Senior Adult Ministry of First Baptist Church

Keith Pugh Senior Adult Pastor



JANUARY 2026

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Get Involved in January!

May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13 NIV

Triple L Monthly Meeting & Lunch

Tuesday, January 6

10:30 a.m. in Wells Fellowship Hall

This Month's Speaker: Denise George

Denise George is the author of more than 30 traditionally-published books and thousands of newspaper and magazine articles. She heads the 5000-international-member organization Christian Writers for Life. She has spent a lifetime writing, speaking, and teaching around the world. Denise is married to Dr. Timothy George, founding Dean of Beeson Divinity School, Samford University in Birmingham. She is the mother of two grown children and grandmother of an 8-year-old grandson.

Denise will be speaking about one of her books (*Behind Nazi Lines*, published by Penguin Random House), and telling the fascinating story of an Alabama WWII hero (Andrew Gerow Hodges) who single-handedly saved the lives of 149 Allied POWs imprisoned in a German camp in France.

Triple L Meeting Check-In begins at 10 a.m.: Sign in, pay \$1 monthly dues, sign up for events Lunch Menu (\$6): Pork Tenderloin, Mashed Potatoes, Purple Hull Peas, Collards, Cornbread, Apple Cobbler



Have you registered for the January meeting? If not, scan this QR code to sign up!

Registration Link: https://firsttuscaloosa.churchcenter.com/registrations/events/3352616

From the Senior Adult Pastor...

"O our God...we are powerless before this great multitude who are coming against us; nor do we know what to do, BUT OUR EYES ARE ON YOU!" 2 Chronicles 20:12

King Jehoshaphat is about to be attacked by a powerful enemy army. They are outnumbered and without a plan but he turns to the Lord and looks to Him for help!

As we approach a new year, none of us know the challenges that await. We pray for a prosperous New Year but we all know there will be struggles. My prayer for each of us is that during this year we will keep our eyes on the Lord. We will look to Him to provide all that we need to face our challenges. We will walk with Him looking to Him as a child looks to their father.

The Lord spoke to Jehoshaphat and said, "thus says the Lord to you, 'Do not fear or be dismayed because of this great multitude, **for the BATTLE IS NOT YOURS BUT GOD'S**."

2 Chronicles 20:15

Love you,

Brother Keith

This Month:

Triple L Meeting: Tuesday, January 6 at 10:30 a.m. in Wells Fellowship Hall

Naomi's Sisters: Monday, January 12; location TBA, 11:30 a.m.

Prime Time Singers: Thursday, January 15 and January 29 at 10 a.m.

Sweet Dreams Pillowcase Ministry Workshop: Friday, January 16, 9 a.m. - 12 p.m. in Room FB300

Game Day: Tuesday, January 20; 10 a.m. - 2 p.m. in Wells Hall, Room 1

BUNCO: Thursday, January 22; 2-4 p.m. in Wells Hall, Room 1

Alice's Mission Dresses: Friday, January 23; 9 a.m. - 2 p.m. in Room FB300

Legacy Fit Exercise Classes: Mondays at 2 p.m. and Wednesdays at 2:30 p.m. in Room MB236

The Prime Times is published monthly by the First Baptist Church Senior Adult Ministry. For more information, contact Keith Pugh.

Senior Adult Ministry: 205-632-3054



Cullman Christkindlmarkt Day Trip - December 16

We had a beautiful day for our trip to Cullman!



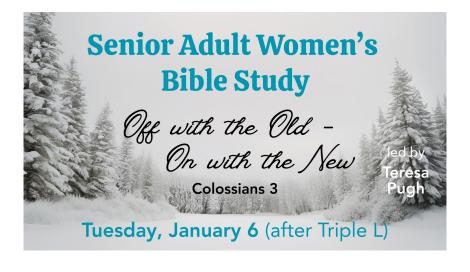






Legacy Fitness

Our Legacy Fitness exercise classes will resume on Monday, January 5. If you have never been this is a great time to start! The workout is not too rigid but covers all aspects of exercise, focusing on improved flexibility and balance. Classes meet Mondays at 2 p.m. and Wednesdays at 2:30 p.m. in Room MB236. Many class participants also either arrive early or stay after to walk the loop on the second floor of the Main Building and Family Ministry Building.





