Transition → Move to Worship and Story by flying like brave superheroes.

SOCIAL 3/3

Shaving Cream Sheep

! ALLERGY

What You Need

- ☐ "Allergy Alert Poster"
- ☐ "Shaving Cream Sheep" Activity Page
- ☐ Cardstock
- ☐ Clear Con-Tact® paper
- ☐ Shaving cream
- ☐ Craft sticks
- ☐ Small plastic bowls
- ☐ Paper towels
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Resealable gallon-sized bags in place of Con-Tact paper.

Note

Be sure to list the items you will be using today on the "Allergy Alert Poster" (in the Prelude folder) and post it at the door to your room.



Inclusive Pro Tips

For children with sensory sensitivities, add shaving cream to a resealable bag, removing as much air as possible. Seal the bag and tape it to the table over the picture of the sheep.

① What You Do

Before the Activity

1. Copy "Allergy Alert Poster" on cardstock, list shaving cream, and post at the door.
2. Copy "Shaving Cream Sheep" on cardstock, four per Small Group.
3. Place "Shaving Cream Sheep" copies on the table and cover them with Con-Tact paper, being sure to cover the cardstock fully so it sticks to the table.
4. Invite children to the table.

During the Activity

1. Place a large dollop of shaving cream on each of the sheep.
2. Encourage children to spread the shaving cream all over the sheep.
3. Then, give each child a craft stick and demonstrate how to shear the sheep and put the wool in the bowl.
4. Use paper towels as needed.
5. Continue as long as there is interest.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Friends, come to the table and see what I have. What animal do you see? (PAUSE.) Yes, it's a sheep!"

During the Activity

"Do you know what the floofy stuff on a sheep is called? (PAUSE.) Yes, it's called wool. But these sheep don't have any wool. We need to add it. I'm going to give you some shaving cream. (SPRAY A DOLLOP OF SHAVING CREAM ON EACH SHEEP.) Work together and spread it all over the sheep. (PAUSE.) Yay! Now, all our sheep have wool."

"In the summertime, when it's hot out, sheep need to have their wool sheared. That's when the farmers take the wool off the sheep. Let's take the wool off our sheep with these craft sticks. Watch how I do it. (DEMONSTRATE.) Now it's your turn. Take the wool off and put it in the bowl. (PAUSE.) Great job!"

After the Activity

"You did such an awesome job taking care of these sheep. Today, we're going to hear a Bible Story about a man named Nabal and when he cut the wool off all of his floofy sheep."

Transition → Move to Worship and Story by pretending to be sheep.

GROUPS 1/6

Super Verse



Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Super Verse" Activity Page
- ☐ Cardstock
- ☐ Crayons
- ☐ Permanent marker

Inclusive Optional Supplies

- ☐ Adaptive crayons

Note

You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.



Inclusive Pro Tips

Create an example for children to see and follow.

For children with fine motor difficulties, let children use the inclusive optional supplies.

① What You Do

Note → You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Copy "Super Verse" on cardstock, one per child.
2. Write each child's name on their paper.
3. Say the Memory Verse together with the motions.

During the Activity

4. Encourage children to decorate their capes while they say the Memory Verse.

After the Activity

Connect the Memory Verse to the Bottom Line.

② What You Say

Before the Activity

"Friends, come over here with me and let's say our Memory Verse together while we do the motions. Everyone ready? Here we go! 'Be strong and courageous. **(MUSCLE ARMS)** Do not be afraid . . . **(CROSS AND UNCROSS HANDS)** for the Lord your God **(FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN)** goes with you," **(MARCH IN PLACE)** Deuteronomy 31:6. **(OPEN HANDS LIKE A BOOK.)** Great job, everyone! Come sit at the table with me."

During the Activity

"Today we heard about how Abigail was brave and helped others! We can be brave and help others, too! Look, I have a picture of a cape for you to decorate. You can decorate it while we say our verse. 'Be strong and courageous. Do not be afraid ... for the Lord your God goes with you,' Deuteronomy 31:6. **(REPEAT UNTIL EVERYONE HAS DECORATED THEIR CAPE.)** Your capes look super!"

