

HEATHER ITALIANO



Heather Italiano is an energetic speaker, skilled facilitator, and organizational health consultant in Dallas, TX. She is on a mission to help people find dignity and meaning at work by creating healthy, connected, and fully engaged teams. With a background that spans casting in New York City to leadership development in hospitality, Heather now runs People Warriors, where she helps organizations transform disconnected teams into high-performing, aligned ones. Through workshops, speaking, and retreats, Heather empowers teams to work efficiently, collaborate effectively, and increase bottom-line growth. Her approach ensures that when the right people are in the right seats, amazing things happen.

