

# *The humility of Jesus*

## **AS MAN HE HUMBLLED HIMSELF**

**Main text:** Philippians 2:1-11

**Supporting texts:** Matthew 11:28-30; John 14:15; 1 Corinthians 1:18-31

This weekend, Pastor Jonathan continued with the same passage of Philippians 2:1-11 but with a focus on verse 8. Jesus demonstrates humility by becoming a man, which shows his willingness to get low. He demonstrates humility also by his obedience to God even to the point of death, and even the humiliation and degradation of death on a cross. This is not just something that God did for us, but also something God models for us with an expectation that we will imitate him in how we act toward one another in our relationships.

### **Questions:**

- Verse 3 mentions vain conceit. What does this mean and what does it look like today?
- In Matthew 11:28-30, how does Jesus describe his own heart? Why do you think he chose this attribute in the only place in all the scriptures that he talks about his heart?
- In Philippians 2:8, the text says that Jesus humbled himself by becoming obedient. Discuss the connection between obedience and humility.
- Jesus didn't just obey when things were easy, he obeyed all the way to the point of death, and even death on a cross. Read 1 Corinthians 1:18-31 and discuss the ways that Christ's death on a cross demonstrates the character of God.
- Jonathan mentioned a few takeaways about how to cultivate humility in your life: 1) Look at yourself, not others. 2) If you see no pride in yourself, that's the worst form of pride. 3) Ask yourself "Where am I giving myself pass on obeying God?" 4) Embrace opportunities for humiliation. Discuss which of these resonate with you.