After the Activity

"Sometimes superheroes wear capes like this one on your paper. So, when you look at your super cape, you can remember that God can help you to be brave and courageous just like Abigail in today's true story from the Bible. Who can help you be brave? **[BOTTOM LINE] God can help me be brave!** Let's say that together one more time! Who can help you be brave? **[BOTTOM LINE] God can help me be brave."**

GROUPS 2/6

Abigail Helps

 **ALLERGY**

Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Allergy Alert Poster"
- ☐ "Abigail Helps" Activity Page
- ☐ Cardstock
- ☐ Crayons or washable markers
- ☐ Small bowls
- ☐ Cheerios™
- ☐ Yarn
- ☐ Masking tape
- ☐ Craft knife
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Glue sticks in place of yarn
- ☐ Masking Tape
- ☐ Craft Knife
- ☐ Scissors

Inclusive Pro Tips



Create an example for children to see.

For children with fine motor difficulties, let children glue the Cheerios to their paper instead of threading them on the yarn.

① What You Do

Note → Use the craft knife before children arrive and store it out of reach in another room.

Before the Activity

1. Copy "Allergy Alert Poster" on cardstock, list Cheerios, and post at the door.
2. Copy "Abigail Helps" on cardstock, one per child.
3. Write each child's name on their paper.
4. Poke a hole at the "x" near Abigail and the "x" near David.
5. Cut yarn in 12 to 18-inch lengths, one per child.

During the Activity

1. Encourage children to color their picture then string Cheerios on the yarn.
2. Help thread the ends to the holes then knot the ends together.
3. Review the Bible Story.

After the Activity

Connect the Bottom Line to the Bible Story.

Continued on the next page. →

GROUPS 2/6

Abigail Helps

! ALLERGY



Bible Story Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Allergy Alert Poster"
- ☐ "Abigail Helps" Activity Page
- ☐ Cardstock
- ☐ Crayons or washable markers
- ☐ Small bowls
- ☐ Cheerios™
- ☐ Yarn
- ☐ Masking tape
- ☐ Craft knife
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Glue sticks in place of yarn
- ☐ Masking Tape
- ☐ Craft Knife
- ☐ Scissors



Inclusive Pro Tips

Create an example for children to see.

For children with fine motor difficulties, let children glue the Cheerios to their paper instead of threading them on the yarn.

② What You Say

Before the Activity

"Super friends, come sit with me at the table and let's create some story art to help us remember today's true story from the Bible!"

During the Activity

"Color the picture on your paper. There's Abigail, Nabal, and David! (PAUSE.) Now thread some cereal onto your piece of yarn. (PAUSE.) Super! Now let me help you thread the ends of the yarn into the holes on your paper and tie a knot. (PAUSE.) You can move the food from Abigail to David. (DEMONSTRATE.) In our story, Abigail and Nabal had a lot of floofy sheep. One day, Nabal's shepherds brought all of those sheep to where David and his men were, and they protected them. Later, Nabal was cutting the wool off all of his floofy sheep, it was such a fun time; they had a party! David sent a few men to ask Nabal if they could have food from the party too, but Nabal said no. This made David very upset. Very mad! Very angry! This is when Super Abigail knew that if she didn't do something to help, a lot of people would get hurt. She needed to be brave and help, so she took food and drink to David and his men. Abigail told David the food and drinks were a gift for him and his men. She hoped David wouldn't be angry anymore. David and his men took the food and said, 'Thank God for you and for your help.' Hooray for Abigail!"

After the Activity

"Abigail helped a lot of people because she was brave! We can be brave and help others, too. You can be a Super Kid because God can help you be brave. Who can help you be brave? [BOTTOM LINE] God can help me be brave."

3-5 Year-Olds

Small Group

October — Week 4

GROUPS 3/6

Sheep Haircuts

Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ White butcher paper
- ☐ Black chisel tip marker
- ☐ Masking tape
- ☐ Adult scissors
- ☐ Safety scissors

Inclusive Pro Tips

Pair children up to do the activity together.

For children with fine motor difficulties, let them tear the paper instead of cutting.

Offer adaptive scissors.



① What You Do

Before the Activity

1. Cover the table lengthwise and widthwise with butcher paper, allowing the lengths to hang freely over each of the edges.
2. Draw a sheep's head on one of the short ends.
3. Cut 2- to 3-inch wide strips from the floor to the edge of the table, all around the table.
4. If needed, add a few tape rolls to keep the paper secure.