Senior Adult Ministry on Facebook: FBCSenior Adults www.facebook.com/ FBCSenior Adults

Our senior pastor Drew Chapman will share a special message on the "State of the Church" and details about our vision and direction in ministry for the next three-five years.

Leading all Generations to Seek the Good of My Neighbor* and all God Has Next



Alice's Mission Dresses Ministry Workshop

Friday, January 23 9 a.m - 2 p.m. in Room FB300

Drop by or stay the whole time as we prepare dresses for shoeboxes and mission trips. You do not have to sew! Help is also needed in ironing and folding.



Sweet Dreams Pillowcase Ministry Workshop

Friday, January 16 9 a.m - 12 p.m. in Room FB300

Join us to make cheerful pillowcases for children receiving treatment in Children's Hospital and other locations. There are lots of ways you can help!



First Baptist Church's Sunday morning worship services are available by livestream on **Facebook and YouTube**. Find us on Facebook **@FirstTuscaloosa** or visit <u>youtube.com/@firsttuscaloosa</u>. On our YouTube channel you will also find recent sermon and service videos to watch and share. **Subscribe to our YouTube channel** (it's free!) to easily know about new videos and to help others find our content.

Prime Time Singers Thursdays, January 15 and 29 10 a.m. in the Choir Room

Be a part of the senior adult choir! We gather every first, third and fifth Thursday to worship together as we prepare music to share in area retirement homes. Anyone is welcome!

January

Birthdays

Gloria Oglesby 01/03 Woody Kibbey 01/10 Marlynda Thomas 01/11 Donna McCown 01/13 Carol Reed 01/13 Dan Smithson 01/15 01/15 Barbara Estes Carolyn Stewart 01/16 **Rov Howell** 01/16 Bill Walker 01/16 Faye Cook 01/18 01/19 Pat Brewer Genie Elliott 01/19 Gayle Glaze 01/23 Stephen Kaye 01/23 01/24 Carol Wright 01/25 Billy Ray 01/25 Frank Cornett Gwen Lunsford 01/25 Ken Wood 01/26 David Schertz 01/27 Lisbeth Nichols 01/28 Jeri Bowman 01/28





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Chicken Noodle Soup

By: Alyssa Rivers (therecipecritic.com)

Prep Time: 15 minutes | Cook Time: 10 minutes

Total Time: 25 minutes | Servings: 8 people

salt and pepper

10 cups chicken broth

2 cups shredded chicken

12 ounces wide egg noodles

2 Tablespoons fresh parsley

2 Tablespoons olive oil 4 large carrots, sliced 4 celery stalks, sliced

1 small onion, diced

3 garlic cloves, minced

2 Tablespoons fresh thyme,

stems removed (or dried thyme)

INSTRUCTIONS

In a large pot over medium-high heat, add olive oil, carrots, celery and onion. Sauté until tender, 4-5 minutes. Add garlic cloves, thyme, salt and pepper, and sauté for 1 minute more. Pour in chicken broth and egg noodles and bring to a boil on high heat. Reduce to a simmer and let the noodles cook until al dente (about 10 minutes).

Add in shredded chicken and parsley right before serving, and continue to simmer until the chicken is heated throughout. Salt and pepper to taste.

Holiday Schedule

January 4: One-Service Sunday

Worship together at 9 a.m. No child-care or Life Groups; Overflow seating available in Wells Fellowship Hall.

WEDNESDAY NIGHTS

January 7: No evening activities **January 14:** Full schedule resumes

SUNDAY NIGHTS

January 4: No activities

