





# CONVERSATION

## Deborah Followed God's Plan

#### JUDGES 4:1-16,23-24

The Israelites had disobeyed God, and they were being held captive by the cruel King Jabin from Hazor. The Israelites asked God to help them.

Deborah loved and obeyed God. She was a judge. She sat under a palm tree and helped the Israelites settle arguments.

One day Deborah sent a message to Barak, telling him that God wanted him to take ten thousand men and defeat

Sisera, the commander of King Jabin's army.

Barak said that he would go if Deborah would go with him.

Deborah agreed. Barak gathered the men and they traveled to Mount

Tabor, a mountain that looked down on the place where the battle

would take place.

Sisera heard that Deborah and Barak were coming for a battle. He took nine hundred iron chariots and commanded his army to prepare for their arrival. Deborah told Barak that it was time to go down the mountain to defeat Sisera's army just as God had planned.

When Sisera and his army saw Barak and his men coming down the mountain, they panicked. Sisera left his chariot and ran away. The whole mighty army of Sisera was defeated that day because one woman listened and obeyed God.

**WEEKLY BIBLE VERSE:** Love God and always do what He says. Deuteronomy 30:20

LIFE POINT: People obey God when they do what God says.

#### THE BIBLE MEETS LIFE

The Bible story teaches that people obey God when they do what God says to do.
Deborah followed God's plan and helped Barak do what God wanted. God helped Deborah, Barak, and the army defeat their enemy.



#### LIVE IT OUT

Talk with your child about the word *obey* and help her understand what it means. Remind your child that when she obeys her parents, she is obeying God. Ask who else she should obey. (police, teachers, church leaders, etc.)



People can show love for God by obeying Him.



### DAILY BIBLE READING

Sunday: Psalm 20:7 Monday: 1 Peter 4:10

Tuesday: 1 Corinthians 10:31 Wednesday: Ephesians 2:10 Thursday: Colossians 3:23-24 Friday: 1 Corinthians 12:5-6 Saturday: Deuteronomy 30:20