During the Activity

1. Seat children on the floor spaced out around the table and encourage them to trim the strips on the sheep.
2. Rotate and repeat as desired.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Whoa! Look at this giant sheep! I think it's sheep shearing time!"

During the Activity

"Everyone, sit down on the floor around the table. The sheep has these strips all around it. Let's use these scissors to carefully cut the sheep's wool shorter. (PAUSE.) Keep going! Scoot over and cut the next piece of wool. (REPEAT AS DESIRED.) Great job, friends. You sheared the sheep just like Nabal."

After the Activity

"In our Bible Story today, Abigail did something super! Abigail and her husband Nabal had a lot of sheep, and one day, Nabal's shepherds brought all those sheep to where David and his men were. David and his men protected the sheep and shepherds so nothing bad could happen to them. Later, Nabal was cutting the wool off all his floofy sheep, and they had a party! David sent some men to Nabal to ask for food since they took care of his shepherds and sheep, but Nabal said no! This made David very upset. Very mad! Very angry!"

Abigail knew that if she didn't do something to help, a lot of people would get hurt. So she quickly took a lot of food and drinks to David and his men as a gift. David and his men took the food and said, 'Thank God for you and for your help.' Abigail helped a lot of people because she was brave! We can be brave and help others, too. Who can help you be brave?

[BOTTOM LINE] God can help me be brave!"

3-5 Year-Olds

Small Group

October — Week 4

GROUPS 4/6

Superhero Course

Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ Crepe paper streamers
- ☐ Painter's tape
- ☐ Scissors

Inclusive Pro Tips

Pair children up to do the activity together.



① What You Do

Before the Activity

1. Use the streamers to make an obstacle course.
2. Tape the streamers from the wall to the wall, wall to the floor, and wall to the table.
3. See the example on our Pinterest Board here <https://bit.ly/4kcDbFL>.

During the Activity

1. Encourage children to make their way from one side of the room to the next without touching the streamers.
2. Offer direction if needed.
3. Cheer for everyone as they make their way through.
4. Repeat as desired.

After the Activity

Connect the Bottom Line to the Bible Story.

② What You Say

Before the Activity

"Wow! Look at our room! There is an obstacle course made from these streamers. How will we get through? (PAUSE FOR RESPONSES.) Yes, we'll have to go over and under and be careful not to touch the streamers. You want to give it a try? (PAUSE FOR RESPONSES.) Fantastic! Let's line up and we'll go one at a time. We can cheer for each other too!"

During the Activity

"[CHILD'S NAME] make your way through the obstacle course. (PAUSE.) Let's cheer [CHILD'S NAME] on! (PAUSE.) Way to go! You did it, you made it through! (PAUSE.) [CHILD'S NAME], it's your turn. Be careful to go over and under the streamers. Everyone, let's cheer for [CHILD'S NAME]! (CONTINUE WITH EACH CHILD. REPEAT AS DESIRED.) You were so brave making your way through the obstacle course and you all looked just like superheroes! Amazing!"

After the Activity

"The Bible teaches us that we can be brave and help others like you did today by cheering for your friends through the obstacle course. We can be strong and courageous because God is with us! And God can help us be brave. God can help me be brave and [BOTTOM LINE] God can help me be brave. Who can help you be brave? [BOTTOM LINE] God can help me be brave."

GROUPS 5/6

Super Kid Mask



Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ Super Kid Mask" Activity Page
- ☐ Cardstock
- ☐ Dot markers
- ☐ Washable markers
- ☐ ¼-inch elastic band
- ☐ Heart stickers
- ☐ Scissors
- ☐ Stapler
- ☐ Permanent marker
 - *Optional: Jumbo craft sticks, and masking tape in place of elastic band, and a stapler.*



Inclusive Pro Tips

Create an example for children to see.

① What You Do

Before the Activity

1. Copy "Super Kid Mask" on cardstock and cut one mask per child and leader.
2. Write each child's name on their paper.
3. Cut the elastic band into 11" lengths, one per child.

