

WHAT FREEDOM DO YOU
NEED TODAY? WHAT'S
KEEPING YOU IN CHAINS?
AN ADDICTION, BETRAYAL,
GRIEF?

MAYBE YOU ARE FEELING
HOPELESS IN A
RELATIONSHIP, OR EVEN
DISTORTED THOUGHTS
ROLLING AROUND IN YOUR
OWN HEART AND MIND.

NO MATTER WHERE YOU
ARE ON YOUR LIFE
JOURNEY, YOU CAN BE
FREE FROM YOUR PAST,
THRIVE IN THE PRESENT,
AND EXPERIENCE A HOPE-
FILLED FUTURE. YOU CAN
EXPERIENCE A FRESH
START FOR YOUR HEART
AND LIVE "FORGIVEN,
FORGIVING AND FREE".



FRESH START

Overcoming the affects of
offense, hurt, and loss

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Our Mission

We exist to see all people in every nation free from the effects of offense, hurt, and loss through the transforming power of Jesus.

We help you identify the source of pain, learn the process of forgiveness, and find your pathway to freedom.

Our Strategy

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The Process



Part 1

Offense, Hurt, Loss.
Identifying Who or What is in your Gap.

Part 2

Affect. What is in your heart? How has this offense, hurt or loss affected you?

Part 3

Response. What have you decided? How have you responded to the offense, hurt or loss?

Part 4

Go Vertical! Pour out your heart to the Lord. Express your desires to the Lord.

Part 5

Forgive. Cancel the debt! Forgive the one who has offended or hurt you.

Part 6

Release. Let God handle it! Release the offense, hurt, or loss to the Lord.

Small Groups

A Fresh Start small group is an opportunity for you to process issues of unforgiveness, relational hurts and offenses from past or current relationships, and learn the importance of being both forgiven by Jesus and forgiving others in the same way.

What to Expect

In a gender-based, confidential small group of 6 or less participants, experienced leaders will help you identify a specific offense, hurt, or loss; including how it's affected you, how you've responded, and how to begin to release that offense, hurt, or loss - paving the way to be forgiven by Jesus and become a forgiving and free person.

During your experience, you will be provided space and time to share your process and to hear from others as they share their own.

How long do Fresh Start groups last?

Small groups typically require a 8-10 week commitment depending on the size of the group.