



## Week 5



### Day 1: Remembering to Be Kind

**Scripture Reading:** 2 Samuel 9:1-5

**Devotional:**

David was a powerful king who could do whatever he wanted. Most kings would destroy the families of old kings so no one could try to take the throne - not David! Instead of asking, "Who can I get rid of?" he asked, "Who can I show kindness to?" This was because David had allowed God to develop goodness inside of his heart! Goodness is what happens inside us when we let God shape our hearts to love what is right. Because David's heart was filled with goodness, his actions overflowed in kindness. David remembered the promise he made to his friend Jonathan, Saul's son. David chose not to hold on to anger at Saul who tried to hurt him. He wanted to show kindness to Jonathan's family. Real kindness often starts with remembering others. It means we don't just focus on ourselves, but we think about people who may need help or love.

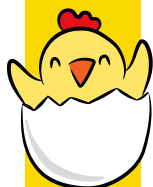
Kindness means looking around and remembering that there are other kids who might be left out. Like David, we can ask, "Who can I show kindness to today?"

**Discussion:**

1. Can you grow goodness in your heart on your own, or do you need God's help?
2. In what ways has God showed kindness to you?

**Prayer:**

Dear God, thank You for showing me kindness first. Help me remember people around me who need love, and give me a heart that cares for others. Amen.



Welcome to week 5 of our On The Farm devo!! This week we are focusing on the fruits of the Spirit... kindness & goodness! Kindness and goodness are very similar in a lot of ways but also unique. Let's learn about them more through a story about David in the Bible.



### Day 2: Kindness in Action

**Scripture Reading:** 2 Samuel 9:5-7

**Devotional:**

When David found out that Jonathan's son Mephibosheth was still alive, he didn't stop at *wanting* to be kind—he did something. He sent people to bring Mephibosheth out of Lo Debar (a place whose name means "no pasture"—a lonely, dry place). Think about that: Mephibosheth had been living in a hard, empty place, probably thinking no one cared about him. But David's kindness moved him from that place to the king's palace! This reminds us that kindness is more than words. It's easy to say, "I care about you" or "I'll pray for you." We don't stop there, true kindness means taking action—helping, sharing, including, or listening. But that kind of kindness doesn't come from just trying harder. It comes from the goodness God grows inside of us. When our hearts are good, our actions follow. Ask God to help you this week - If a classmate looks sad, you can sit with them. If your sibling is struggling, you can lend a hand in a patient and loving way.

Kindness is love put into action!

**Discussion:**

1. How can you put kindness into action this week?
2. How do you think Mephibosheth felt when King David moved him into his house and took care of him?


**Prayer:**

Dear God, help me to show goodness and kindness through what I do. Show me ways to act with love today. Amen.

## Day 3: Kindness is a Gift

**Scripture Reading:** 2 Samuel 9:7-12

### Devotional:



When Mephibosheth arrived at the palace, he was very scared - he thought David would punish him because he was Saul's family. David surprised him with kindness! He gave him back his family's land and promised that Mephibosheth would always eat at the king's table. Mephibosheth didn't earn this gift. Because he couldn't walk, he might have felt weak or unworthy. David gave him kindness anyway. That's what true kindness looks like—it's a gift we give, not something people have to earn. That gift comes from a heart full of goodness. When we let God fill us with His goodness, we are ready to give kindness freely, just like David. This is also how God treats us. We don't deserve His love, but He gives it freely. He welcomes us into His family.

When we show kindness to others, we are giving them a taste of God's love. We can still give kindness as a gift even if others are not kind back. Think about when you share a toy, give encouragement, or invite someone to join you—it's like giving them a present of love.

### Discussion:

1. Have you ever felt unworthy of love and kindness?
2. How can you combat that lie/feeling? How can you help someone else struggling?


### Prayer:

Jesus, thank You for giving me kindness I don't deserve. Help me to give that same gift to others, even when it's hard. Amen.

## Day 4: Kindness Welcomes Everyone

**Scripture Reading:** 2 Samuel 9:13

### Devotional:



Mephibosheth was disabled—he couldn't walk. In those times, people often looked down on those with disabilities. David didn't. He treated Mephibosheth like family. He welcomed him to eat at the king's table every day, just like one of his own sons. That's the heart of kindness—welcoming everyone, no matter who they are, what they look like, or what they can or can't do. True kindness doesn't leave people out. It says, "You belong." The goodness God grows in our hearts helps us see people the way God does, and kindness is how we show it. When we are kind to others, especially those who are different, we are showing them the heart of God. Jesus welcomes everyone into His family, and we get to do the same. At school, church, or even at home, there may be people who feel left out or different. Maybe they're new, shy, or just not like you. But kindness means making them feel included—just like David made Mephibosheth part of his family.

### Activity:

Decorate a simple index card or small piece of paper with kind sayings on them (i.e. "you are special" or "Jesus loves you"). Encourage your child to speak these things to themselves or others by placing the card somewhere they will see each day as a reminder!

### Prayer:

God, help me to be like David and welcome everyone with kindness. Help me to see others the way You see them. Amen.

## Memory Verse



**"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."**

**Galatians 5:22-23 (NLT)**