During the Activity

4. Encourage children to color and decorate their masks.
5. Ask children to add their labels to the back side of their masks.
6. Staple either end of the elastic band at each side near the eye holes with the bend facing in.
7. Cover each staple with a heart sticker.
 - *Optional: Tape a craft stick to the back of one side of each child's mask.*

After the Activity

Connect the Bottom Line to the Bible Story.

Continued on the next page. →

GROUPS 5/6

Super Kid Mask



Application Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ Super Kid Mask" Activity Page
- ☐ Cardstock
- ☐ Dot markers
- ☐ Washable markers
- ☐ ¼-inch elastic band
- ☐ Heart stickers
- ☐ Scissors
- ☐ Stapler
- ☐ Permanent marker
 - *Optional: Jumbo craft sticks, and masking tape in place of elastic band, and a stapler.*

Inclusive Pro Tips



Create an example for children to see.

② What You Say

Before the Activity

"Let's sit at the table and create a Super Kid mask to wear to remember that God can help us be brave!"

During the Activity

"Color and decorate your masks. (PAUSE.) Wow! You did a really great job. Okay! I'll add the elastic so you can wear your masks. (STAPLE EITHER END OF THE ELASTIC AT BOTH SIDES OF THE MASK WITH THE BEND FACING IN. COVER THE STAPLE BENDS WITH HEART STICKERS.) Would you like to wear your masks? (HELP CHILDREN PUT THEIR MASKS ON.) Wow! Look at this room of the bravest Super Kids! Alright! Let's talk about today's true story from the Bible and how brave Abigail was! Abigail and her husband Nabal had a lot of sheep and one day, Nabal's shepherds brought all those sheep to where David and his men were. David and his men protected the sheep and shepherds so nothing bad could happen to them. Later, while Nabal was cutting the wool off all his floofy sheep, they had a party! David sent some men to Nabal to ask for food since they took care of his shepherds and sheep, but Nabal said no! This made David very upset. When Abigail heard what happened, she knew she needed to do something quickly, or a lot of people would get hurt. So she took a lot of food and drinks to David and his men as a gift. They took the food and thanked God for Abigail and her help. Hooray for super brave Abigail!"

After the Activity

"Abigail helped a lot of people because she was brave! Everyone, stand up and make a superhero pose. (PAUSE.) You and I can be brave and help others too, because (BOTTOM LINE) God can help me be brave. Who can help you be brave? (BOTTOM LINE) God can help me be brave."

GROUPS 6/6

Journal and Prayer

Prayer Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Memory Verse Card" from the Home Folder
- ☐ Bible
- ☐ Journal
- ☐ Fun-shaped pen



① What You Do

Note → You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Copy "Memory Verse Card" on cardstock and cut, one per Small Group.
2. Encourage children to make a different super kid pose each week as you lead them to your Small Group spot.
3. Sit down and gather the children around you.

During the Activity

1. Review the Bible Story and Memory Verse Hand Motions, then encourage the children to help you make a list in the journal of ways we can help others.

After the Activity

Pray with children using the list you made in the journal.

Before the Activity

"It's Small Group time! Today, we are going to make one more super kid pose while we walk to our Small Group spot! Do you want to know what the super kid pose is? (PAUSE.) It's any super kid pose you want to do! It can be this (DEMONSTRATE A POSE), or this (DEMONSTRATE A POSE,) or this (DEMONSTRATE A POSE). Just pick a pose and follow me! (MAKE A SUPER KID POSE AS YOU LEAD THE CHILDREN TO YOUR SMALL GROUP SPOT.) This is our spot! Let's sit down so we can talk about today's Bible Story. One, two, three, sit down with me!"

During the Activity

(OPEN THE BIBLE AND LAY IT IN FRONT OF THE CHILDREN.) "In our Bible Story today, we learned that God helps us be brave so we can help others. That's what happened with Abigail! When Abigail heard that David and his men were angry, and they were coming to her town, Abigail quickly took food and drinks and gave them to David and his men as a gift. When David saw what Abigail had done, he told God thank you for Abigail's help, and he wasn't angry anymore. David and his men went home, and no one was hurt! God helped Abigail be brave so she could help a lot of people. And God can help you be brave too! So let me hear you say it in a big, brave voice! Who can help you be brave? [BOTTOM LINE] God can help me be brave! Who can help you be brave? [BOTTOM LINE] God can help me be brave! Yay, God! [BOTTOM LINE] God can help me be brave!"

