

GREATER MOUNT CALVARY HOLY CHURCH

# 2025 FALL PRAYER GUIDE

## SEPT 8<sup>TH</sup> – SEPT 28<sup>TH</sup>



# PRAY21

21 DAYS OF PRAYER & FASTING

**Be Strengthened. Be Encouraged. Be Renewed.**

FOLLOW US

f GMCHC  
@GMCHC1  
@GMCHC1  
GREATERDC

**GREATER MOUNT CALVARY HOLY CHURCH**

610 RHODE ISLAND AVE., NE • WASHINGTON, DC 20002  
RODNEY L. CARTER, JR., PASTOR LADY CHERESE Y. CARTER, FIRST LADY





# When Heaven Moves: 21 Days of Prayer for Miracles

Dear GMCHC Family,

It is with great joy and expectation that I welcome you into this sacred journey of 21 Days of Prayer and Fasting. **Our theme for the 21 Days is “When Heaven Moves.”** Throughout scripture, we are reminded that our God is not distant, but present, powerful, and still performing wonders in the lives of His people. From the parting of the Red Sea to the collapse of the walls of Jericho, to the blind man receiving sight, and Jesus coming out of the tomb, God has always shown Himself strong on behalf of those who believe.

This season is more than ritual or spiritual routine. It is an invitation. An invitation to draw near to prayer with increased faith, to step out of our comfort zone of belief, and to expect the miraculous intervention of God to move in our lives, in our families, in our church, and in our community.

Throughout the next 21 days, we gather in community, committed in prayer believing for supernatural breakthrough. Some are praying for healing, some for provision, some for reconciliation, and some are praying for direction, but all of us covenant that when heaven interrupts, miracles occur.

As we embark on this journey, I invite you to join us for our **Prayer Gathering on Saturday, September 13th, 8:00–11:00 AM**. This will be a powerful time of corporate prayer as we call on heaven together. It will be a thrilling time of corporate prayer as we call heaven down over us. In addition, let's remain intentional about staying in the Word by joining **Word Wednesday (Bible Study) online every Wednesday at 7:00 PM**. These are vital times for us to seek God's presence and grow in His truth.

Let us walk these 21 days in hopeful anticipation, for we serve a God who keeps on finding a way where there appears to be no way. Let's approach each day with open hands and an open heart. Pray with boldness. Believe fervently. And record the miracles, both big and small, that God does along the way. I am certain testimonies will emerge from this period that will deepen our faith for years to come.

In His Service,

*Pastor Rodney L. Carter, Jr.*

Pastor Rodney L. Carter, Jr.  
Pastor

# CREATING SPACE FOR PRAYER

How do we make prayer a part of our everyday life? We can learn from three things that Jesus did...

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed (Mark 1:35).

## **A CERTAIN TIME**

Jesus got up very early in the morning to spend time with His Heavenly Father. For prayer to work, we should do the same. Make a daily appointment with God and keep it.

## **A CERTAIN PLACE**

Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background.

## **A CERTAIN PLAN**

Go into your prayer time with a plan. If it changes that's fine. When Jesus taught His disciples how to pray, He gave His disciples a prayer outline. We call it the Lord's Prayer. This outline along with several other tools are available in this booklet.

# HOW WILL I FAST?

## **WHAT IS FASTING?**

The goal of fasting is to draw nearer to God. Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It also enables us to celebrate the goodness and mercy of God and prepares our hearts for all the good things God desires to bring into our lives.

## **TYPES OF FAST:**

There are different types of fasts, each offering unique ways to draw closer to God. Remember, your personal fast should present a level of challenge, but it is very important to know your body and your options. You can choose the one that best fits your spiritual needs, whether it's a complete fast, a selective fast, a partial fast or a fast from certain activities, such as the options listed below.

### **TYPE 1: Complete Fast:**

This fast calls for drinking only liquids, typically water with light juices as an option.

### **TYPE 2: Selective Fast:**

This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, or bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

### **TYPE 3: Partial Fast:**

This fast is sometimes called the Jewish Fast and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 am to 3:00 pm, or from sunup to sundown.

## **TYPE 4: GMCHC Model Fast:**

### **Option 1**

Fast in each area, as assigned for the week.

### **Option 2**

Fast in each area, as assigned for the week while continuing the previous week(s).

### **Food (Sept 8 – Sept 14)**

This week we're fasting from food. It consists of the Daniel Fast: fruits, vegetables, grains, nuts, and legumes. Water, fruit, and vegetable juices. We're declaring deliverance from attractions, distractions, and anything that hinders us from pleasing God.

### **Accounts or Food and Accounts (Sept 15 – Sept 21)**

This week we're fasting from active spending. It consists of spending only on necessities, limiting debit and credit card use, and avoiding recreational spending (i.e. movies, shopping, restaurants, etc.).

