

Senior Adult Ministry
of First Baptist Church

Keith Pugh
Senior Adult Pastor

The Prime Times

APRIL 2024

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April 2

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If you confess
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Jesus as Lord
and believe
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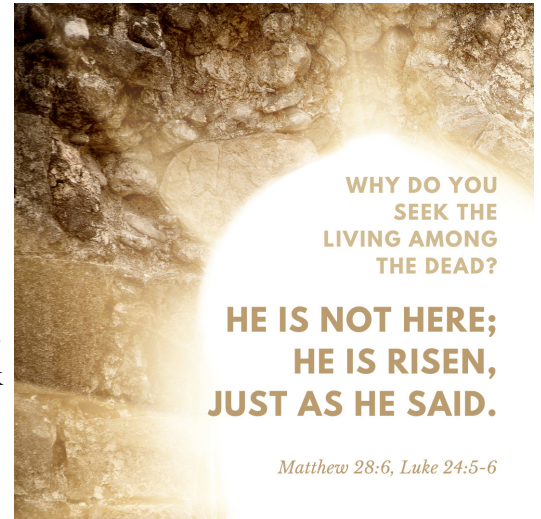
Romans 10:9

The Heart of the Gospel

What a wonderful time of the year as we celebrate the resurrection of our Lord. Luke records this life-changing event in chapter 24 of his gospel account. Mary Magdalene and two other women came to the tomb on the first day of the week. They found the stone rolled away and Luke says they were perplexed about this. He tells us “as the women were terrified and bowed their faces to the ground, the angels said to them, ‘Why do you seek the living One among the dead?’”

The living One, Jesus is now ascended to the throne and will one day be returning for His bride, the church. The resurrection of our Lord is the **HEART of the Gospel**. Paul says, “If you confess with your mouth Jesus as Lord and believe in your heart that God raised Him from the dead, **YOU SHALL BE SAVED!**” Romans 10:9 The resurrection of Jesus makes all the difference in the world!

Blessings, Bro. Keith



During First Baptist’s “Mature More” emphasis, we seek to grow in maturity as believers by further practicing the spiritual disciplines of prayer and fasting together as a corporate body. From April 7-27 we invite you to participate in 21 days of prayer and three mid-week fasts, increasing in length each week. We’re praying specifically for the spread of the gospel and the maturing of believers in their walks with Christ.

WEEKLY PRAYER EMPHASES

Days 1-7 (April 7-13): The Holy Spirit to work in the hearts and minds of those in our city to bring salvation to nonbelievers.

Days 8-14 (April 14-20): The Holy Spirit to bring maturity and growth to the lives of believers in our church.

Days 15-21 (April 21-27): The Holy Spirit to use the believers in our church to share the gospel with nonbelievers in our city and beyond.

SUGGESTED FASTING TIMELINE

1st Week - 8 p.m. Tuesday to 11 a.m. Wednesday

2nd Week - 8 p.m. Tuesday to 4 p.m. Wednesday

3rd Week - 5 p.m. Tuesday to 5 p.m. Wednesday

Triple L Monthly Meeting and Lunch

Tuesday, April 2 @ 10:30 a.m.

This Month:

Triple L Meeting and Lunch: Tuesday, April 2 at 10:30 a.m. in Wells Fellowship Hall

Naomi's Sisters: Monday, April 8; meet at Baumhowers on Harper Lee Drive, 11:30 a.m.

Trip to Kibbey Farm: Tuesday, April 9; leave from FBC at 10 a.m. Cost: \$10

Ireland Trip Interest Meeting: Wednesday, April 10 at 4 p.m. in the Chapel

Game Day: Tuesday, April 16 in the Student Building, 10 a.m. - 2 p.m.

Departure Meeting for Branson Trip: Wednesday, April 17, 4 p.m. in the Chapel

Branson, MO Trip: April 29- May 4

Prime Time Singers: April 4 and 18 at 10 a.m. in the Choir Room

Legacy Fit Exercise Classes: Mondays at 2 p.m. and Wednesdays at 2:30 p.m. in Room MB236

The Prime Times is published monthly by the First Baptist Church Senior Adult Ministry. For more information, contact Donna McCown, Senior Adult Ministry Assistant.