Continued on the next page. →

GROUPS 6/6

Journal and Prayer

Prayer Activity

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Memory Verse Card" from the Home Folder
- ☐ Bible
- ☐ Journal
- ☐ Fun-shaped pen

MADE TO
↓
Reflect

② What You Say

During the Activity (CONT.)

"Okay super kids, we have been learning a Bible verse that has some other words for brave in it. The words are strong and courageous! If you know the verse, stand up and say it with me! 'Be strong and courageous. (MUSCLE ARMS) Do not be afraid . . . (CROSS AND UNCROSS HANDS) for the Lord your God (FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN) goes with you,' (MARCH IN PLACE) Deuteronomy 31:6. (OPEN HANDS LIKE A BOOK.) Now I want everyone to stand up so we can say it together! Just say what I say and do what I do! 'Be strong and courageous. (MUSCLE ARMS) Do not be afraid . . . (CROSS AND UNCROSS HANDS) for the Lord your God (FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN) goes with you,' (MARCH IN PLACE) Deuteronomy 31:6. (OPEN HANDS LIKE A BOOK.)

"You sound SUPER...soooooo super that I think you're ready to try and say that Bible verse all by yourself! I want everyone to sit down, and we will take turns saying it. Who wants to go first? I have my stickers/star hand-stamp ready! Way to go, [NAME OF CHILD]! (GIVE TWO THUMBS UP.) Here is a sticker/stamp for you! (SAY AND DO THIS WITH EACH CHILD AS THEY TRY AND SAY THE BIBLE VERSE.) I am very proud of how brave you are for trying to say that Bible verse. When I count to three, I want everyone to stand up and show me your sticker/stamp. One, two, three! (PAUSE TO LOOK.) Yay! (CLAP.)

"Now let's sit down so we can write in our prayer journal and talk to God. (OPEN JOURNAL.) Abigail helped a lot of people when she took food and drinks to David and his men. Let's make a list of things we can do to help others in our prayer journal. Then we can use the list when we pray. When I say your name, tell me one thing you can do to help others, and I will write it in our journal." (REMEMBER TO PRINT, AS YOU WRITE IN THE JOURNAL, SO THE CHILDREN CAN RECOGNIZE THEIR NAMES AND THE LETTERS.)

After the Activity

"This is a super list! (HOLD UP JOURNAL.) Let's pray and ask God to help us be brave and do these things so we can help others. Would anyone like to pray before I pray? (GIVE EACH CHILD WHO WANTS TO PRAY THE OPPORTUNITY TO DO SO.) Dear God, Thank You for making us to help others, like You help others. That is SUPER cool! Please help us be brave and do things like (READ THE LIST THE CHILDREN MADE). Sometimes it's hard to be brave and help others, but we know You are always with us and can help us be brave! We love You, God! In Jesus' name. Amen."

Getting Ready

Social

Offer one or more of the following activities as preschoolers arrive. Let one or two Small Group Leaders lead activities in different areas of the room while another leader greets parents and children at the door.

Groups

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or offer two activities at once and allow half the children to participate in each. Then switch groups and repeat the activities.

Pinterest

Visit our Pinterest page to see craft samples and suggested supplies.

bit.ly/FL_SuperKids

Social

Gift of Food

- ☐ Toy food
- ☐ Gift bags with handles, one per child
- ☐ Large box with lid, one per Small Group
- ☐ Gift bow

1. Scatter toy food around the room.
2. Place the gift bow on the box and put the box in the middle of the room.

Save the Superheroes!

- ☐ Small superhero figures
- ☐ Yarn
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Stretchy bands, soft fabric strips, or VELCRO® strips
- ☐ Safety kid scissors
- ☐ Larger figures

1. Cut yarn in three-foot lengths, two per child.
2. Wrap each superhero figure in a length of yarn, securing it so that children will need to carefully unwind it to "save" the superhero.
3. Place the wrapped superheroes in the center of the table.

