

SECOND MISSIONARY BAPTIST CHURCH

# Digital Bulletin

Week of September 14, 2025



SECOND MISSIONARY BAPTIST CHURCH  
Dr. Ernest L. Reid Jr., Pastor



**Saturday, October 18, 2025, 2:00 P.M.**

Chattanooga Convention Center | **Semi-Formal**

TICKETS CAN BE  
PURCHASED IN THE  
CHURCH OFFICE  
OR ONLINE

**\$75**

CASH | CHECK

TABLES OF 8 - \$600 / \$624

**\$78**

SCAN TO PURCHASE  
TICKETS ONLINE

CHURCH WEBSITE | GIVELIFY



**DEADLINE FOR  
TICKET PURCHASE  
SEPTEMBER 26<sup>TH</sup>**

2305 E 3rd St, Chattanooga, TN (423) 624-9097 [www.mysmbchurch.org](http://www.mysmbchurch.org)

CONTACT THE CHURCH OFFICE FOR QUESTIONS

## ANNOUNCEMENTS

- Women's Choir will have rehearsal on Tuesday, September 16th for Women's Day. Thursday, September 18th will be a regular choir rehearsal day.
- We are now in a new Sermon Series and Bible Study Series for September. You don't want to either one! See next page for details!
- We will celebrate our 80th Annual Women's Day on the 4th Sunday this month. See pages 3 and 4 for more details.
- Upcoming Ministry Meetings:
  - ⇒ Family Ministry #1: Saturday, September 20th, 11:30 a.m. - 1:00 p.m., at SMBC
  - ⇒ Women of Faith Book Club: Saturday, September 20th, 1:00 p.m. via Zoom LINK WILL BE SENT FROM THE CHURCH OFFICE
  - ⇒ Men's Book Club: Saturday, September 20th, November 1st, & November 8th at 10:00 a.m., SMBC Fellowship Hall
  - ⇒ Hospitality Ministry: Saturday, September 27th, 10:00 a.m., SMBC Fellowship Hall



S E R M O N   S E R I E S



# September Soaps

**SUNDAYS**

**10:45 AM**

**Week 1**

**The Bold and the Beautiful**

**Week 2**

**General Hospital**

**Week 3**

**The Young and the Restless**

*Join us weekly!*

**with  
PASTOR  
REID**



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S M B C   A D U L T   B I B L E   S T U D Y   S E R I E S

**SESSION 1 PURPOSE QUESTIONED**

*Ecclesiastes 1:1-14*

**SESSION 2 PURPOSE ABANDONED**

*Psalms 8:1-6, 14:1-7*

**SESSION 3 PURPOSE RESTORED**

*Acts 3:14-26*

**SESSION 4 PURPOSE LIVED**

*Galatians 5:16-26*

**SESSION 5 PURPOSE EXPRESSED**

*Galatians 6:1-10*

**THRIVE LIVING ON PURPOSE**

**WEDNESDAYS**  
**@ 6:30 PM**

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## ATRIAL FIBRILLATION (AFib)

Atrial fibrillation (AFib) is an irregular heartbeat, or arrhythmia. It is the **most common heart rhythm disorder**, affecting around 10 million people in the United States. With AFib, the heart may beat too fast, switch back and forth from fast to slow, or skip beats. Because of this, the heart can't pump blood out to the body normally. If not treated, AFib can become worse.

### CAUSE OF AFIB

AFib is caused by chaotic electrical signals, which make the upper chambers of the heart, the atria, quiver instead of fully beating. This in turn causes the heart to beat up to four times faster than normal.

### RISK FACTORS FOR AFIB

- High Blood Pressure
- Sleep Apnea
- Diabetes

While these conditions are common risk factors, healthy people without these conditions can still develop AFib.

### SYMPTOMS OF AFIB

Some patients will show no symptoms of AFib, but common symptoms include:

- Feeling Tired
- Fast and Irregular Pulse
- Heart Palpitations
- Shortness of Breath
- Dizziness
- Fainting
- **Pain or Pressure in Chest (THIS IS A MEDICAL EMERGENCY. CALL 911 IMMEDIATELY IF HAVING EITHER OF THESE SYMPTOMS)**

### TREATMENT OF AFIB

- Antirethmic medications
- Blood thinners
- Cardioversion
- Catheter ablation

### COMPLICATIONS OF ATRIAL FIBRILLATION

Because the heart isn't beating properly, blood can pool in the upper chambers of the heart, and a clot can form that can lead to a **stroke**. AFib can also lead to **heart failure** or fluid build-up which can weaken the muscles of the heart.

### DIAGNOSING ATRIAL FIBRILLATION

The most common way AFib is diagnosed is with an electrocardiogram or EKG. An EKG is a non-invasive test that measures the electrical activity of the heart. Some people wear a heart rhythm monitor to assist with diagnosis. AFib may also be found during a routine exam by a healthcare provider.

Having regular appointments with your primary care doctor is a great practice! Report any symptoms to your doctor and follow your treatment plan.