Senior Adult Ministry:
205-632-3054

Guest Speaker: **Taylor Goodall**



My name is Taylor Goodall, and I am an Elder Law Attorney with Legal Services Alabama. I was born and raised here in Tuscaloosa, so I feel very blessed to be working full-time serving the legal needs of the elders in my community. I attended Northridge High School, the University of Alabama for my Bachelor's Degree, and the University of Alabama School of Law. During my time at the University, I was a bit unsure about which path I wanted to choose. Right after graduating, I worked for the United States Small Business Administration as an Attorney, where I helped small businesses secure low interest loans during the Covid-19 pandemic. In 2022, I found a new home with Legal Services Alabama and the Area Agency on Aging, who helps provide the funding that allows us to offer 100% free legal services to anyone over the age of 60. I thank God for the opportunity to serve my community in this capacity.

TRIPLE L MEETING INFORMATION:

Tuesday, April 2, 10:30 a.m. in Wells Fellowship Hall

Lunch: \$6, Fried chicken, mashed potatoes with gravy, broccoli salad, biscuits, Jell-O salad, peach cobbler

Registration: Begins at 10 a.m.; you may sign in, pay \$1 monthly dues and sign up for events.

UPCOMING TRIPS

Calloway Gardens

December 2-4, 2024

We will travel to Calloway Gardens near LaGrange, Georgia during the Christmas season to experience the *Fantasy in Lights*. More information will be available at the next Triple L meeting. You can also sign up at the next meeting with a non-refundable \$300 per-person deposit.



Shades of Ireland

October 24 - November 2

Tour Ireland including Dublin, Waterford, Blarney Castle, Cliffs of Moher, Limerick, Galway

Interest and Sign-Up Meeting:
Wednesday, April 10
4 p.m. in the Chapel

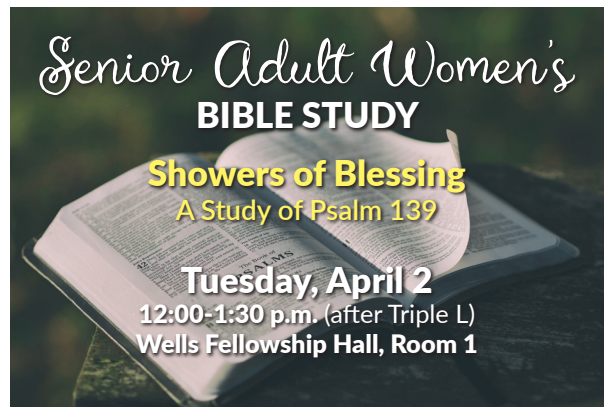
More information also available at the next Triple L meeting.

Senior Adult Women's BIBLE STUDY

Showers of Blessing
A Study of Psalm 139

Tuesday, April 2

12:00-1:30 p.m. (after Triple L)
Wells Fellowship Hall, Room 1





Spotlight on... Beverly Zemke

Do you have a favorite Bible verse?

Joshua 1:9 and Romans 8:28

Tell us about your family.

I was born into a Christ-centered family in Milledgeville, Illinois. We drove 15 miles to Calvary Baptist Church and never were late or missed a service.

In 1958 my parents and six others felt God's leading to start Community Baptist Church in our small farming town (900 people) of Milledgeville. I met my husband, Marion, at church and we were life-long active members.

We got married in 1967 after he got out of the Army. And we were blessed with nearly 55 years together before the Lord called him home in 2022.

We farmed and I worked at Sterling Christian School for 13 years.

We adopted two amazing children, Dr. Jeri Zemke, a professor at UA in Athletic training and Mike and Carrie Zemke of Burlington, Wisconsin. We have two wonderful grandchildren, Breck of Kenosha, WI. and Solei of Burlington, WI.

What ministries are you involved in? I love going to Triple L meetings, day tripping with Triple L, game day, eating out with the special ladies of Naomi's Sisters, and exercising with Legacy Fitness classes.