Shaving Cream Sheep *

- ☐ "Allergy Alert Poster"
- ☐ "Shaving Cream Sheep" Activity Page
- ☐ Cardstock
- ☐ Clear Con-Tact® paper
- ☐ Shaving cream
- ☐ Craft sticks
- ☐ Small plastic bowls
- ☐ Paper towels
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Resealable gallon-sized bags in place of Con-Tact paper.

1. Copy "Allergy Alert Poster" on cardstock, list shaving cream, and post at the door.
2. Copy "Shaving Cream Sheep" on cardstock, four per Small Group.
3. Place "Shaving Cream Sheep" copies on the table and cover them with Con-Tact paper, being sure to cover the cardstock fully so it sticks to the table.

Continued on the next page →

Getting Ready

Social

Offer one or more of the following activities as preschoolers arrive. Let one or two Small Group Leaders lead activities in different areas of the room while another leader greets parents and children at the door.

Groups

Offer as many of the following activities as your time, facilities, resources, and leadership allow. You may want to lead one activity at a time. Or offer two activities at once and allow half the children to participate in each. Then switch groups and repeat the activities.

Pinterest

Visit our Pinterest page to see craft samples and suggested supplies.

bit.ly/FL_SuperKids

Groups

Super Verse

- ☐ "Super Verse" Activity Page
- ☐ Cardstock
- ☐ Crayons
- ☐ Permanent marker

1. Copy "Super Verse" on cardstock, one per child.
2. Write each child's name on their paper.

Abigail Helps *

- ☐ "Allergy Alert Poster"
- ☐ "Abigail Helps" Activity Page
- ☐ Cardstock
- ☐ Crayons or washable markers
- ☐ Small bowls
- ☐ Cheerios™
- ☐ Yarn
- ☐ Masking tape
- ☐ Craft knife
- ☐ Scissors

Inclusive Optional Supplies

- ☐ Glue sticks in place of yarn
- ☐ Masking tape
- ☐ Craft knife
- ☐ Scissors

1. Copy "Allergy Alert Poster" on cardstock, list Cheerios, and post at the door.
2. Copy "Abigail Helps" on cardstock, one per child.
3. Write each child's name on their paper.
4. Poke a hole at the "x" near Abigail and the "x" near David.
5. Cut yarn in 12 to 18-inch lengths, one per child.

Sheep Haircuts

- ☐ White butcher paper
- ☐ Black chisel tip marker
- ☐ Masking tape
- ☐ Adult scissors
- ☐ Safety scissors

1. Cover the table lengthwise and widthwise with butcher paper, allowing the lengths to hang freely over each edge.
2. Draw a sheep's head on one of the short ends.
3. Cut 2—to 3-inch wide strips all around the table from the floor to the edge of the table. If needed, add a few tape rolls to keep the paper secure.

Getting Ready

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Groups (cont.)

Superhero Course

- ☐ Crepe Paper streamers
- ☐ Painter's tape
- ☐ Scissors

1. Use the streamers to make an obstacle course.
2. Tape the streamers from the wall to the wall, wall to the floor, and wall to the table. See the example on our Pinterest Board here <https://bit.ly/4kcDbFL>.

Super Kid Mask

- ☐ "Super Kid Mask" Activity Page
- ☐ Cardstock
- ☐ Dot markers
- ☐ Washable markers
- ☐ ¼-inch elastic band
- ☐ Heart stickers
- ☐ Scissors
- ☐ Stapler
- ☐ Permanent marker
 - *Optional: Jumbo craft sticks, and masking tape in place of elastic band, and a stapler.*

1. Copy "Super Kid Mask" on cardstock and cut, one mask per child and leader.
2. Write each child's name on their paper.
3. Cut the elastic band in 11" lengths, one per child.

Journal and Prayer

- ☐ "Memory Verse Card" from the Home Folder
- ☐ Bible
- ☐ Journal (Check out the Ollie journal at bit.ly/3B4Z71j.)
- ☐ Fun-shaped pen

Home

- Make copies on cardstock or email this week's Parent Cue Card.
- Copy the Memory Verse Card to hand out or make available to parents.
- Copy "Going Home" and hang it on the door where Small Group Leaders can reference and remind parents of the Bottom Line and Memory Verse as parents pick up their children.
- Tell parents about our additional family resource, the **Parent Cue App** and **ParentCue.org**.