SOURCES: American Heart Association®, Heart Rhythm Society®

**ATRIAL FIBRILLATION AWARENESS MONTH**

80<sup>TH</sup> ANNUAL

# Women's Day

Christian Women Striving for Excellence in Christ, Serving the Lord With Our Whole Hearts *Colossians 3:24-25*



REV. DR.  
CHARLOTTE  
MC SWINE-HARRIS

Pastor, Charles City Community Church | Charles City County, VA

SEPTEMBER 28, 2025  
10:45 A.M.

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SEE BIO ON NEXT PAGE

Charlotte McSwine was born and raised in Greenwood, Mississippi, where she spent her formative years on an operational plantation, gaining essential life skills. Embracing her call to preach the gospel as a young adult, she attended St. Stephen Baptist Church in Kansas City, MO, under the leadership of the late Rev. Dr. Mac Charles Jones where she was licensed to preach the Gospel.

Understanding the importance of thorough preparation for her calling, she pursued her education at Central Baptist Theological Seminary in Kansas City, KS; the Samuel DeWitt Proctor School of Theology at Virginia Union in Richmond, VA; Luther Theological Seminary in St. Paul, MN; and McCormick Theological Seminary in Chicago, IL. This journey culminated in earning her Master of Divinity and Doctor of Ministry degrees.

Charlotte sees her primary calling as the edification of the body of Christ. In addition to preaching, she significantly contributes to the church by teaching at the Samuel DeWitt Proctor School of Theology (STVU). Her joy comes from guiding students through structured learning processes, witnessing their epiphanies, and observing their impactful sermons. Dr. McSwine also serves as the Co-Director of the Compelling Preaching Initiative at Virginia Union University and as Co-Mentor for the Doctor of Ministry in Preaching at United Theological Seminary in Dayton, OH.

She founded Preaching Jewels: “Makers of Premier Preachers,” a venture aimed at helping preachers focus on their strengths and overcome weaknesses, freeing them from the burdens of comparison.

Extending her service to the community, Dr. McSwine is the founding pastor of Charles City Community Church in Charles City County, VA, where she has guided the congregation’s spiritual journey for 23 years, demonstrating her devotion to God.

Charlotte is married to Mr. Glenn Harris, and they take pride in cherishing their daughter.

Women’s Day Information		
<u>Core Committee</u> Sis. Natasha Character, Chair Sis. Beverly Rowe, Vice Chair Sis. Lynette Bradley, Finance Chair		
<u>Colors</u> Black, Purple, White		
<u>Financial Goal</u> \$25,000		
Our financial goal will be used to grow our capital and continue planned facility upgrades.		
5 people will give \$1,000	10 people will give \$500	20 people will give \$250
20 people will give \$200	20 people will give \$100	50 people will give \$80



# COMMUNITY GIVEAWAY

MISSIONARY UNION MINISTRY  
Dr. Ernest L. Reid Jr., Pastor



## October 4<sup>th</sup> at SMBC

### ITEMS NEEDED INCLUDE:

- ✓ Personal Hygiene Items
- ✓ Socks
- ✓ Shoes
- ✓ Furniture Clothing
- ✓ Household Items

8:00 AM Drop-Off Begins | 9:00 AM – 1:00 PM Giveaway

ITEMS WILL BE DONATED TO THE COMMUNITY KITCHEN  
GIVEAWAY IS ALSO OPEN TO THE COMMUNITY

*Bring something, leave it for others...*

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## 10<sup>TH</sup> PASTORAL ANNIVERSARY

*Celebrating 10 Years of Excellence*

### OCTOBER 19 10:45 AM

LIGHT REFRESHMENTS AFTER SERVICE

**DR. SAMMIE LOGAN, III**

Pastor, New Hope Baptist Church  
Chesapeake, VA



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**SICK AND SHUT-IN LIST**

**SICK**

Sis. Theresa Malone	Bro. Leroy Miller	Sis. Vicki Payne
Bro. Carlous McConnell	Sis. Juanita Mitchell	Sis. Wilda Walton

**SHUT-IN**

Sis. Marie Bailey	Sis. Lillie Glenn	Sis. Daphne Moore
Sis. Yolaundia Banks	Sis. Cora Godbee	Sis. Gwendolyn Moore
Sis. Martha Coleman	Sis. Erica Henderson	Bro. Eric Payne
Sis. Angela Denis	Sis. Dorothy Hughley	Sis. Sandra Payne
Sis. Linda Dennis	Bro. William Hurt	Sis. Krystal Rodrigues
Bro. John Dowell	Sis. Clarrisa Jones	Sis. Lila Salmon
Sis. Corine Dunson	Bro. Bernard Jones	Sis. Alice Smith
Sis. Bertha Elder	Sis. Ellen Lee	Sis. Doris Smith
Bro. Bruce Fleming	Bro. James Millsaps	
Sis. Joyce Fletcher	Sis. Annie B. Moon	

**Health Center at Standifer Place**

Bro. Paul McDaniel Jr.

**NHC Parkwood**

Sis. Virginia Robinson

All announcements must be sent to [officeadmin@mysmbchurch.org](mailto:officeadmin@mysmbchurch.org) by Wednesdays 12:00 noon in order to run the next week.

Announcements for the week of Sept. 21st are due by Wednesday, Sept.17th  
PLEASE KEEP SUBMISSIONS BRIEF. ALL SUBMISSIONS ARE SUBJECT TO BE EDITED AS APPROPRIATE.