



Dr. Brent Van Elswyk, Pastor of Counseling
Debbie Allen, Assistant Director
Nicole Cooper, Ministry Assistant

www.riverlakeschurch.org

661.589.9733 x222

Christian Counselor Referral List

- Vester Bradshaw, LMFT hopeempowerscounselingservices@gmail.com 661-448-7514
Private Practice Fridays, Kern Legacy or Superbill; at Kaiser M-Th 10-adult (esp.16-25)/cpls/family
(anxiety/grief/dprssn, boundaries, traumas, abused, CD, porn, spiritual growth; mental illness; DBT, CBT)
- Cindy Chow, LMFT M/W/F cchowlmft@gmail.com 661-525-9135
(teens, cpls infertility, depression/anxiety/esp. grief, self-harm/suicidal; superbill, Lyra, sliding scale)
- Jill Erro, AMFT Tu/W/Th <https://www.jenniferhopestherapy.com/jill> 661-440-6788
(women, cpls, cutting, anxiety/OCD/, grief/loss, betrayal trauma/recovery, attachment, illness; superbill)
- Susan Futrell, APCC lifechangeshelp@gmail.com 661-487-1477
(12&up; trauma/abuse/neglect/betrayal; PTSD, grief, dprssn, codpndncy; values/resiliency; sliding scale)
- Ken Harlander, LMFT (cpls/fam/teens; dprssn/anxiety/grief/trma; bipolar; addictions -inc.SA; superbill) 661-491-0990
- Stephanie Heintz, LMFT StephanieHeintz.com 661-238-3120
Christian Counseling with Stephanie virtual or in person; superbill Stephanie@StephanieHeintz.com
(adults/families/premarital; PTSD, Borderline, DPT, suffering, OCD, panic, emotions; walk w/God)
- Kingdom Community Ministries <http://www.kcmcounseling.com/> 661-324-4070
Dr. Jennifer Anderson (10&up; sex abused; boundaries; grief/loss/divorce; groups)
Dr. CeCe Rubalcava (any age; Spnsh; illness, dsablt, dpressn; repressn, codpndncy; life-stages; demonic influence)
Dr. Joy Wright (any age; anxiety; sex abused; dprssn; boundaries; family/stpfmly; career; illness; grief)
Dr. Matt Edmondson (8&up; premrtl, cpls, grf/trma, anxiety, addictions -inc.SA, pedo; schizo; slide scale)
Dana Saba, Licensed Minister (adults; grief/loss/trauma, anxiety, caregiving, codependency, health)
- Janice Medrano, LMFT 855-598-4673
(7-adult, esp teens; sex ID; sex abuse; suicide; EMDR; 1st Responders; trauma, dpressn; superbill)
- Lowell Lueck, LMFT 661-205-5018
(adults, couples; suffering, marriage, divorce, prodigals, grief)
- Monica Morovich, LCSW monicamorovichlcsw@gmail.com 661-768-1130
(EMDR cases only -grief, trauma, family systems, trafficking; all ages -esp.20s; all DSM; spks Spanish)
- Reflect Christian Counseling <https://reflect-christian-counseling.com/> info@reflect-cc.com
Patrick Middleton, LMFT (any age -xTeenGirls; cutting, ADHD, bipolar, suicidal, schizophrenia,
grief/loss/trauma, identity/confusion; family systems; sliding scale/super bill/most Ins) 661-205-5325
Ryan Briscoe, LPCC (all ages; play/teens/parenting/cognitive/motivational; Pure Desire;
brief solution-focused; most ins.) 661-479-2505
- Shannon Neely, Biblical Counselor info@healingyourheartcounseling.com 661-428-3689
(teen-elders/cpls, premrtl; grief, codpndncy, abortion, rape, infidelity, bipolar, SA, demonic influence; spiritual)
- Michael Sampley LMFT (adults/fam; dating/premarital; couples/sex; SA, communication) 661-322-4187
- Elida (Lee) Stewart, LMFT Mon/Tu; accepts Kaiser; slide scale estewart@lifeconnections.email
(anxiety, dprssn, OCD, ADHD, cpls; MorFsexual abuse; drg/alcol, divorce, grf/trma, EMDR, brain spotting)
- Jenny Thoman, LMFT Tu/Th (adults/cpls; grief, all traumas; MediCare & some ins) 661-303-6326
- Wellspring /Dr. Sherry Rose & staff www.wellspring-journey.com 661-489-5953
(cpls/fam/any age; self-harm, anxiety/dprssn, addictns, identity, bndrys, victim, DV, spiritl abuse; slide scale)