On Wednesday I go to Bible Study, on Thursday I quilt with the Cover Girls, and I help with the Soup Bowl when needed. In my spare time I love to play the piano and read. I feel so blessed that God in His wisdom moved us to Tuscaloosa. I can see how His timing is always right on time for our best!

People would be surprised to know that.... Over 100 years ago, my grandpa, J. E. Ratcliff was a circuit-riding Baptist preacher in Arkansas and Oklahoma getting paid mostly in chickens and produce. Later he served one church at a time for over 40 years.



Location: Ridgecrest Baptist Church
912 31st Street East, Tuscaloosa AL 35405
Time : 9am-4pm (lunch included)
Free Event!



Chocolate Cobbler

Bobbi Frost

2 cups self-rising flour
3 1/2 cups sugar, divided
3 Tbsp. unsweetened cocoa powder plus 1/2 cup
1 cup milk
1 tsp. vanilla
1 stick butter, melted
3 cups boiling water

Combine flour, 1 1/2 cups sugar and 3 T cocoa. Add milk and vanilla. Pour into 13x9 inch baking dish that has the melted butter in the bottom. With a spoon combine 2 cups sugar and 1/2 cup cocoa in a separate bowl. Sprinkle over the mixture. Top with 3 cups boiling water. Bake at 350 degrees for 30 minutes. May serve with ice cream. For best results, make sure the oven is preheated and the water is boiling.

APRIL Birthdays

Linda O'Bryant	4/3
Roland Mouchette	4/3
Cynthia Stables	4/4
Bettye Hughes	4/5
Sandra Kelton	4/6
Tommy Dockery	4/9
Nancy Johnson	4/10
Annette Walker	4/12
Don Bennett	4/12
Eleanor Wells	4/13
Jo Hosey	4/13
Debra McCrary	4/17
Gene Carpenter	4/19
John Myers	4/19
Connie Rayfield	4/20
Gerald Goodman	4/20
Andrea Glover	4/22
Martha Boteler	4/22
Regena Jones	4/26
Zilpha Cornett	4/30



MAY 8, 2024

REGISTER:
Taylor Fisher
+205-333-2990 ext. 289
@taylor.fisher@westal.org

FREE SOCIAL WORK CEUS AVAILABLE!

PARTNERS IN CARE TRAINING

Course Objectives

1. Develop a foundational understanding of dementia-related illnesses
2. Build therapeutic relationships with those affected by dementia-related illnesses
3. Define the importance of facilitating meaningful life
4. Identify effective communication strategies
5. Apply appropriate strategies for responding to distressing behaviors
6. Explain the importance of self-care for professionals



First Baptist Church
721 Greensboro Avenue
Tuscaloosa, AL 35401

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Dreamy Spaghetti

Linda King

1 1/2 pounds ground chuck	1/2 tsp. salt
1/2 onion, chopped	1/2 tsp. pepper
1 bell pepper, chopped	8 oz. Spaghetti
1 can tomato sauce (28 oz.)	1 block cream cheese (8 oz.)
1 can tomato paste	1/2 cup sour cream
1 Tbsp. Italian seasoning	1/2 cup grated parmesan
1 tsp. garlic powder	

Brown ground chuck and drain. Add chopped onion, chopped bell pepper and cook until tender. Add tomato sauce, tomato paste, Italian seasoning, garlic powder, salt and pepper. Simmer for 15-20 minutes.

Cook spaghetti and drain. Add cream cheese, sour cream and grated Parmesan cheese. Pour into a 9x12 greased dish, pour spaghetti mix on top and bake for 350 degrees for 20 minutes or until bubbly. Let stand for 15 minutes, cut into squares and serve.



Teresa Pugh will lead four sessions through Philippians as we discuss "Growing in Grace". Cost is **\$80** per person, which includes meals and lodging. Invite a college student for just \$40!

Click [HERE](#) for more information and to register, or scan the QR code.



more.

Mature More Devotional Guide Available

Printed copies of our second quarter devotion guide, **Mature More**, are available in displays around the church. Prefer to read on your mobile device or computer? Click [HERE](#) for the online version or visit firsttuscaloosa.org/more. The readings in **Mature More** begin the week of **April 7**.