

5 2 WEEKS
OF GROWTH

Give it a Year
Week 33

WEEK 33

Proverbs 3:5-6

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.”

Life rarely unfolds the way we expect. Plans shift, doors close, and sometimes God leads us down roads we never would have chosen for ourselves. In those moments, Proverbs 3:5–6 calls us to a deep and radical kind of faith – one that does not depend on clarity, but on trust.

“Trust in the Lord with all your heart.”

This kind of trust goes beyond our knowledge; it is a surrender of the will...of our whole heart. It means handing God the steering wheel, even when the road ahead is uncertain. It's choosing to rest in His wisdom rather than trying to make sense of everything ourselves. As humans, our hearts naturally crave control, but God invites us to release it. He desires for us to trust His heart when we can't see His path.

“Lean not on your own understanding.”

In the grand scheme of life, our understanding is so limited. Our prospective is shaped by our emotions, experiences, and fears. When we lean on our own understanding, we often end up weary and anxious. But when we lean on God, who is steady and unchanging, then we can find true rest. Trust means saying, “Lord, I don't see how this is going to work out, but I believe You do. And in You, I trust.”

“In all your ways submit to Him, and He will make your paths straight.”

Submission doesn't mean passivity; it means active alignment. It's bringing every decision, every dream, every relationship under His authority and direction. When we do, He promises to direct our steps. Which doesn't always mean an easy path, but it is always the right path. The beauty of God's promise here is not that life will be free of twists and turns, trials and tribulations but, that our path will be made straight. It will be guided, purposeful, and ultimately leading to His best for us.

READ:

Jeremiah 17:7–8

Psalms 37:5

Isaiah 26:3–4

Romans 8:28

REFLECT:

- Do you struggle giving up control?
- Where in your life are you leaning on your own understanding instead of trusting God fully?
- What would it look like for you to “submit all your ways” to Him today (your work, your family, your future)?

PRAYER:

Father God, teach me to trust You with all my heart. When I’m tempted to rely on my own understanding, remind me that Your ways are higher than mine. Help me to surrender every part of my life to You and to walk the path You make straight before me. In Jesus name I pray. Amen.