



**ARVADA**  
United Methodist Church

**6750 Carr Street • Arvada, CO 80004 • 303.421.5135 •  
[www.arvadaumc.org](http://www.arvadaumc.org)**

**Sunday, Sept. 14, 2025; 815 am and 10 am Services**

## **Gathering Music**

### **Prelude**

8:15

Carolyn May

10:00

*We Are Not Alone*

Chancel Choir

(Pepper Choplin) One License # 86083

### **Greeting**

Dr. Amy Gearhart

### **\*Opening Hymn**

UMH #160 - *Rejoice Ye Pure In Heart* - vss. 1-4

Arthur Henry Messiter, Edward Hayes Plumptre CCLI Song #85323

1 Rejoice, ye pure in heart; rejoice, give thanks and sing;  
your glorious banner wave on high, the cross of Christ your King.  
Rejoice, rejoice, rejoice, give thanks and sing.

2 Your clear hosannas raise, and alleluias loud;  
whilst answering echoes upward float, like wreaths of incense cloud.  
Rejoice, rejoice, rejoice, give thanks and sing.

3 Yes, on through life's long path, still chanting as ye go;  
from youth to age, by night and day, in gladness and in woe.  
Rejoice, rejoice, rejoice, give thanks and sing.

4 At last the march shall end; the wearied ones shall rest;  
the pilgrims find their heavenly home, Jerusalem the blest.  
Rejoice, rejoice, rejoice, give thanks and sing.

**Offertory / Offering Prayer**

**Offertory Music**

*Prayer for Shalom*

(Kyle Pederson)

8:15 - Carolyn May and Tim Kennedy

10:00 – Chancel Choir and Carolyn May

**Scripture**

Philippians 4:4-9 **NRSV**

Rejoice in the Lord always; again, I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

**Lay Readers: Carolyn Williams for 8:15; Randy Moorman for 10:00**

**Sermon**

“Stillness, Silence and Focus: Antidotes for an Anxious Generation”

**Prayer Hymn**

#2215 - *Cares Chorus*

(Kelly Willard) CCLI Song #25974

**Chorus**

**I cast all my cares upon You. I lay all of my burdens down at Your feet.  
And anytime that I don't know what to do, I will cast all my cares upon  
You.**

**We will sing this 2 times before prayer time.**

**Prayer / The Lord's Prayer**

**Prayer Hymn** #2215 - *Cares Chorus*

(Kelly Willard) CCLI Song #25974

**Chorus**

**I cast all my cares upon You. I lay all of my burdens down at Your feet.  
And anytime that I don't know what to do, I will cast all my cares upon  
You.**

**\*Closing Hymn** #2202 - *Come Away with Me*

Choir only first verse:

Come away with me to a quiet place, apart from the world with its frantic  
pace,  
to pray, reflect, and seek God's grace. Come away with me. Come away.

**ALL:**

**Come and pray with me on a gentle sea, on top of a hill in the Galilee,  
in gardens like Gethsemane. Come away with me. Come away.**

**Come today with thoughts of the countless ways that God's steadfast  
love blesses all our days and join with me in silent praise. Come away  
with me. Come away.**

**Come and say, in words whispered from your soul, the feelings and  
actions you can't control.**

**Your spirit needs to be made whole. Come away with me. Come away.**

**Come away with me to a quiet place, to God's loving arms waiting to  
embrace all those who come in hope of grace. Come away with me.  
Come away.**

**\*Benediction**

**Sending Forth Music**

Carolyn May

**\*Please stand as you are able.**

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