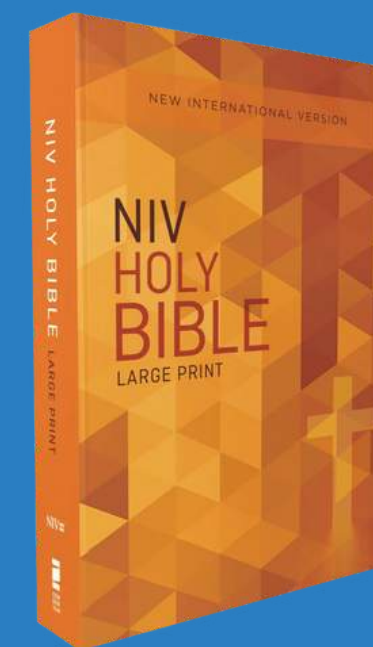




JESUS, OUR REST

THE GOSPEL OF LUKE



PAGE
963

LUKE 6:1-11

PASTOR RANDY BRAINARD

28 DECEMBER 2025

MISUNDERSTOOD



MISUNDERSTOOD

iMessage
Today 6:35 PM

Dude what is your street name?

Lil Marco

You live on a street called Lil Marco?

Delivered

Ohhhh you meant my address?

MISUNDERSTOOD



The Misunderstanding

Pharisees thought they should write a bunch of rules to decide how to keep the Sabbath to feel righteous and holy

But the Sabbath was a gift given to God's people to trust God and REST in His redemption





... we have an
advocate with
the Father—
Jesus Christ,
the Righteous
One

1 JOHN 2:1



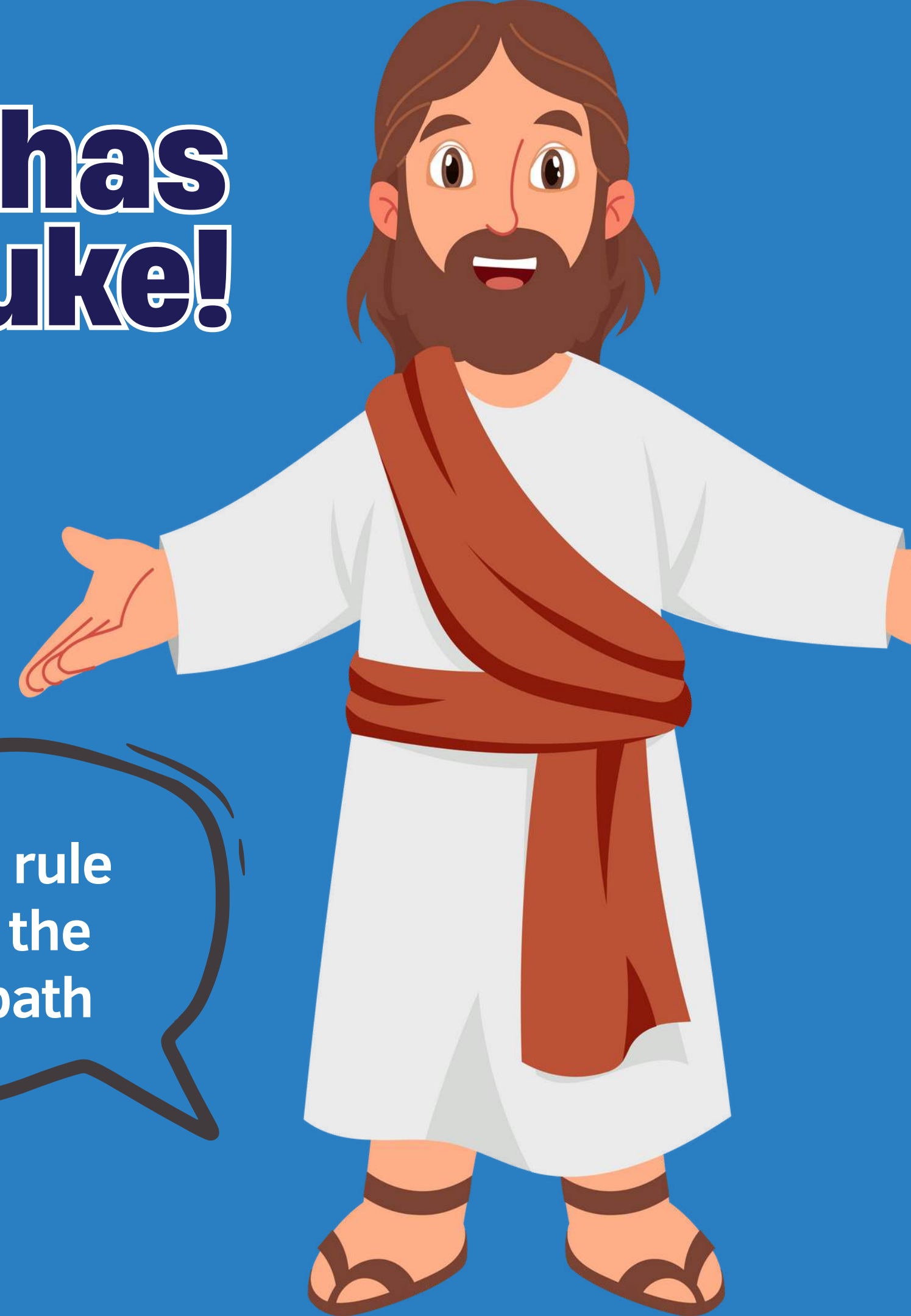
Recent things Jesus has said in the book of Luke!

