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WHALE OF A TALE

REBEL WITH A CAUSE

Jonah 2:1 Then Jonah prayed to the Lord his God from inside
the fish. **2** He said,
"I cried out to the Lord in my great trouble,
and he answered me.
I called to you from the land of the dead,
and Lord, you heard me! *(NLT)*

God Hears Our Prayer For

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Petition:

- Ask God for specific requests and needs in your life and the lives of others.

Healing:

- Pray for healing in all aspects of your life, including Physical, Mental, Emotional, Financial, Spiritual, and Relational areas.

Protection:

- Pray for protection against harm, danger, and evil

Jonah 2:3 You threw me into the ocean depths,
and I sank down to the heart of the sea.
The mighty waters engulfed me;
I was buried beneath your wild and stormy waves.
4 Then I said, 'O Lord, you have driven me from your presence.
Yet I will look once more toward your holy Temple.' *(NLT)*

God Hears Our Prayer For

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Confession:

- Ask for forgiveness for your sins and shortcomings.

Forgiveness From God:

- Ask for forgiveness for your sins (missing God's mark of perfection).

Forgiveness To Others:

- Extend forgiveness to others who have wronged you.

Jonah 2:5 "I sank beneath the waves,
and the waters closed over me.
Seaweed wrapped itself around my head.
6 I sank down to the very roots of the mountains.
I was imprisoned in the earth,
whose gates lock shut forever.
But you, O Lord my God,
snatched me from the jaws of death! *(NLT)*

God Hears Our Prayer For

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Gratitude:

- Take time to express gratitude for everything in your life, big or small.

Appreciation:

- Thank God for His blessings, mercy, and grace in your life.

Thankfulness:

- Pray for thankfulness in all circumstances, whether good or bad.

Jonah 2:7 As my life was slipping away,
I remembered the Lord.
And my earnest prayer went out to you
in your holy Temple. *(NLT)*

God Hears Our Prayer For

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Provision:

- Ask for provision in all areas of your life, including finances, relationships, and health.

Strength:

- Pray for strength to overcome challenges and trials in life.

Wisdom:

- Ask for wisdom to make the right decisions in your personal and professional life.

Guidance:

- Ask for guidance and direction, including your career, relationships, and purpose.

Jonah 2:8 Those who worship false gods
turn their backs on all God's mercies. *(NLT)*

God Hears Our Prayer For

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Salvation:

- Pray for the salvation of your loved ones and people worldwide who have not yet accepted Christ.

Compassion:

- Pray for compassion to serve others and positively impact the world.

Intercession:

- Pray for the needs of others, including their salvation, healing, and provision.

Jonah 2:9 But I will offer sacrifices to you with songs of praise,
and I will fulfill all my vows.
For my salvation comes from the Lord alone."
10 Then the Lord ordered the fish to spit Jonah out onto the beach. *(NLT)*

God Hears Our Prayer For

_____ / _____

Faith:

- Pray for the faith to trust God and His plans for your life.

Love:

- Pray for the capacity to love God and others unconditionally.

Joy:

- Pray for joy and the ability to spread joy to others.

Peace:

- Pray for inner peace and tranquility in your mind, heart, and soul.