BBC Food Bank Shopping List

Breakfast & Cereal

Boxed Cereal Instant Oatmeal Fruit or Granola Bars Frozen Waffles Frozen Fruit Bags



Instant Soup Pouches

Snacks

Peanut Butter
Jam or Jelly
Pudding
Nutella
Chips
Fruit Cups
Applesauce
Cookies

Pasta & Rice

Spaghetti, Rotini,
Penne, Rigatoni
Rice, Basmati, Jasmine
Boxed Dinners, Kraft Dinner,
Hamburger Helper
Tomato Sauce/Paste
Frozen Pasta or Entrees

Beverages & Condiments

Juice, Juice pouches, Tang, Kool-Aid. Coffee, Tea, Sugar, Salt & Pepper, Cooking Oil, Frozen juice cans

Other

Toothpaste
Toothbrush
Feminine Products
Baby Wipes
Diapers
Soap
Toilet Paper

Vegetables

Corn, Peas, Beans
Mushrooms,
Vegetables
Dried Beans
Dried Lentils
Frozen Vegetables

Meat & Fish

Canned Tuna (170g)
Canned Mackerel
Cooked Ham
Corned Beef
Frozen Chicken Nuggets
Frozen Fish Sticks
Frozen Fish Fillets

Bread & Flour

Frozen Garlic Bread
Breads
Crackers
Flour
Bagels
Breadsticks

Please remember to check dates!



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