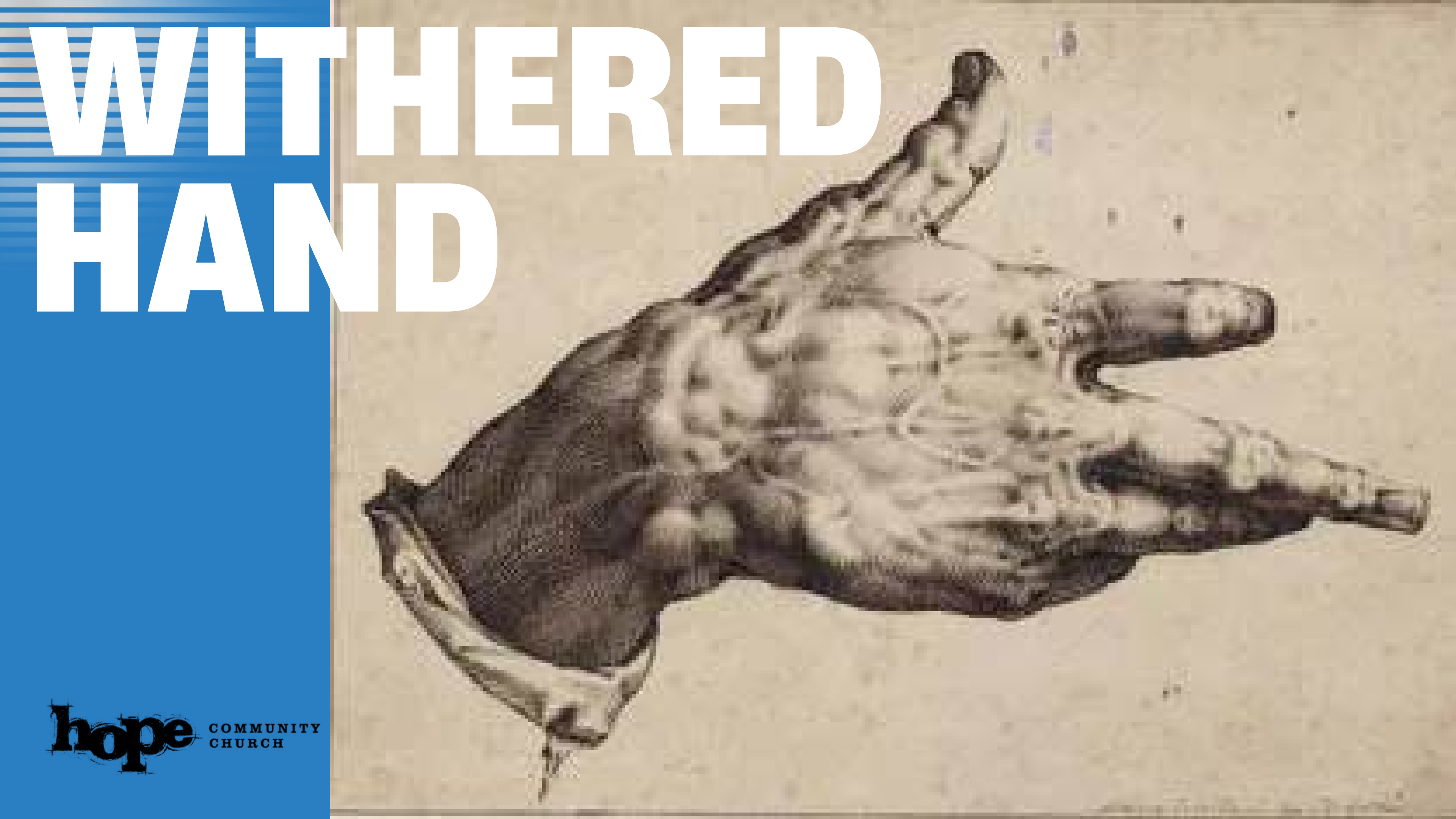
I am the one
who can
forgive sins

I am the one
who came for
the sick

I am the one
who cleanses
the leper

And I rule
over the
Sabbath





WITHERED HAND

A large Saguaro cactus stands prominently on the left side of the image, with several other smaller cacti in the background. The desert landscape is filled with low-lying shrubs and rocks. The sky is a clear, bright blue.

On the Sabbath...

**To gather with the people of
God and hear the Word taught
= GOOD**

**To help someone in need
= GOOD**

Jesus fulfills the Sabbath rest!

