



Life Group
Sermon Guide Questions
22 JUNE 2025

The Joyful Descent: A Philippians 2 Miniseries

Beyond Bayanihan

Philippians 2:1-11

Discovery

- 1) Paul begins in verse 1 with four foundational gifts we have in Christ ("encouragement," "comfort," "participation," "affection"). How does rooting our unity in what we have already received change the command that follows in verse 2?
- 2) In verses 6-8, what are the specific, sequential steps that Jesus takes in His "emptying" of Himself, moving from the highest place to the lowest?

Understanding

- 3) The sermon contrasts "selfish ambition" with humility. How does valuing others as "more significant" (v. 3) free us from the anxiety of constantly needing to promote or defend ourselves?

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4) Verse 9 says, "Therefore God has highly exalted him." How does Jesus's story completely redefine our worldly understanding of success and what it means to be great?

Application

5) Selfish ambition and conceit can be understood as enemies of unity. Which of these two might be your personal default setting of late, and in what specific area of your life (work, family, church) does it most often appear?

6) Jesus invites us to learn the "unforced rhythms of grace." What is one area where you are currently striving with "forced rhythms," and what would one small (or large) act of humble service or trust look like there this week?

7) Humility requires action. What is one simple, concrete opportunity you have this week to look not to your own interests, but to the interests of someone else, as an act of obedience?