Christian Psychologists

California Spectrum Services/Dr.Nick Garcia	661-634-0789
(family&parenting/special needs/autism/behavior/neuro/ assess, report, refer/most ins &MediCal)	
Dr. Michael Kirk (family, children ,custody, court)	833-5890
Dr. Laurie Koenig (any age;testing;CD;ED;mediCal/mediCare,PTSD;ADD;some\$discount)	428- 0506
Dr. Joshua Lefler (SA; autism; assess/diagnose any age; bipolar)	505-6351
Dr. Joshua Sarazin (10-adlt; foster kids/court ordered youth; sex offenders; cutters; some ins)	431-5026

Psychiatrists

Daniel Amen, MD: **Amen Clinic** for Behavioral Medicine, 2 locations 888-208-2057

The following are **NOT Christian** but excel in diagnosing and treating mental illness:

Fernandez Danilo, MD (child & adolescent)	619-7276
Albert Ma, MD (esp. child & teens)	323-6410
Franco Song, MD	323-6410
Ravi Goklaney, MD	589-1200
Setare Eslami, MD (adults of all ages)	735-3887

Other

Be Finally Free <https://befinallyfree.org/> 661-489-5952
(counseling; job training; post incarceration; court ordered classes; CR; DV; LGBT; sliding scale)

Nancy Keller, LMFT (Christian; telehlth;dpresn,abused,cples,pryr,life stgs) nkellermft@gmail.com

Katie Ford Counseling Svcs (Christian; telehealth; esp.women/couples; CD) 661-426-4213

Elizabeth Deeths, LMFT 661-889-4638
(Christian; telehealth; any age; families/marriage; trmnl/crncl ill; bills ins; past occupational therapist)

Crisis Pregnancy/Bakersfield Pregnancy Ctr. 661-326-1907

Crown Ministry (biblical budgeting) & Money Map Coaching 661-334-0500

Aspire Behavioral Health (adult or adolescent Intensive) 661-829-7301

California Commission on Sexual Exploitation www.CalCose.com 661-760-COSE

Exploiters Accountability Program (SEAP re: commercial encounters)

Adult & Youth Offenders Treatment (SOTP); Breaking Strongholds of Porn (BSP in both sexes)

Problem Sexual Behavior in Youth (Pathway to Hope for ages 8-17 & their family)

DrakeInstitute.com (non-drug trtmnt/ADD/Autism/TBI /stress disorders) 1-800-700-4233

FocusOnTheFamily.com (search: **counseling** for all issues / 1-2x free) 1-800-A-FAMILY

BUDGETING advice www.everydollar.com

Overcome Same-Sex Attraction www.hiswayout.com

Abortion Recovery www.healingafterabortion.org

Senior Placement tim@bakersfieldseniorplacement.com 661-336-2416

CSUB (low fee intern program during school year -request a Christian) 661-654-3402

Omni Family Health (accepts all ins/no ins; request a Christian) 800-300-6664

Suicide Awareness/HotLine 800-273-8255 www.nowmattersnow.org

Alliance Against Family Violence & Sexual Assault / Open Door Network 661-327-1091

NAMI / Amy Hollman 661-247-5426

Consumer Family Learning Center 661-868-5074

Therapist profiles www.psychologytoday.com

Kern County Crisis Intervention 24/7 HOTLINE call 988

"Therefore encourage one another and build each other up..." 1 Thess. 5:11