MATTHEW 11:28

Come to me, all you who are
weary and burdened, and I will
give you rest.



Jesus fulfills the Sabbath rest!

HEBREWS 4:3

**Now we who have believed
enter that rest...**



Sabbath TODAY



**AS A GIFT TO MANKIND,
A DAY OF REST, IS A GIFT
THAT SHOULD BE
PRACTICED**

Sabbath TODAY

2

**SINCE JESUS IS THE
FULFILLMENT OF THE
SABBATH WE CAN
EXPERIENCE THE REST
OF RELATIONSHIP WITH
HIM EVERYDAY**

HOW DO WE DO THAT?

1

**WE HAVE TO GET OUR MIND
WRAPPED AROUND THE
TRUTH THAT GOD IS
ACTIVELY PRESENT IN EVERY
SITUATION**

(SO THAT WE CAN EXPERIENCE REST!)

HOW DO WE DO THAT?

2

**WE NEED TO TRUST THAT HE
IS TRUSTWORTHY IN THIS
DIFFICULT SITUATION**

(SO THAT WE CAN EXPERIENCE REST!)

HOW DO WE DO THAT?



**WE NEED TO REMEMBER
THAT WE ARE COMPLETELY
100% INADEQUATE**

(SO THAT WE CAN EXPERIENCE REST!)

HOW DO WE DO THAT?

4

**WE NEED TO REMEMBER GOD
IS STILL WORKING ON US**

(SO THAT WE CAN EXPERIENCE REST!)

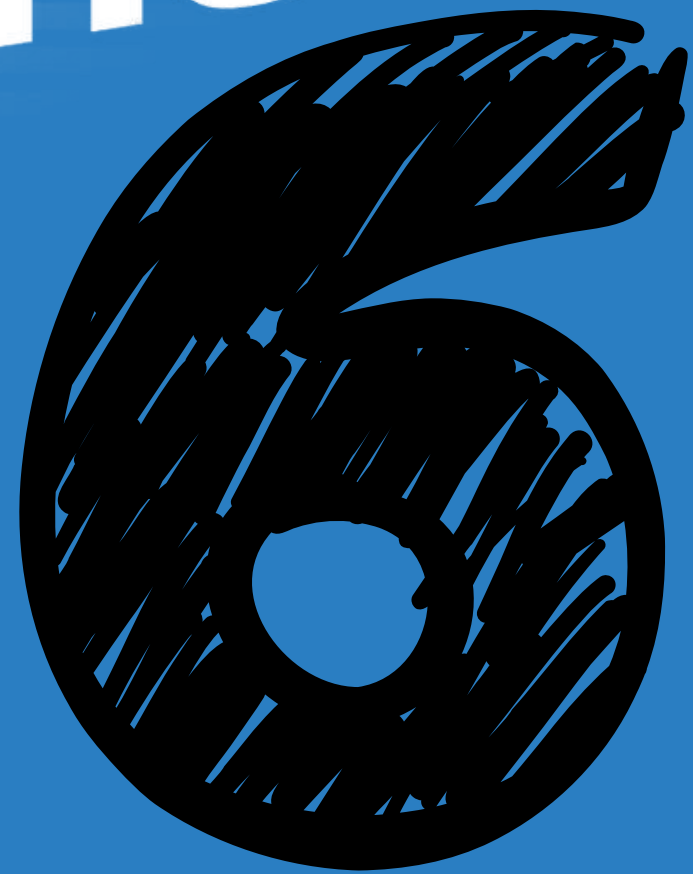
HOW DO WE DO THAT?



**WE NEED TO HEAR GOD'S
PROMISE THAT HE WILL
SHOW UP IN THE MOMENT**

(SO THAT WE CAN EXPERIENCE REST!)

HOW DO WE DO THAT?



**WE NEED TO KNOW THAT
SERVING OTHERS BRINGS
REST.**

**JESUS SAID, “IT IS MORE
BLESSED TO GIVE THAN TO
RECEIVE.”**

HOW DO WE DO THAT?



**WE CAN REST IN THE TRUTH
THAT ANGELS ARE DOING
BATTLE IN THE UNSEEN
WORLD ON OUR BEHALF**

(THIS SHOULD GIVE US REST)

“Are not all angels ministering spirits sent to serve those who will inherit salvation?” Hebrews 1:14

... we have an
advocate with
the Father—
Jesus Christ,
the Righteous
One

1 JOHN 2:1



2 KINGS 6:17

“And Elisha prayed, “Open his eyes, Lord, so that he may see.” Then the Lord opened the servant’s eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha.”

HomeGroup Questions

1. Do you personally practice a day of rest every week?
2. Reread Luke 6:1-11. How did the Pharisees and Jesus disagree on the purpose and practice of the Sabbath?
3. Reread the seven points of how we can experience Sabbath rest every day. Which one is meaningful to you? Do you know anyone who lives these out well?
4. How would you diagnose yourself in living in the rest of your relationship with Christ?(On a scale of 1-10) Why do you give yourself this score?
5. How could you grow in “resting in Jesus Christ”?