

5 2 W E E K S
O F G R O W T H

Give it a Year
Week 45

WEEK 45

Genesis 19:23-26

“By the time Lot reached Zoar, the sun had risen over the land. Then the Lord rained down burning sulfur on Sodom and Gomorrah—from the Lord out of the heavens. Thus He overthrew those cities and the entire plain, destroying all those living in the cities—and also the vegetation in the land. But Lot’s wife looked back, and she became a pillar of salt.”

Lot's wife is one of the most sobering figures in Scripture. She doesn't speak. She doesn't act dramatically. She simply looks back and that one action defines her story.

As fire and judgment fall on Sodom, God's mercy is unmistakable. Angels physically pull Lot and his family out of danger, urging them to flee and not look back. The command is an invitation to trust—to leave behind a life corrupted by sin and move fully into God's rescue.

But Lot's wife turns back.

Scripture tells us she became a pillar of salt, a haunting image of what happens when our hearts remain attached to what God has clearly called us to leave behind.

Lot's wife left Sodom physically, but not spiritually. Her body was moving forward, yet her heart lingered in what was familiar...the comfort, security, relationships, identity. Jesus later warns us plainly: "Remember Lot's wife" (Luke 17:32). In just three words, He calls us to examine our own hearts.

How often do we obey God halfway?

How often do we step toward freedom while longing for the past?

Looking back isn't always about nostalgia but it can be about resistance. It reveals a divided heart, one that struggles to believe that what God is leading us to is better than what we are leaving behind. She serves as a warning that delayed obedience and lingering attachment can harden us spiritually. God was not trying to deprive her; He was trying to save her.

We cannot move fully into God's future while clinging tightly to a past. The road of faith always points forward. God's deliverance requires trust. Trusting not just in His power, but in His goodness. God is good. God is loving. God is trustworthy. Whatever His plan is for your life is better than your plan. Trust His guidance. He is trying to take you somewhere that your past can't get you.

READ:

Genesis 19:15-26

Matthew 6:24

1 John 2:15-17

Isaiah 43:18-19

Colossians 3:2

REFLECT:

- Do you believe that God is good? Do you believe that He is loving?
- What would it look like to trust God fully without looking back?
- What might God be asking you to leave behind in this season?
- Are there areas where you are moving forward outwardly but holding on inwardly?

PRAYER:

Father God, Thank You for loving me...even in all my mess ups. Lord, search my heart. Reveal anything I am holding onto that keeps me from fully following You. Give me the faith to trust that Your plan is always better than my comfort. Help me to move forward in obedience, eyes fixed on You and never looking back. In Jesus name I pray. Amen.