

Family Acts of Kindness for Epiphany

Knit or collect scarves, hats and mittens.

If you happen to have a particular talent for knitting, try knitting a few scarves, hats and mittens to donate to people in need. Even if you aren't a very good knitter, consider donating any mittens, scarves or hats you can to the local shelter.

Collect money to fuel heat.

For many people, the extra costs to keep the house warm during winter are too much to afford. Host a penny drive campaign to assist families in paying for their heating.

Write and send cards.

For some, the cold season is often the loneliest season. Help brighten someone's day during the dark winter months by writing and sending a greeting card. Write cards for a local shelter to hand out to patrons, thank volunteers for their service or give back with a care package for troops overseas, hospitalized children or people in need.

Build a blizzard box.

Cold weather can prevent necessary community programs like Meals on Wheels from delivering. To help people who need the services, try building a "blizzard box" with anything they might need during a winter storm. Include nonperishable food items, water and even a flashlight for them to feel secure when programs aren't available.

Bring food for a shelter.

Finally, the winter season can also put a strain on community shelters, as people in need rush indoors to try and stay warm. This often results in a lack of available resources. Get involved by bringing food for the shelter to give away.

Organize a reading hour for children at your local hospital or library.

This is a great way for kids to share with others. Read your favorite stories to children who are ill in the hospital or organize a group in your local library.