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What is "making the sign of the cross"?

Making the sign of the cross means to draw an invisible cross on yourself at certain times during personal prayer, the Divine Service and other appropriate times during worship.

How do I make the sign of the cross?

Hold your thumb and two fingers together. Touch your forehead, then your tummy, your left shoulder, then your right shoulder and finally your chest. Try it a few times and you'll get it. Before long, it will be easy to do!

Why is it a great thing to do?

Can you think of a time when your pastor first made the sign of the cross on you? At your Baptism, you received the sign of the cross on your forehead and on your heart to mark you as one redeemed by Christ! Making the sign of the cross is a great way to remember all that Jesus has done for you on the cross and given to you in and through Baptism!



Parents: Before or after the service, practice making the sign of the cross with your children. Remind them that we may make the sign of the cross at certain times during the service, for example, anytime you see a small red "cross" symbol, or pastor makes the sign of the cross on the congregation.



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