### **Social Media or Complete F.A.S.T. Food, Accounts, Social Media and Television (Sept 22– Sept 28)**

This week we're fasting from social media. It consists of avoiding social media platforms (i.e. Facebook, Twitter, Instagram, TikTok, etc.) for recreational purposes.

## **MEDICAL CONDITIONS**

If you have health concerns, are currently taking medications, or are under the care of a physician, please consult with your physician regarding the fast.

## **TIMING OF A FAST**

At Greater Mt. Calvary Holy Church, we encourage fasting for 21 days each year in the months of January and September. This is part of a season of focused prayer as a church family. You may also choose to fast at other times during the year for your own spiritual development. It's very typical to fast a single meal for a whole day, three days or more. The timing of your fast is not as important as the strength of your focus on Him as you fast.

## **MATTHEW 6:16-18**

*16 When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. 17 But when you fast, put oil on your head and wash your face, 18 so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.*

## **TESTIMONIES AND PRAYER REQUESTS**

If you have a testimony for what God has done through prayer and fasting, we would love to hear about it and celebrate with you. Simply send an email to [prayer@gmchc.org](mailto:prayer@gmchc.org).

If you have a prayer need, our team will be honored to pray with you. Submit your testimony or prayer request by email to [prayer@gmchc.org](mailto:prayer@gmchc.org).



# 2025 FALL PRAYER POINTS

*When Heaven Moves: 21 Days of Prayer for Miracle*

## WEEK 1 – Miracles of God's Power (Who He Is)

### Reflection Questions:

Where in my life do I need to see God's power at work right now?  
What "altars" in my life need to be rebuilt so His fire can fall?

### Prayer Focuses

- Day 1 – Sept 8:** Pray for faith to believe God for miracles (Mark 9:23).
- Day 2 – Sept 9:** Pray for the fire of God to fall fresh in our lives (1 Kings 18:36–39).
- Day 3 – Sept 10:** Pray for God to break chains and open prison doors (Acts 12:6–11).
- Day 4 – Sept 11:** Pray for revival fire to awaken the church (Acts 4:31).
- Day 5 – Sept 12:** Pray for victory over spiritual strongholds (2 Corinthians 10:4).
- Day 6 – Sept 13:** Pray for God's presence to dwell richly among us (Exodus 33:14–15).
- Day 7 – Sept 14:** Pray for boldness to be witnesses of His miraculous power (Acts 1:8).

## WEEK 2 – Miracles of God's Provision (What He Gives)

### Reflection Questions:

What area of my life feels empty that I need God to fill?  
How can I trust God more with my resources instead of relying on myself?

### Prayer Focuses

- Day 8 – Sept 15:** Pray for daily bread and supernatural provision (Matthew 6:11; Philippians 4:19).
- Day 9 – Sept 16:** Pray for God to multiply resources (2 Kings 4:1–7).
- Day 10 – Sept 17:** Pray for doors of opportunity and favor to open (Revelation 3:8).
- Day 11 – Sept 18:** Pray for financial breakthroughs and debt cancellation (Romans 13:8).
- Day 12 – Sept 19:** Pray for wisdom to steward God's blessings (Proverbs 3:9–10).
- Day 13 – Sept 20:** Pray for miraculous protection and safety (Psalm 91).
- Day 14 – Sept 21:** Pray for supernatural increase for the ministry and the body of Christ (Luke 5:4–7).

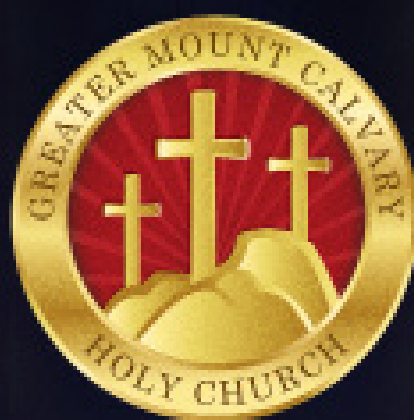
## WEEK 3 – Miracles of God's Healing & Deliverance (What He Does)

### Reflection Questions:

What broken area in my life am I asking God to heal?  
Who in my family, church, or community am I believing God to deliver and save?

### Prayer Focuses

- Day 15 – Sept 22:** Pray for physical healing in the sick (Isaiah 53:5).
- Day 16 – Sept 23:** Pray for emotional and mental healing (Isaiah 26:3).
- Day 17 – Sept 24:** Pray for deliverance from addictions and destructive cycles (John 8:36).
- Day 18 – Sept 25:** Pray for reconciliation in families and marriages (Malachi 4:6).
- Day 19 – Sept 26:** Pray for salvation and spiritual breakthrough for the lost (Acts 16:31).
- Day 20 – Sept 27:** Pray for God to show miracles in our city and nation (2 Chronicles 7:14).
- Day 21 – Sept 28:** Pray for revival fire to fall again and for us to walk in miracles daily (Psalm 85:6).



**PRAY21**

21 DAYS OF PRAYER & FASTING